COUN 95 Course Outline as of Fall 1999

CATALOG INFORMATION

Dept and Nbr: COUN 95 Title: ADVOCATE TRAINING

Full Title: Advocate Training Last Reviewed: 12/12/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: GUID 200

Catalog Description:

This course prepares the student to do advocacy work in the field of domestic violence - presenting a theoretical framework, investigating local resources and procedures, and developing advocate skills.

Prerequisites/Corequisites:

Recommended Preparation:

Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment:

Schedule of Classes Information:

Description: This course prepares the student to do advocacy work in the field of domestic violence - presenting a theoretical framework, investigating local resources and procedures, and developing advocate skills. (Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

IGETC: Transfer Area Effective: Inactive:

CSU Transfer: Transferable Effective: Fall 1999 Inactive:

UC Transfer: Effective: Inactive:

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Students will:

- 1. describe the elements of the cycle of violence.
- 2. be able to distinguish between the facts and myths of domestic violence.
- 3. describe the theory of learned helplessness.
- 4. identify legal resources for domestic violence.
- 5. become familiar with laws that are directly related to domestic violence.
- 6. recognize "I" and "you" messages.
- 7. utilize active listening skills.
- 8. identify community resources for women and children involved in domestic violence.
- 9. utilize hotline procedures for crisis intervention.
- 10. utilize crisis intervention skills.
- 11. utilize a phone screening sheet.
- 12. recognize the work done by men.
- 13. identify personal boundaries and issues of co-dependency.
- 14. become familiar with the local battered women's shelter.
- 15. recognize issues of classism, racism, sexism, and homophobia as they relate to domestic violence.
- 16. recognize personal needs in crisis intervention work.
- 17. develop skills to recognize and avoid burnout.

Topics and Scope:

- 1. Theoretical material
 - a. domestic violence myths and facts.
 - b. cycle of violence.
 - c. learned helplessness.

- d. racism, sexism, classism, and homophobia.
- 2. Local resources
 - a. local YMCA domestic violence program.
 - b. legal advocacy.
 - c. shelter house rules and procedures.
 - d. men evolving nonviolently.
- 3. Advocacy skills
 - a. active listening.
 - b. telephone crisis intervention skills.
 - c. taking care of personal needs and avoiding burnout.

Assignment:

- 1. Reading BATTERED WOMEN by Lenore Walker.
- 2. Complete three page paper on visit with police officer or law office.
- 3. Participating in class discussion.
- 4. Complete a three page paper on a visit to a battered women's shelter.
- 5. Participating in assigned role play dyads.
- 6. Complete a three page paper on a visit to Sonoma County Court House.
- 7. Participate in a tour of a battered women's shelter.
- 8. Keeping a journal of thoughts, feelings, reactions to course material.
- 9. Presenting a creative project.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports, Essay exams, Term papers, Journals

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Exams

Problem solving 5 - 40%

Writing

10 - 80%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances

Skill Demonstrations 5 - 35%

Exams: All forms of formal testing, other than skill performance exams.

	Exams
Essay	5 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE Other Category 5 - 25%

Representative Textbooks and Materials:

REQUIRED: BATTERED WOMEN by Lenore Walker.
RECOMMENDED: BURNING BED by Faith McNulty.
GETTING FREE by Ginny NiCarthy.
WOMEN WHO LOVE TOO MUCH by Robin Norwood.