#### EMC 290 Course Outline as of Spring 2002

#### **CATALOG INFORMATION**

Dept and Nbr: EMC 290 Title: EMER.CARE/RESP.CP9

Full Title: Emergency Care for First Responders

Last Reviewed: 12/10/2018

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	2	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

#### **Catalog Description:**

Develops manipulative and problem-solving skills necessary for the initial evaluation and stabilization of the victim of emergency illness or trauma. Designed for persons who are interested in a career as first responders to medical emergencies. Upon completion, student receives CPR and First Responder certificates.

## **Prerequisites/Corequisites:**

## **Recommended Preparation:**

HLE 6 or equivalent.

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Manipulative & problem solving skills necessary for the individual interested in pursuing a career as a first responder to victims of illness or injury. Upon completion of course, student receives CPR & First Responder certificates. (Grade Only)

Prerequisites/Corequisites:

Recommended: HLE 6 or equivalent.

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

#### **Certificate/Major Applicable:**

Not Certificate/Major Applicable

## **COURSE CONTENT**

## **Outcomes and Objectives:**

The students will:

- 1. Discuss the role of the First Responder in the EMS system.
- 2. List the components of the EMS system.
- 3. Discuss at least 5 medical legal aspects of emergency care.
- 4. Describe 5 vital signs and demonstrate ability to assess and record.
- 5. Describe at least 4 elements of a patient assessment and demonstrate skill of total body exam.
- 6. List the function and safety features of 4 types of oxygen therapy equipment.
- 7. Demonstrate ability to use 5 types of oxygen therapy equipment.
- 8. Describe and demonstrate use of 4 airway adjuncts.
- 9. List at least 5 basic components of respiratory anatomy and physiology.
- 10. List at least 5 respiratory emergencies and their treatment.
- 11. List at least 5 basic components of cardiac anatomy and physiology.
- 12. List at least 2 cardiac emergencies and their treatment.
- 13. List 7 types of shock.
- 14. Describe treatment of patients in shock.
- 15. Demonstrate 4 methods of controlling bleeding.
- 16. Identify major bones of the body.
- 17. Describe at least 4 musculo-skeletal injuries and treatment.
- 18. Identify transmission route of 2 infectious diseases.
- 19. Identify at least 2 signs and symptoms of behavioral emergencies.
- 20. Identify 4 routes of poisoning.
- 21. Describe the pathophysiology of at least 3 medical emergencies which alter the level of consciousness.
- 22. Demonstrate the assessment of an unconscious patient.

- 23. List the signs and symptoms of at least 6 major trauma injuries.
- 24. Demonstrate assessment and treatment of 6 major trauma injuries.
- 25. Describe the START triage system.
- 26. Describe and demonstrate technique of emergency childbirth.

# **Topics and Scope:**

- 1. Overview.
  - A. EMS system.
  - B. Legal aspects.
- 2. Patient Assessment.
  - A. Vital signs.
  - B. LOC.
  - C. Exam.
- 3. Oxygen Therapy.
  - A. Airway management.
    - B. Airway adjuncts.
- 4. Respiratory System.
  - A. Anatomy.
  - B. Disease and treatment.
- 5. Cardiac System.
  - A. Anatomy.
  - B. Disease and treatment.
  - C. CPR.
- 6. Circulatory System.
  - A. Shock.
  - B. Control of bleeding.
- 7. Skeletal System.
  - A. Anatomy.
  - B. Injury and treatment.
  - C. Splinting and immobilization.
- 8. Trauma.
  - A. Abdominal.
  - B. Head.
  - C. Chest.
  - D. Triage.
- 9. Altered Level of Consciousness.
  - A. Diabetes.
  - B. Stroke.
  - C. Seizures.
- 10. Behavioral Emergencies.
  - A. Psych.
  - B. Overdose, drug and alcohol.
- 11. Environmental Emergencies.
  - A. Burns.
  - B. Cold.
  - C. Heat.
- 12. OB/GYN.
  - A. Childbirth.
  - B. Complications.
  - C. Pediatric/infant resuscitation.

#### **Assignment:**

- 1. Read approximately 24 pages per week.
- 2. Practice skills approximately 12 hours.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing 0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Quizzes, Exams

Problem solving 10 - 40%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations 5 - 45%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams 15 - 70%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category 0 - 0%

# **Representative Textbooks and Materials:**

MOSBEY FIRST RESPONDER pub. 1997

FIRST RESPONDER Syllabus by SRJC.

AMERICAN HEART ASSOCIATION, FUNDAMENTALS HEALTH CARE PROVIDER pub. 2001