

SANTA ROSA JUNIOR COLLEGE
Title: PREVENTION & EDUCATION ON ADDICTION
FALL SEMESTER 2022
COURSE SYLLABUS

Instructor: David Escobar M.A. Ph.D. Candidate
Instructor Contact Information: TBA
Office Hours & Location: TBA
Phone: N/A
HNU email: Jescobar@santarosa.edu
Course number: HUSV 81
Plover Hall
Units: 3
Term and Year of Course: Fall 2022
Day: Mondays
Time of Class: 6:00-9:00pm

Course Description: This course reviews prevention and education techniques and strategies used in the field of addiction studies. Students will analyze the ways in which education can and does assist in the prevention of addiction and relapse. Students will explore the application of harm reduction strategies to other public health issues. Besides lecture, texts and articles, the course has interactive elements for students, such as field trips along with videos and guest speakers.

Instructors Personal Teaching philosophy

I believe in the process of transformational education and personal growth. I, along with students, participate in an ongoing exchange of ideas from both the academic perspective and the lived experience as part of higher learning education. I exchange knowledge in an active learning community and participate in mutual understandings of diverse styles of learning and engagement. I propose representing my authentic self and ideas that confront the inherent systems of oppression.

I attempt to create a space to empower students and assist in co-creating new ideas and information that is based on lived experiences.

These strategies will be incorporated in most, if not all levels of my class and I welcome all types of ideas, creativity and perspectives from students. The courses that I teach will have immediate empathetic connections to students, clear academic statements, clear grading expectations and accessibility to me as an instructor. I will make sincere attempts to not create binaries that hinder or exclude students of any racial, ethnic, gender spectrum backgrounds.

Learning Outcomes for Course.

1. Describe warning signs, symptoms, and causes of substance use disorders.
2. Analyze the ways in which education can and does assist in the prevention of communicable and infectious diseases among drug users and the application of harm reduction strategies to other public health issues.
3. Describe the basic principles of personal and public health, and substance abuse prevention, treatment, and recovery.
4. Identify and explain the common characteristics of children of substance abusers.

Objectives:

Students will be able to:

1. Identify and interpret the role of the addiction professional to address prevention as well as treatment.
2. Predict factors that increase the likelihood for an individual, community, or group to be at-risk for, or resilient to, psychoactive substance-use disorders.
3. Identify issues of cultural identity, ethnic background, age, and gender, in prevention, treatment, and recovery.
4. Analyze warning signs, symptoms, and the course of substance abuse disorders.
5. Describe how substance abuse disorders affect families and concerned others.

Topics and Scope

- Introduction and overview
- Working definitions of prevention, education, intervention & others
- Exploration of the social determinants of health as a framework for substance use disorder
- Basic principles of public health-social determinants of health
- Personal holistic health principles
- Foundations and Historical Perspectives of addiction, war on drugs, governmental policy
- Sonoma County perspectives on prevention and intervention (intervention plan)
- State of California perspectives on prevention and intervention (intervention plan)
- Substance of abuse general overview of substances
- General overview of treatment approaches
- Epidemiology United States
- Epidemiology European/ Portugal & others
- Genetic factors in the Risk for Substance Use Disorders
- Neurobiological factors of drug dependence
- Psychological factors (In Determinants of *Abuse* and Dependence)
- Behavioral aspects
- Social factors and their implications

- Models of SUD Prevention
- Availability of services in the area of Sonoma County, San Francisco Bay area

Required Materials: The course will combine texts, lecture, article readings, films, YouTube, and guest speakers. notebooks, access to internet, library, cell phone.

Assignments:

- Should be formatted with a 12-point font Times Roman, name, date, course title, instructor name, on the top left of document.
- Read approximately 20-30 pages each week (books, articles other documents)
- Short quiz at end of September, October, November total of (3)
- Interview: 1 oral (power point 1-2 slides only) **or** a written report 2 single space pages in which students visit and interview a local government official or AOD agency or community leaders of your choice, "asking what their office is doing in regard to substance use prevention in Sonoma County?". The paper should also incorporate the students' personal reflections about the experience. Due October 3, 2022.

(Midterm) One 4-page double spaced paper evaluation and or critique of the Sonoma County Strategic Alcohol and Other (AOD) Drugs Prevention plan.

(Final Exam) 5-page paper double spaced, topics should be focused on the following: (prevention issues in Black, Indigenous Peoples of color, socio-economic, impact of AOD on children, systemic causes of AOD).

Grading:

Reading & writing assignments = 15%

Class participation/ discussion = 10%

Quizzes =15%

Mid-Term essay = 25%

Final Paper = 35%

Attendance Policy:

Regular attendance at classes is not only expected but considered essential for successful academic work. A student with excessive absences may receive a failing grade. Excessive absences are those which exceed 2. Students must assume full responsibility for work missed because of absence, including additional work assigned to

compensate for the absence. Students will not be permitted to register for classes that overlap in meeting times and result in accumulated partial absences.

Drop/Add/Withdraw/Incomplete Deadline Appeals:

See the academic calendar for all deadlines:

Text(s): purchase the following:

*Sonoma County Strategic Alcohol and Other Drugs (AOD) Prevention Plan 2020-2025
Sonoma County Department of Health Services, Behavioral Health Division (Online PDF)*

*Substance Abuse: A Comprehensive Textbook. 5th ed. Ruiz, Pedro and Strain, Eric.
Lippincott Williams and Wilkins Inc. (2011) (classic)*

*Facing Addiction in America, The Surgeon General's Report on Alcohol, Drugs, and
Health, U.S., Department of Health & Human Services (2016). (Online PDF)*

Student Considerations:

Please come prepared for class: Read actively, take notes, reflect on the topic in advance, and be prepared to back up your observations with textual examples. Your personal thoughts and reactions regarding the readings are important. Participation is pivotal, please ask questions, make comments regarding the readings and or other resource material. Students need to be present and experiencing the group learning dynamic in the classroom, in order to receive full credit for this course.

Students are expected to take copious notes in class or, if not present, are expected to attain copies or request notes from other peers in the class.

Academic Honesty Statement:

Honesty vital to its academic life. Therefore, it requires that students learn and abide by the standards of honesty expected in an academic community. (1) submit work that is clearly and unmistakably their own; (2) properly represent information and give adequate acknowledgement to all sources that were used in the preparation of an assignment; (3) neither seek, accept, nor provide any assistance on tests, quizzes, and/or assignments unless explicitly permitted to do so by the instructor.