

**DANCE 21.1 Course Outline as of Spring 2004****CATALOG INFORMATION**

Dept and Nbr: DANCE 21.1 Title: HIP HOP/FUNK I

Full Title: Hip Hop/Funk I

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	6	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly: PE 59.1

**Catalog Description:**

This course will introduce students to the fundamentals of the hip hop/funk dance style derived from the current dance vernacular and culture. Classes will include warm-up exercises, isolations, floor stretches, and strengthening specific to the hip hop/funk style of dance. This course will also include locomotor movements ("across-the-floor") and center combinations.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of DANCE 10 ( or PE 22 or PE 145)

**Limits on Enrollment:****Schedule of Classes Information:**

Description: This course will introduce students to the fundamentals of the hip hop/funk dance style. Classes will include warm-up exercises, isolations, floor stretches, across-the-floor movements, and center combinations. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANCE 10 ( or PE 22 or PE 145)

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Times in any Comb of Levels

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective: Fall 2000	Inactive:
<b>UC Transfer:</b>	Transferable	Effective: Fall 2000	Inactive:

### **CID:**

#### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of the course, the student will be able to:

- I. Identify basic hip hop/funk dance movements using appropriate terminology.
- II. Perform basic hip hop/funk walks, footwork, and movement combinations.
- III. Recognize and verbalize proper counting, including the syncopated rhythms used in hip hop/funk dance movements.
- IV. Correlate dance movements to music.
- V. Perform hip hop/funk coordination exercises, including isolations with footwork.
- VI. Retain movement patterns in across-the-floor and center sequences.
- VII. Demonstrate theoretical and physical understanding of biomechanically correct form as related to strength and flexibility.

### **Topics and Scope:**

- I. Warm-up Exercise
  - A. Locomotor movement combination
  - B. Isolations and body articulations
  - C. Strengthening exercises
  - D. Stretching exercises
- II. Across the Floor
  - A. Basic hip hop/funk walks, footwork, and movement combinations
  - B. Movement phrases used in weekly dance combinations
- III. Hip Hop/Funk Combinations
  - A. Incorporation of movements taught during the across-the-floor segments of class

- B. Rhythmic interpretation of the movement in relationship to the music selection
- C. General dynamics of style, attitude, and presentation
- D. Sight-reading of hip hop/funk footwork and movement vocabulary
- E. Repetition of dance movement combinations and the effects on neuromuscular memory
- F. Basic biomechanics and the relationship of correct biomechanical form to components of dance technique such as flexibility and strength

**Assignment:**

May include any or all of the following:

1. Practice choreography, performance and dance skills both in class and for one hour per course unit outside of class (eg. if course is 1.5 units students are expected to practice 1.5 hours on their own).
2. Choreograph original dance movement either alone, with a partner or with a group.
3. Perform exercises to further strengthen and/or stretch muscle groups required to execute dance movements.
4. Take exam on dance terminology and basic biomechanics.

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion

Exams  
10 - 20%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category  
40 - 60%

**Representative Textbooks and Materials:**  
Instructor prepared materials