

FDNT 62, Nutrition and Diet Therapy

Section 4606 & 8909 Spring 2024 Course

Syllabus

Course Description

Introduction to nutrition and its role in health, disease risk reduction and treatment of disease. Modification of the diet, nutrient intake and mode of nutrient delivery for stress conditions such as diabetes, intestinal tract disorders and diseases of the liver and kidneys. Intended for students in nursing and other health care fields.

Recommended Preparation:

Eligibility for ENGL 100 or ESL 100 and Course Eligibility for MATH 150A

Student Learning Outcomes

Upon completion of this course, students will be able to:

1. Determine nutritional adequacy of a given diet and make scientifically sound recommendations for health promotion and disease prevention.
2. Identify specific disease states with nutrition implications and apply appropriate dietary recommendations.
3. Use clinical observations to identify nutrition related problems, adjust care as needed, and refer to nutrition expert for intervention, as appropriate.

Class Meetings

This is a fully online section with no mandatory face-to-face meetings/activities. There is a weekly Chat time from 12:00-12:30 on Wednesday afternoons. This is an opportunity for you to discuss course material, ask questions about assignments or just chat about nutrition. Join the chat by clicking on the Chat tab.

Instructor Contact

Joyce Giammattei, DrPH, RD, CDE

Email: jgiammattei@santarosa.edu

Office Hours: individualized per request

I respond to emails within 48 hours.

Course Web Site

Students will use the Canvas course web site for assignment instructions, submitting assignments, viewing classmates' work, sharing resources, and viewing grades.

Textbook and Software

Nutrition for Health and Healthcare 8th edition DeBruyne and Pinna

Print Edition ISBN: 9780357730317

ebook ISBN: 9780357730409

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You can locate and order textbooks online via the [SRJC Bookstore](#) or through Cengage publisher's microsite where you can purchase the text book or ebook

[link to Cengage to purchase book/ebook](#)

Connect Online Access for NutritionCalc Plus

by Rawson \$29.00

1. Edition: 12th
2. ISBN: 9781260891065
3. Author: Rawson
4. Publisher: McGraw-Hill
5. Formats: BryteWave Format
6. Copyright Year: 2020

[link to McGraw to purchase NutritionCalc Plus](#)

Important Dates

[SRJC Academic Calendar](#)

Final examinations: **Saturday, May 18 - Friday, May 24, 2024**

Dropping the Class

If you decide to discontinue this course, it is your responsibility to officially drop it.

Attendance

Students who have not logged on and participated by 11:59 pm Pacific Time on the second day of the semester will be dropped by the instructor.

Pass-No Pass (P/NP)

You may take this class P/NP. You must decide before the deadline, and add the option online with TLC or file the P/NP form with Admissions and Records. With a grade of C or better, you will get P.

You must file for the P/NP option by . Once you decide to go for P/NP, you cannot change back to a letter grade. If you are taking this course as part of a certificate program, you can probably still take the class P/NP. Check with a counselor to be sure.

Instructor Announcements and Q&A Forum

The instructor will post announcements on the “Announcements” page in Canvas throughout the semester. You can also view announcements on the course "Home" page Canvas notifies students according to their preferred Notification Preferences.

Late Policy

All assignments are due at midnight PST on the due date. **No late submissions will be accepted.**

Exams

There are 3 exams in this class. There will be no makeup exams in this class and no alternate exam dates are offered. Each exam is 65 questions, (multiple choice and true/false), it is open book, open notes. You have 90 minutes to complete each exam. Exams will be open for exactly one week, it is your responsibility to take the exams by the due date. You have **one** opportunity during that week to log in and take the exam. The material comes from the textbook, class lectures and supplemental materials. If any exam is missed, a zero will be recorded as the score.

There are 23 quizzes in this class, one for each chapter. Each quiz contains 5 questions and you have 15 minutes to complete the quiz. Quizzes are open book and open notes. You have **one** opportunity during that week to log in and take the quiz.

Grading Policy

Click the “Grades” link in Canvas to keep track of your grades. I grade once a week and post grades and comments in the Canvas gradebook.

Grades will be assigned as follows:

- A 90% 540 points or more
- B 80% 480-539 points
- C 70% 420-479 points
- D 60% 360-419

If taking Pass/No Pass you need at least 70% of the total class points and complete the midterm exam and the final exam to pass the class.

Standards of Conduct

Students who register in SRJC classes are required to abide by the SRJC Student Conduct Standards. Violation of the Standards is basis for referral to the Vice President of Student Services or dismissal from class or from the College. See the [Student Code of Conduct page](#).

Collaborating on or copying of tests or homework in whole or in part will be considered an act of academic dishonesty and result in a grade of 0 for that test or assignment. Students are encouraged to share information and ideas, but not their work. See these links on Plagiarism:

[SRJC Writing Center Lessons on avoiding plagiarism](#)

[SRJC's statement on Academic Integrity](#)

Special Needs

Every effort is made to conform to accessibility standards for all instructor-created materials. Students should contact their instructor as soon as possible if they find that they cannot access any course materials. Students with disabilities who believe they need accommodations in this class are encouraged to contact Disability Resources (527-4278).

List of assignments

Can be found by going to *Modules Tab*.