PSYCH 4 Course Outline as of Spring 2024

CATALOG INFORMATION

Dept and Nbr: PSYCH 4 Title: CHILD & ADOLESCENT PSYCH
Full Title: Child and Adolescent Psychology
Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	4	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

Catalog Description:
Development of the child from prenatal life to the adolescent years with emphasis on emotional, intellectual, social, and personal growth and development.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Schedule of Classes Information:
Description: Development of the child from prenatal life to the adolescent years with emphasis on emotional, intellectual, social, and personal growth and development. (Grade Only)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 1A or equivalent
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 2025	
	L4	Social and Behavioral Sciences		
	D	Social and Behavioral Sciences	Fall 1981	Fall 2025
CSU GE:	**Transfer Area**		Effective:	Inactive:
	D	Social Science	Fall 2010	
	D9	Psychology		
	D	Social Science	Fall 1991	Fall 2010
	D1	Anthropology and Archeology		
	D4	Gender Studies		
	D9	Psychology		
	D	Social Science	Fall 1981	Fall 1991
	D1	Anthropology and Archeology		
	D4	Gender Studies		
IGETC:	**Transfer Area**		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 1981	
	4I	Psychology		

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Analyze and apply biological and environmental theories to explain cognitive, physical, emotional, and social development of the individual from the prenatal period through childhood and adolescence.
2. Describe and apply the research methods that are used to study child and adolescent psychology.

Objectives:
At the conclusion of this course, the student should be able to:
1. Distinguish among significant theoretical perspectives on the development of the child.
2. Differentiate between chromosomes and genes, recessive and dominant traits, and monozygotic and dizygotic twins.
3. Discuss chromosomal and genetic abnormalities relevant to the psychological maladjustment of the child.
4. Describe how psychological and environmental factors such as maternal stress, nutrition, teratogens, sexually transmitted diseases, and drugs influence the development of the child.
5. Examine the brain structures, intellectual growth, perceptual processes, memory and language development of the child in the infancy, childhood and adolescent years.

6. Explain how attachment, social deprivation, child abuse and neglect, day care, temperament, and gender differences influence the infant's social and emotional development.
7. Discuss the influence of parenting styles, siblings, peer interactions, and gender roles in the early childhood years.
8. Describe the factors that contribute to and delineate treatment strategies for childhood obesity, eating disorders, elimination disorders, ADHD, and learning disabilities.
9. Provide causal factors and treatment options for separation anxiety, conduct disorder, childhood depression, and drug abuse in the middle childhood and adolescent years.
10. Discriminate among the various theories that describe the adolescent's self-concept, emotional, cognitive and moral development.

Topics and Scope:

I. The Study of Human Development
   A. History
   B. Research
   C. Theories
II. The Human Heritage
   A. Genes
   B. Environment
III. Prenatal Development and Birth
IV. Infant Capacities and the Process of Change
V. The Achievement of the First Year and the End of Infancy
VI. Early Experiences and Later Life
VII. Language Acquisition
VIII. Early Childhood Thought
   A. Competence
   B. Abilities
IX. Social Development in Early Childhood
X. The Contexts of Early Childhood
   A. Family
   B. Media
XI. Cognitive and Biological Attainments of Middle Childhood
XII. Schooling and Physical and Social Development in Middle Childhood
XIII. Biological and Social Foundations of Adolescence
XIV. Cognitive and Psychological Achievements of Adolescence
XV. Emerging Adulthood

Assignment:

1. Read approximately 35 pages per week
2. Writing assignment that may include research, experiential, response, or project for a minimum of 1,250 words
3. Formal testing: quizzes, exams, and a final
4. Oral presentation and/or group project may be assigned

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Research, experiential, response, or project paper	Writing 30 - 60%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes, Exams, and a Final	Exams 40 - 60%

Other: Includes any assessment tools that do not logically fit into the above categories.

Oral presentation and/or group project	Other Category 0 - 10%

Representative Textbooks and Materials:
The Developing Person Through Childhood and Adolescence. 11th ed. Berger, Kathleen Stassen. Worth Publishers. 2018

Child Development. 8th ed. Feldman, Robert. Pearson. 2019

Child Development: An Active Learning Approach. 3rd ed. Levine, Laura and Munsch, Joyce. Sage Publications. 2018

Childhood and Adolescence: Voyages in Development. 6th ed, Rathus, Spencer. Cengage. 2017