KTEAM 8.1/8.2/8.3

Beginning, Intermediate & Advanced Volleyball
Sections 1958, 1959 & 1960

Mondays & Wednesdays from 10:30 am - 12:00 pm in Haehl Pavilion – 1.5 Units

Course Description

Beginning Volleyball Description: This course will introduce students to fundamentals, team concepts, and rules of the game of volleyball. Students will participate in two-person, three-person, four-person, and six-person competition

Intermediate Volleyball Description: Presentation of intermediate-level volleyball skills, participation in match play, and a review of the rules of the game. Improvement of individual skills, team techniques, and game strategies will be emphasized.

Advanced Volleyball Description: Theory and practice of advanced volleyball. Advanced techniques and tactics of tournament competition. This class will include drills, practice, and an intensive review of rules and tournament play.

Student Learning Outcomes

Beginning Volleyball Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Play volleyball at the beginning level.
2. Perform beginning techniques and demonstrate ideal body positioning.
3. Demonstrate and apply the written and unwritten rules of play.

Intermediate Volleyball Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Ability to play volleyball at an intermediate level
2. Ability to perform beginning through intermediate techniques and demonstrate ideal body positioning.
3. Demonstrate knowledge and application of the written and unwritten rules of play.

Advanced Volleyball Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Play competitive volleyball at an advanced level, with the ability to perform beginning through advanced techniques
2. Demonstrate ideal body positioning during competitive play
3. Understand and apply the written and unwritten rules of play

More info on COR (Course Outline of Record)

[KTEAM 8.1 - Beginning Volleyball](#)

[KTEAM 8.2 - Intermediate Volleyball](#)

[KTEAM 8.3 - Advanced Volleyball](#)

Instructor Contact

Ally Sather

Email: asather@santarosa.edu

Office Hours: Mon/Wed 9:30-10:30am

If those times don't work, please send me an email and we can book another time convenient for you.

Office Location: Home Office through Zoom

Phone: 707-571-7179

I respond to emails within 24 hours.

Course Web Site

Students will use the Canvas course website for assignment instructions, submitting assignments, viewing classmate's work, sharing resources, and viewing grades.

Textbook

None required - Instructor Prepared Materials available on Canvas

Required Software

You will need the following software for this course.

- [Adobe ReaderLinks to an external site.](#)
- [Google ChromeLinks to an external site.](#) is the best browser to use Canvas

Important Dates

Date Class Begins: 8/19/2024

Date Class Ends: 12/11/2024

Last Day Add w/o add code: 8/25/2024

Last Day Add with add code: 9/8/2024

Last Day Drop for Refund: 9/1/2024

Last Day for P/NP option: 12/13/2024

Last Day Drop w/o W: 9/8/2024

Last Day Drop with W: 11/17/2024

Date Final Exam: Done Online

Dropping the Class

If you decide to discontinue this course, it is your responsibility to officially drop it to avoid getting no refund (after 10% of the course length), a W symbol (after 20%), or a grade (after 60%). Also, for several consecutive, unexplained absences, the instructor may drop a student.

Pass-NoPass (P/NP)

You may take this class P/NP. You must decide before the deadline and add the option online in your portal or file the P/NP form with Admissions and Records. With a grade of C or better, you will get P.

Once you decide to go for P/NP, you cannot change back to a letter grade. If you are taking this course as part of a certificate program, you can probably still take the class P/NP. Check with a counselor to be sure!

I highly recommend that you update your user settings to make sure that you receive the following right away (Click the check mark – notify me right away):

1. Announcement: This is how I will communicate with the entire class

2. Submission comment: This is how I will give your personal feedback on your assignments
3. Conversation message: This is where I send students private messages through Canvas

Feel free to change the settings on any others based on your personal preferences.

Class Meetings

We will meet on Mondays and Wednesdays in the Haehl Pavilion from 10:30 am - 12:00 pm.

Attendance

Students who fail to attend the first class (face-to-face course) of the semester will be dropped from the class. It is strongly advised that if you need to miss more than one class/homework deadline in a row you contact me to avoid being dropped from the class.

Course Evaluation

Class Participation – 34 x 5 points = 170 points

Class Assignments

- Rules Demonstration - 1 x 10 points = 10 points
- Rules Quiz - 1 x 10 points = 10 points
- Warm-Up Demonstrations - 1 x 10 Points = 10 points
- Skill Demonstrations - 3 x 10 points = 30 points
- Final Exam - 40 Points

Total = 270 points

Grading Policy

Visit the "Grades" in Canvas to keep track of your grades. I grade **once a week** and post grades and submit comments on the online Canvas gradebook.

Grades will be assigned as follows:

Grading Breakdown

Grade	%	Points
A	90%	243 points or more
B	80%	216 to 242 points
C	70%	189 to 215 points
D	60%	162 to 188 points

If taking Pass/No Pass you need at least 70% of the total class points and complete the midterm exam and the final exam to pass the class.

Standards of Conduct

Students who register in SRJC classes are required to abide by the SRJC Student Conduct Standards. Violation of the Standards is the basis for referral to the Vice President of Student Services or dismissal from class or from the College. See the Student Code of Conduct page.

Collaborating on or copying tests or homework in whole or in part will be considered an act of academic dishonesty and result in a grade of 0 for that test or assignment. I encourage students to share information and ideas, but not their work. See these links on Plagiarism:
SRJC Writing Center Lessons on avoiding plagiarism
SRJC's Policy on Academic IntegrityLinks to an external site.

Access and Accommodations

It is the mission of Santa Rosa Junior College to support inclusive learning environments. If there are aspects of the instruction or design of this course that result in barriers to your inclusion or to an accurate assessment of achievement—such as time-limited exams, inaccessible web content, or the use of non-captioned videos—please notify the instructor as soon as possible. Students are also welcome to contact the Disability Resources Department (DRD). DRD is a resource for students that provides authorization for academic accommodations, training, and access to assistive technology and

collaborates on strategies for academic success. Students with disabilities who believe they need accommodations in this class are encouraged to contact the [Disability Resources Department](#) as soon as possible, to better ensure such accommodations are implemented in a timely fashion.

Other Important Policies and Practices

Right to Privacy

All students have the right to learn freely and safely in both the physical classroom and the virtual classroom. Students may not share course contents, materials, recordings, or any other information containing representations of their classmates in writing, text, image, or video. This includes emails between students, posts to discussion boards, video threads containing signed dialogue, and any other media that contain the efforts of students who engage with the course (See [Acts of Misconduct C., D., and E.](#)). This especially applies to Zoom cloud recordings which are only stored on a temporary basis for the specific purpose of content review as deemed to be of benefit for all those enrolled in this course, and which are only available in TechConnect Zoom in Canvas. Students also may not discuss the performance of their classmates outside of the classroom. Violations of student privacy are subject to [disciplinary action](#), with specifics to be handled in accordance with the appropriate SRJC policies and procedures.

IMPORTANT: The Course Summary below is a chronological list of assignments to help you keep track of due dates. It does not contain links to course learning materials. **Please access the course materials through [Modules](#)**.