

Theories of Personality - Fall 2025 Semester Syllabus

Psychology 7 (Section 0800) – Monday's 4:30pm to 7:30pm, Emeritus 1592 and partially asynchronously online

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Student Connection Time (Zoom and In- Person):

Monday's 9am to 10am **and** 12pm to 1pm

Wednesday's 9am to 10am

Tuesday's 12pm to 1pm

Thursday's 12pm to 1pm

Course Description: Students will become acquainted with the basic concepts, principles, and development of major theories of personality and their practical applications to social interactions, psychopathology, and treatment. A course on personality theories includes vast content to cover in a short period of time, so while we will touch on a lot of information, in-depth understanding will be found in subsequent psychology courses, which I hope to motivate you to take! Students will learn to think more critically and scientifically about the various theories and applications of human personality development including how our environment, including culture, ethnic diversity, and language shapes our psyche.

This is a short-term class that is 8-weeks in length. This class meets every Monday from 4:30pm to 7:30pm and additional course content will be available in Canvas as this is a partial asynchronous online class as well. All course quizzes and exams are expected to be completed in Canvas and course assignments will also be submitted directly to Canvas unless otherwise specified by the Instructor.

[SRJC Course Outline of Record Link](#)

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Identify the research foundation and major theoretical perspectives that explain the development of human personality.
2. Apply knowledge of the personality theories and perspectives of "self to people of other cultures.

Diversity: Human diversity is what makes the science of psychology fun and interesting; therefore, we will use the diversity of the class to enrich the understanding of personality theory concepts. Having mutual respect, empathy, and understanding of our differences is a core foundation in studying any branch of psychology. Learning and applauding what makes each individual unique will be a constant conversation throughout the course

Required Textbook: Theories of Personality (2025 Edition) by Gregory Feist, Tomi-Ann Roberts, and Jess Feist published by McGraw Hill. McGraw Hill Connect will be used to access this textbook; the link can be obtained by accessing the Canvas course page.

Expectations: Students are expected to participate in this course, which means all required reading and writing assignments are completed by the due dates and students are ready to participate in class discussions. Student questions and comments are always encouraged. Class participation is expected, and grading will incorporate participation. Students experiencing illness, injury, or legitimate family crisis or loss, with appropriate documentation and communication with the Instructor, may receive a reasonable extension of time complete assignments. Every student is expected to practice academic integrity and honesty, and while it may be tempting to cheat, plagiarize, or impersonate (including the use of AI), it is not worth it! All students will be held to the SRJC Student Conduct Standards and may face disciplinary actions if found guilty, which could jeopardize your future academic opportunities. If AI becomes an abused resource, additional citation requirements will be implemented.

Class Agreements:

- ❖ Respect- Treat your fellow classmates as you want to be treated and this includes written language in posts, body language and facial expressions in video posts, and use of verbal language and word choices in class videos shared.
- ❖ Cell Phones- All electronics are to be turned to silent during class hours (except for devices to assist students with disabilities) and remain distraction free for all students.
- ❖ Timeliness- Arrive to class on time and remain for the duration of the class. If you must leave early, notify the instructor before class and sit near the door. Students needing to leave class early on a regular basis may earn an unexcused absence.

- ❖ Active Participation- Be willing to take a risk and raise your hand to participate in relevant course discussions. No side conversations. Participation also includes active listening- it's amazing what you can learn from listening to others before you speak!
- ❖ Assignments- All assignments are due by 11:59pm on Sunday's unless otherwise specified.

Class Attendance & Participation: Students can earn 20 points for class attendance **and** participation and can earn full points with 2 absences. More than 2 absences may result in loss of the full 20 points. Perfect attendance will result in earning 5 extra credit points. Students arriving tardy 2 or more times or leaving class early 2 or more times will accrue 1 absence.

Addressing Barriers to Learning: I continuously work to improve the accessibility for this class because your learning is my priority!

- All course materials including lecture slides are available in Canvas
- All quizzes, mid-term exam, and final exam are take home, untimed, and open notes
- Flexibility has been built into most assignment due dates
- Materials posted to the course Canvas page can be used with a screen reader

Accommodation Needs: Students needing disability related accommodations for this class must provide the Authorization for Academic Accommodations (AAA letter) from the Disability Resources Department before the first scheduled assignment, quiz, or exam.

Journal Entries: There will be a total of 7 journal entries that will be worth 3 points per entry for a total of 21 points. Journal entries will be completed in class and submitted into Canvas.

Reading Response Papers: There will be a total of 2 reading response papers written to give students an opportunity to incorporate course material with personal experiences and life events to enhance understanding of the material. Papers are worth up to 9 points for a total of 18 points. Papers will be written in essay style with a 500-word minimum (1 ½ page maximum). Papers will be submitted in Canvas by 11:59pm on Sunday's.

Chapter Reading Exercises: As this course uses the McGraw Hill Connect textbook, there will be required reading tasks associated with specific chapter readings. There will be a total of 13 required chapter readings worth 10 points each for a total of 130 points.

Personality Theory Group Presentation: You will complete a group presentation that is 15 minutes in length about one major personality theorist to include a summary of the theorist's background and life experience, summary of the main concepts of the theory, and how the theorist's early life experiences influenced the development of their personality theory. This assignment is worth 50 points. In essence, your group is teaching this topic to the class. A detailed outline will be provided. Due on due date.

Personality Theory Individual Paper: You will write a 4-page paper incorporating the information you learned from your group presentation into a self-reflection paper of how this personality theory applies directly to you. This assignment is worth 25 points. A detailed outline will be provided. Due on due date.

Quizzes: There will be 13 total quizzes. Each quiz is worth 5 points for a total of 65 points. All quizzes are completed in Canvas using the McGraw Hill connect application and are due by 11:59pm on Sunday's.

Exams: There will be a total of 2 exams worth 75 points each for a total of 150 points. Both exams are completed in Canvas using the McGraw Hill connect application. Students who need an alternative arrangement, please discuss at least 2 weeks ahead of time with the Instructor. Exams are due by 11:59pm on due date. **NO** make-ups or late submissions accepted without prior Instructor approval.

American Psychological Association (APA) Writing Requirements

- Typed, 12-point font (Times New Roman), double-spaced, one-inch margins
- Running header and page numbers in the upper right-hand corner on each page
- Title page (Centered: Paper Title, Student Name, Semester, Instructor Name)

Extra Credit: Students will have the option to earn up to 5 extra credit points by attending 1 campus event or watching "approved" films and writing a one-page response paper. A detailed outline will be provided by Instructor.

Grading:

Course Participation	20 points
Journal Entries (7 @ 3 points each)	21 points
Chapter Reading Exercises (13 @ 10 points each)	130 points
Reading Response Papers (2 @ 9 points each)	18 points
Personality Theorist Group Presentation	50 points
Personality Theorist Self-Reflection Paper	25 points
Quizzes (13 @ 5 points each)	65 points
<u>Exams (2 @ 75 points each)</u>	<u>150 points</u>
Total Points Available	500 points

Final class grade is based on the total number of points you earn divided by 500 points.

A=90%-100%, B=80%-89%, C=70%-79%, D=60%-69%, F=0-59%

Lecture and Reading Outline:		
Date	Topics	Assignments Due
Week 1 August 18 th	Introduction to Course: class introductions, class learning agreements, class expectations, and creating class learning community Chapter 1: Introduction to Personality Theory	Journal Entry #1 Chapter 1 Reading Exercises Quiz #1
Week 2 August 25 th	Chapter 2: Sigmund Freud and Psychoanalysis Chapter 4: Carl Jung and Analytical Psychology Create personality theory groups	Journal Entry #2 Chapter 2 Reading Exercises Chapter 4 Reading Exercises Quiz #2 Quiz #3
Week 3 September 1 st	**9/1/25 Labor Day Holiday- NO CLASS**	

Week 4 September 8 th	Chapter 5: Melanie Klein and Object Relations Chapter 6: Karen Horney and Psychoanalytical Social Theory	Journal Entry #3 Chapter 5 Reading Exercises Chapter 6 Reading Exercises Quiz #4 Quiz #5 Reading Response Paper #1
Week 5 September 15 th	Chapter 7: Erik Erikson and Post-Freudian Theory Chapter 8: Erich Fromm and Humanistic Psychoanalysis Exam 1 can be completed anytime this week but must be completed in Canvas by Sunday, 9/21/25 at 11:59pm	Journal Entry #4 Chapter 7 Reading Exercises Chapter 8 Reading Exercises Quiz #6 Quiz #7 Exam 1 (Mid-term)
Week 6 September 22 nd	Chapter 9: Abraham Maslow and Holistic-Dynamic Theory Chapter 10: Carl Rogers and Person-Centered Theory	Journal Entry #5 Chapter 9 Reading Exercises Chapter 10 Reading Exercises Quiz #8 Quiz #9 Reading Response Paper #2
Week 7 September 29 th	Chapter 12: Gordon Allport and Psychology of Individual Chapter 13: McCrae & Costa and 5 Factor Trait Theory Personality Theory Group Presentations will be completed during class Personality Theory Self-Reflection Papers due submitted into Canvas by 10/5/25 at 11:59pm	Journal Entry #6 Chapter 12 Reading Exercises Chapter 13 Reading Exercises Quiz #10 Quiz #11 Group Presentations Self-Reflection Paper
Week 8 October 6 th	Chapter 16: BF Skinner and Behavioral Analysis Chapter 17: Albert Bandura and Social Cognitive Theory Exam 2 can be completed anytime this week but must be completed in Canvas by Sunday, 10/12/25 at 11:59pm This course ends on 10/12/25 so late assignments and extra credit must be submitted before 10/12/25 by 11:59pm	Journal Entry #7 Chapter 16 Reading Exercises Chapter 17 Reading Exercises Quiz #12 Quiz #13 Exam 2 (Final) All late assignments and extra credit due

This syllabus is an agreement between the student and Instructor and by enrolling in this course, the student agrees to everything outlined in this syllabus. This syllabus is intended to be a guideline for this particular course so the student is aware of expectations for this course. The Instructor reserves the right to modify this syllabus at any time at the Instructor's discretion.