

EQSCI 121 Course Outline as of Fall 2004

CATALOG INFORMATION

Dept and Nbr: EQSCI 121      Title: THER RIDING PRGM PROCED

Full Title: Therapeutic Riding Program Procedures

Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	2.00	10	Lecture Scheduled	20.00
Minimum	1.50	Lab Scheduled	3.00	2	Lab Scheduled	30.00
		Contact DHR	0		Contact DHR	0
		Contact Total	5.00		Contact Total	50.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 40.00

Total Student Learning Hours: 90.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: AG 111

**Catalog Description:**

Theory and practical application of the skills necessary to assist in providing a safe, challenging and effective therapeutic riding experience to participants with disabilities. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure. Assessment, selection, handling, training, and management practices of therapy horses.

**Prerequisites/Corequisites:**

**Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:**

**Schedule of Classes Information:**

Description: Theory and practical application of the skills necessary to assist in providing a safe, challenging and effective therapeutic riding experience to participants with disabilities. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure. Assessment, selection, handling, training, and management practices of therapy horses. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

1. Analyze problems and solutions related to the therapeutic riding setting.
2. Identify and practice skills needed in the subject area.
3. Demonstrate new and innovative techniques and information in the subject areas.
4. Demonstrate and articulate the roles and tasks of persons assisting in a therapeutic riding milieu.
5. Demonstrate procedures for assisting a rider with ground and mounted activities.
6. Evaluate a horse for use in a therapeutic riding program.
7. List components of a conditioning and training program for a therapeutic riding horse.
8. Demonstrate safe horse handling skills.
9. Describe proper saddle and equipment fit to horse and rider.
10. Identify components of a horse health maintenance record keeping system.
11. Discuss ethical considerations in the use of horses used in a therapeutic riding program.
12. Demonstrate proficiency in lunging and ground driving skills.

### **Topics and Scope:**

1. Characteristics of disabilities served.
2. Safety principles and emergency procedures when necessary.
3. Signs of stress, fatigue, etc. in the horse and/or rider.

4. Riding lesson plans.
5. Adaptive and other types of equipment.
6. Basic horsemanship skills to include: catching, leading, tying, grooming, tacking, and warm-up.
7. Interpersonal and coaching skills which presents information to the disabled students, peers, and other staff in a clear and respectful manner.
8. Selection and management of the therapy horse.
9. Student ground handling skills, control, and safety concerns.
10. Tack selection, fitting, design and precautions for use with horses.
11. Documentation procedures for the health, training, use of horses.
12. Ethical considerations involved in the use of horses.

### **Assignment:**

1. Read and research a variety of riding topics related to handicapped students.
2. Discuss research regarding therapeutic riding.
3. Research various riding skills related to the handicapped rider.
4. Objective examinations: multiple choice, true/false, matching items, completion.

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field work

Problem solving  
35 - 50%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Field work, Performance exams

Skill Demonstrations  
40 - 55%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion

Exams  
10 - 25%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

THE HORSE, THE HANDICAPPED, AND THE RIDING TEAM IN A THERAPEUTIC RIDING

PROGRAM: Barbara Teichman Engel, Margaret Lois Galloway, Mary P. Bull

Publisher: Barbara Engel Therapy Services, 1994