PSYCH 7 Course Outline as of Spring 2024

CATALOG INFORMATION

Dept and Nbr: PSYCH 7 Title: THEORIES OF PERSONALITY
Full Title: Theories of Personality
Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	4	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

Catalog Description:
An examination of basic concepts, principles, and development of major theories of personality and their practical applications to social interactions, psychopathology, and treatment.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Schedule of Classes Information:
Description: An examination of basic concepts, principles, and development of major theories of personality and their practical applications to social interactions, psychopathology, and treatment. (Grade Only)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 1A or equivalent
Limits on Enrollment:
Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 2025	
	L4	Social and Behavioral Sciences		
	L8	Student Success and Wellness		
	D	Social and Behavioral Sciences	Fall 2007	Fall 2025
CSU GE:	**Transfer Area**		Effective:	Inactive:
	D	Social Science	Fall 2007	
	D9	Psychology		
	E	Lifelong Learning and Self Development		
IGETC:	**Transfer Area**		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 2007	
	4I	Psychology		

CSU Transfer:	Transferable	Effective:	Fall 2007	Inactive:
UC Transfer:	Transferable	Effective:	Fall 2007	Inactive:

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Identify the research foundation and major theoretical perspectives that explain the development of human personality.
2. Apply knowledge of the personality theories and perspectives of "self" to people of other cultures.

Objectives:
At the conclusion of this course, the student should be able to:
1. Discuss criteria used to define personality and understand personality theory.
2. Summarize the methods for studying and assessing personality theories.
3. Explain key characteristics of personality theory.
4. Apply the critical thinking process to evaluate personality theories.
5. Describe the following major theories of personality:
   A. Psychodynamic
   B. Behavioral and Social Learning
   C. Cognitive
   D. Humanistic
   E. Biological
   F. Trait
   G. Interpersonal Relations
   H. Alternative Perspective on Personality (e.g., non-Western, spiritual and religious,

gender, or historical)
6. Apply personality theories and concepts to social interactions, psychopathology, and treatment.
7. Compare and contrast the strengths and weaknesses of major theories of personality.
8. Critically appraise the applicability of the major theories of personality in relation to gender, culture and ethnicity.
9. Summarize the current status and describe the future direction of the field of personality theory research.

Topics and Scope:

I. Introduction to Personality and Personality Theory
II. Personality Research Methods
III. Psychodynamic Perspective of Personality
IV. Behavioral and Social Learning Perspective of Personality
V. Cognitive and Social-Cognitive Perspective of Personality
VI. Humanistic and Existential Perspective of Personality
VII. Interpersonal Relations Perspective of Personality
VIII. Biological Perspective of Personality
IX. Trait Perspective of Personality
X. Practical Applications
  A. Social Interactions
  B. Psychopathology
  C. Treatment
XI. Contextualizing Personality
  A. Gender
  B. Culture
  C. Ethnicity
XII. The Future of Personality Theories
  A. Research
  B. Treatment

11. Gender, Cultural, and Ethnic Differences in Understanding Personality

Assignment:

1. Read approximately 35 pages per week
2. Writing assignment that may include research, experiential, response, or project for a minimum of 1,250 words
3. Quizzes, exams, and a final
4. Oral presentation and/or group project may be assigned

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Research, experiential, response, or project paper	Writing 30 - 60%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes, Exams, and a Final	Exams 40 - 60%

Other: Includes any assessment tools that do not logically fit into the above categories.

Oral presentation and/or group project	Other Category 0 - 10%

Representative Textbooks and Materials:
Personality. 10th ed. Burger, Jerry. Cengage. 2019

Theories of Personality. 9th ed. Feist, Jess and Feist, Gregory and Roberts, Tomi-Ann. McGraw-Hill. 2018

Personality: Classic Theories and Modern Research. 6th ed. Friedman, Howard and Schustack, Miriam. Pearson. 2016

Personality Puzzle. 7th ed. Funder, David. W.W. Norton Company. 2016