#### CHW 151L Course Outline as of Summer 2005

## **CATALOG INFORMATION**

Dept and Nbr: CHW 151L Title: OUTREACH EXPERIENCE Full Title: Outreach Experience Last Reviewed: 2/26/2018

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	0.50	17.5	Lecture Scheduled	8.75
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	7.50		Contact DHR	131.25
		Contact Total	8.00		Contact Total	140.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 17.50

Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	CHW 51L

#### **Catalog Description:**

Community Health Worker (CHW) students will spend 7.5 hours a week for 16 weeks in a Sonoma County health clinic, agency, or organization and the community it serves, practicing skills learned in Outreach Techniques and strategies, CHW 151. Students will spend one hour every other week with their clinical instructor.

### **Prerequisites/Corequisites:**

**Recommended Preparation:** Eligibility for Engl 100 or ESL 100.

#### **Limits on Enrollment:**

#### Schedule of Classes Information:

Description: Supervised community health work in which students will spend 7.5 hours a week for 16 weeks in a Sonoma County health clinic, agency, or organization and the community it serves, practicing skills learned in CHW 151. Students will spend one hour every other week with their clinical instructor. (Grade Only) Prerequisites/Corequisites:

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

#### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

#### **Outcomes and Objectives:**

Upon completion of this course students will be able to:

1. Identify and list the duties and scope of practice of Community Health Workers (CHW's)

2. Compare and contrast how Community Health Workers (CHWs) work with other health care team members.

3. Demonstrate effective communication skills, including communication with people from other cultures.

- 4. Practice problem-solving and decision-making skills at the workplace.
- 5. Effectively interview clients and complete agency intake procedures.
- 6. Identify effective health education and counseling methods after observing health education sessions at the work site.

7. Prepare and present an effective client care plan.

8. Successfully apply other case management techniques, e.g. effective communication with client, care prioritization, and follow-up.

9. Practice job skills, e.g., managing time, communicating with health team members, planning and completing an agency project.

## **Topics and Scope:**

- I. Productive community experience skills and professional standards at work site
  - A. Client interview and agency intake procedures
  - B. Identification of appropriate health education and counseling methods
  - C. Communication with health team
  - D. Application of appropriate case management techniques
    - 1. time management

- 2. preparation of client care plans
- 3. critical thinking, problem-solving, decision-making
- 4. cultural competency
- II. Work-based learning objectives
  - A. Principles
  - B. Format
  - C. Measurement
  - D. Evaluation
- III. Written reports and seminar presentations
  - A. Format
  - B. Organization
  - C. Focus
- IV. Communication skills
  - A. Professional oral and written communication with job-site supervisor
  - B. Professional oral and written communication with instructor

## Assignment:

- 1. Write, accomplish, and evaluate weekly externship learning objectives.
- 2. Attend eight seminar sessions and incorporate appropriate actions and revisions in weekly objectives.
- 3. Observe one to three interview and intake procedures.
- 4. Conduct client interview and intake procedures.
- 5. Write weekly reports (1-2 pages) on externship experience and discuss during seminars.
- 6. Case management: Practice critical thinking, problem-solving, and decision-making techniques involved with case management at work sites. Include comments in weekly reports and discuss challenges during seminars.
- 7. Case management: Prepare client care plans with supervisor or other health team members. Discuss challenges during seminars.
- 8. Case management: Identify effective health education and counseling methods within scope of practice with guidance from health team. Discuss during seminars.
- 9. Role play scenarios: discuss and practice effective techniques as well as conflict management techniques that can be incorporated into objectives and at work site.
- 10. Complete five to ten seminar assignments related to community experience.
- 11. Meet with instructor and community supervisor at least two times during semester to review packet of relevant materials, including student health information and immunizations, confidentiality statement, task sheet, time sheet, objectives, and evaluation.
- 12. Each week have supervisor verify and initial hours worked.
- 13. Write a 2-3 paper about the community health agency and experiences.
- 14. Meet with instructor at end of semester to discuss evaluations and overall experience.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Weekly reports.

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Case Management

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Role playing; completion of objectives.

**Exams:** All forms of formal testing, other than skill performance exams.

None

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Instructor/supervisor evaluation.

**Representative Textbooks and Materials:** 

Instructor-prepared materials

Wr	iting
10 -	15%

Problem solving 5 - 10%

Skill Demonstrations 40 - 60%

Exams 0 - 0%

