

**PSYCH 56 Course Outline as of Spring 2019****CATALOG INFORMATION**

Dept and Nbr: PSYCH 56 Title: AGING, DYING &amp; DEATH

Full Title: Aging, Dying and Death

Last Reviewed: 12/9/2019

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: PSYCH 6

**Catalog Description:**

Examination of aging, dying, death, and bereavement process in contemporary society.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 1A or equivalent

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Examination of aging, dying, death, and bereavement process in contemporary society. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
	E	Fall 1981	
		Lifelong Learning and Self Development	

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
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<b>UC Transfer:</b>		Effective:		Inactive:
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**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Describe major theories, principles, and trends that address the process of aging, dying, death, and bereavement from cross-cultural, historical, and contemporary perspectives.
2. Identify different types of death systems, death rituals, ways to mourn, and belief systems about what happens beyond death.
3. Examine the role of ethnicity, gender, socioeconomic status, and historical circumstances when dealing with loss, aging, dying, and death.
4. Describe the experience and understanding of aging, dying, and death from a developmental perspective.
5. Apply course knowledge to personal and responses to mortality and experiences of bereavement.

### **Objectives:**

Upon completion of this course, students will be able to:

1. Describe current trends in life expectancies, demographics, and attitudes toward adulthood, "old age," death and dying.
2. Compare and contrast prominent theories on adult development and aging.
3. Summarize age-related physical diseases and psychological problems.
4. Examine how the process of aging affects intelligence, memory, creativity, problem-solving and decision-making skills.
5. Describe different types of intimate partnerships in adulthood.
6. Examine the role of gender, socioeconomic status, personality, and health on choice of work and retirement.
7. Provide a list of stressors encountered by the aging person and generate ways to ameliorate the stress.
8. Discriminate among concepts of suicide, assisted-suicide, and euthanasia; and summarize death/burial rituals and the grieving process following death.
9. Identify a variety of modes/types of death and review the bereavement, grief and mourning process of the survivor.
10. Describe the funeral system, with emphasis in death notification, funeral service selection

and cost, and body disposition.

**Topics and Scope:**

1. Defining the Journey: Some Assumptions, Definitions, and Methods
2. Sociocultural Adult Development and Learning Theory of Death:
3. Physical Changes
4. Health, Health Habits, and Health Care
5. Changes in Cognitive Abilities
6. Social Roles
7. Development of Relationships
8. Work and Retirement
9. Personality Stability and Change
10. Stress and Resistance
11. Death, Dying and Bereavement
12. Facing Death: Living with Life-Threatening Illness
13. Medical Ethics: Euthanasia and Dying in a Technological Age
14. Survivors: Understanding the Experience of Loss
15. Late Rites: Funerals and Body Disposition
16. The Law and Death
17. Death in the Lives of Children and Adolescents
18. Suicide
19. Risks of Death in the Modern World
20. Beyond Death/After Life

**Assignment:**

1. Read approximately 25-35 pages per week, and recapitulate assigned material in the textbook, and if applicable, supplements.
2. Take 2-4 exams and one final exam on lectures, reading, concepts, and terminology.
3. Write approximately 1000-1500 word essay(s) or term/research paper for the purpose of learning research skills, enhancing course knowledge, and improve critical thinking and writing skills.
4. Oral presentations, group projects, and/or portfolio projects may be assigned.

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, term, interview, journals, or research papers

Writing  
10 - 25%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, true/false, fill-in, short answer, essay exams

Exams  
75 - 90%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Oral presentations, group projects, and/or portfolio projects may be assigned.

Other Category  
0 - 10%

### **Representative Textbooks and Materials:**

Journey of Adulthood, 7th edition. Bjorklund, B. R., Upper Saddle River, NJ: Pearson: 2010.  
Adult Development and Aging, 6th edition. Cavanaugh, J. C. and Blanchard-Fields, F., Belmont, CA: Wadsworth: 2011.

Death and Dying, Life and Living, 7th edition. Corr, C., and Corr, D. M., Connecticut: Cengage: 2013.

Aging, the Individual, and Society, 9th edition. Hillier, S., and Barrow, G., Belmont, CA: Wadsworth: 2011.

Social Gerontology: A Multidisciplinary Perspective, 9th edition. Hooyman, N. and Kiyak, H., Asuman., Upper Saddle River, NJ: Pearson: 2010.

Social Gerontology, 3rd edition. Hooyman, N. and Kiyak, H., Upper Saddle River, NJ: Pearson: 2010.

Death, Society, and Human Experience, 11th edition. Kastenbaum, R., Upper Saddle River, NJ: Pearson: 2011.

Understanding Dying, Death, and Bereavement, 7th edition. Leming, M. and Dickinson, G., Belmont, CA: Wadsworth: 2011.

The Last Dance, 9th edition. DeSelder, L. and Strickland, A., Boston, MA: McGraw-Hill: 2012.