

# Syllabus – OSHA 10 Certification Preparation (ADLTED 740, Section #1878)

**Instructor:** Jesse Huston, jhuston@santarosaedu.edu

### **Location**

SRJC Petaluma Campus Construction Training Center

### **Office Hours**

15 minutes before & after each class or as arranged by appointment via email.

**Course Dates: Fall 2025** 

Aug.23 & Aug.30 Saturdays 9a – 4:30p

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### **Course Description**

In this industrial and construction safety course for entry-level workers, students will learn to recognize and prevent hazards on a job site. Occupational Safety Health Association (OSHA) recommends Safety Certification Training Program courses as an orientation to occupational safety and health for workers covered by OSHA standards, on the specific hazards of the job. Upon successful completion of the course, students will receive a 10-hour Construction Safety Certification completion card.

Course Outline of Record:

https://portal.santarosa.edu/SRWeb/SR DisplayDocument.aspx?SectionDocumentID=13378

#### **Course Information**

Prerequisite: None

**Texts**: Instructor-prepared materials, handouts

Materials: Please bring to class a pen/pencil, and notepad / paper. Laptop / Smart Phone.

**Methods of Instruction: The** course will consist of in-class lectures and hands-on activities emphasizing both conceptual understanding and practical applications. Students are expected to actively participate in class discussion and activities. Individual, partner, and group work may be used.

**Workload/Time Commitment:** Learning a new skill requires a lot of mental energy. Doing well in this class will require time, motivation, effort, and persistence to succeed. Stay hydrated and eat nutritious foods!

<u>Classroom learning time</u>: 7 hours per class. We will break for lunch from 12:00-12:30pm. Breaks periodically as needed.

<u>Homework and practice</u>: This is a non-credit course so all work for the course will be completed during our class meetings. However, to continue to build your skills, it is recommended that you also practice any new skills outside of class.



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#### **Grading:**

• Class Attendance and Participation: 30%

<u>Skill Demonstrations:</u> 60%
 Case scenarios analysis; group discussions and responses; exercises

• Skill Assessments: 10%

**Grading:** A final grade of 70% is required to pass the course. Course grades will be assigned based on the following scale:

70 – 100% Passing 69% or below Not Passing

**Student Conduct**: We are all here to learn together. Please be respectful of other students and support your classmates. Please review the *Student Rights and Responsibilities* on the SRJC website. https://rightsresponsibilities.santarosa.edu/

**Communication:** My preferred method of communication is through email. I strive to respond to student emails within 48 hours.

### **Student Leaning Outcomes**

At the conclusion of this course, the student should be able to:

- 1. Define OSHA and explain its function and roles.
- 2. Identify, minimize, and control workplace hazards by applying OSHA standards

#### **Attendance Policy**

To pass the class and receive credit for this course toward your certificate, you must attend **ALL 14 Hours** of classes. Failure to attend **ALL 14 Hours** of classes will result in a non-passing (NP) grade and having to retake the class.

## **Spring 2025**



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Topics (Order may vary)
Intro to OSHA (1 hr)
OSHA Focus Four – Fall Protection (1.5 hrs)
OSHA Focus Four – Electrocution (1 hr)
OSHA Focus Four – Struck By (45 min)
OSHA Focus Four – Caught in or in between (45 min)
PPE and Lifesaving Equipment (30 min)
Health Hazards in Construction (30 min)
Excavations (30 min)
Scaffolds (30 min)
Stairways and Ladders (30 min)
Tools – Hand and Power (30 min)
Confined Space (30 min)
Excavations (30 min)
Injury Illness Prevention Plan – IIPP (30 min)
Heat Illness Prevention (30 min)
Any additional topic if time allows.
As part of this course students will learn to: 1. Identify safety and health problems on jobsites. 2. Analyze the causes of these safety and health concerns



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- 3. Incorporate safer, healthier workplaces
- 4. Guide fellow co workers in helping to accomplish all the above.