#### AG 111 Course Outline as of Fall 2001

## **CATALOG INFORMATION**

Dept and Nbr: AG 111 Title: THER RIDING PRGM PROCED.

Full Title: Therapeutic Riding Program Procedures

Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.50	Lecture Scheduled	2.00	10	Lecture Scheduled	20.00
Minimum	1.50	Lab Scheduled	3.00	2	Lab Scheduled	30.00
		Contact DHR	0		Contact DHR	0
		Contact Total	5.00		Contact Total	50.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 40.00 Total Student Learning Hours: 90.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 39 - Total 2 Times

Also Listed As:

Formerly: AG 280.68

### **Catalog Description:**

Theory and practical application of the skills necessary to assist in providing a safe, challenging and effective therapeutic riding experience to participants with disabilities. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure. Assessment, selection, handling, training, and management practices of therapy horses.

## **Prerequisites/Corequisites:**

Course Completion or Current Enrollment in EQSCI 120 ( or AG 110 or AG 280.66)

### **Recommended Preparation:**

#### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: Theory and practical application of the skills necessary to assist in providing a safe, challenging and effective therapeutic riding experience to participants with disabilities. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure. Assessment, selection, handling, training, and management practices of therapy horses. (Grade or P/NP)

Prerequisites/Corequisites: Course Completion or Current Enrollment in EQSCI 120 ( or AG

110 or AG 280.66)

Recommended:

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Total 2 Times

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

## **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Student will:

- 1. Analyze problems and solutions related to the therapeutic riding setting.
- 2. Identify and practice skills needed in the subject area.
- 3. Demonstrate new and innovative techniques and information in the subject areas.
- 4. Demonstrate and articulate the roles and tasks of persons assisting in a therapeutic riding melieu.
- 5. Demonstrate procedures for assisting a rider with ground and mounted activities.
- 6. Evaluate a horse for use in a therapeutic riding program.
- 7. List components of a conditioning and training program for a therapeutic riding horse.
- 8. Demonstrate safe horse handling skills.
- 9. Describe proper saddle and equipment fit to horse and rider.
- 10. Identify components of a horse health maintenance record keeping system.
- 11. Discuss ethical considerations in the use of horses used in a therapeutic riding program.
- 12. Demonstrate proficiency in lunging and ground driving skills.

# **Topics and Scope:**

- 1. Identify characteristics of disabilities served.
- 2. Know and practice safety principles and emergency procedures when

necessary.

- 3. Identify signs of stress, fatigue, etc. in the horse and/or rider.
- 4. Implement riding lesson plans.
- 5. Identify and properly apply/utilize adaptive and other types of equipment.
- 6. Learn basic horsemanship skills to include: catching, leading, tying, grooming, tacking, and warm-up.
- 7. Develop interpersonal and coaching skills which presents information to the disabled students, peers, and other staff in a clear and respectful manner.
- 8. Selection and management of the therapy horse.
- 9. Student ground handling skills, control, and safety concerns.
- 10. Appropriate tack selection, fitting, design and precautions for use with horses.
- 11. Documentation procedures for the health, training, use of horses.
- 12. Ethical considerations involved in the use of horses.

### **Assignment:**

- 1. Read and research a variety of riding topics related to handicapped students.
- 2. Discuss research regarding therapeutic riding.
- 3. Research various riding skills related to the handicapped rider.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing 0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field work

Problem solving 35 - 50%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Field work, Performance exams

Skill Demonstrations 40 - 55%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion

Exams 10 - 25%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category 0 - 0%

## **Representative Textbooks and Materials:**

THE HORSE, THE HANDICAPPED, AND THE RIDING TEAM IN A THERAPEUTIC RIDING

PROGRAM: Barbara Teichman Engel, Margaret Lois Galloway, Mary P. Bull

Publisher: Barbara Engel Therapy Services, 1994