#### DH 78 Course Outline as of Fall 2022

## **CATALOG INFORMATION**

Dept and Nbr: DH 78 Title: LOCAL ANESTHESIA Full Title: Local Anesthesia/Nitrous Oxide Conscious Sedation

Last Reviewed: 2/7/2022

| Units   |      | Course Hours per Week |      | Nbr of Weeks | <b>Course Hours Total</b> |       |
|---------|------|-----------------------|------|--------------|---------------------------|-------|
| Maximum | 1.00 | Lecture Scheduled     | 0.75 | 17.5         | Lecture Scheduled         | 13.13 |
| Minimum | 1.00 | Lab Scheduled         | 1.50 | 6            | Lab Scheduled             | 26.25 |
|         |      | Contact DHR           | 0    |              | Contact DHR               | 0     |
|         |      | Contact Total         | 2.25 |              | Contact Total             | 39.38 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR           | 0     |

Total Out of Class Hours: 26.25 Total Student Learning Hours: 65.63

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

#### **Catalog Description:**

Students will learn techniques of pain control by the administration of local anesthetics and nitrous oxide/conscious sedation. The course will cover treating the more complex clinical patient during advanced dental hygiene care procedures.

## **Prerequisites/Corequisites:**

Course Completion of DH 74 and DH 75

# **Recommended Preparation:**

#### **Limits on Enrollment:**

Acceptance in program

#### **Schedule of Classes Information:**

Description: Students will learn techniques of pain control by the administration of local anesthetics and nitrous oxide/conscious sedation. The course will cover treating the more complex clinical patient during advanced dental hygiene care procedures. (Grade Only) Prerequisites/Corequisites: Course Completion of DH 74 and DH 75

Recommended:

Limits on Enrollment: Acceptance in program

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Summer 2000 Inactive:

**UC Transfer:** Effective: Inactive:

CID:

## Certificate/Major Applicable:

Major Applicable Course

# **COURSE CONTENT**

#### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Demonstrate the accurate dosage and type of local anesthetic (LA) agent, based on the patient's health history and treatment needs; and effectively apply it to the dental hygiene care plan
- 2. Demonstrate the dental hygiene care plan and implement the safe use of LA and nitrous-oxide oxygen sedation to manage patient fear, anxiety, and/or pain in a dental clinic setting

#### **Objectives:**

At the conclusion of this course, the student should be able to:

- 1. Describe the physiologic mechanism of nerve conduction
- 2. Identify both topical and local anesthetic agents along with their indications and contraindications for use
- 3. Identify and assemble the local anesthesia armamentarium
- 4. Identify anatomical landmarks and nerves associated with specific areas to be anesthetized
- 5. Demonstrate the safe and effective procedural techniques for each type of injection
- 6. Describe various local and systemic complications that may develop after the delivery of local anesthesia
- 7. Determine when administration of nitrous oxide sedation is appropriate and be able to recognize the signs and symptoms associated with safe and effective administration of nitrous oxide sedation
- 8. Identify fact from fallacy the potential occupational hazards for clinicians when using nitrous oxide oxygen sedation
- 9. List patient advantages and disadvantages associated with the use of nitrous oxide sedation 10. Describe the administration and monitoring of nitrous oxide sedation, and acknowledge appropriate response measures

# **Topics and Scope:**

I. Neurophysiology

- A. Nerve impulse: initiation & propagation
- B. Nerve conduction
- C. Specific Receptor Theory
- D. Characteristics of LA molecule
- E. Acidic environment and LA effectiveness

### II. Properties of LA Local Anesthesia Agents\*

- A. Maximum safe dose explained
- B. Calculating maximum safe dose of LA
- C. Limiting agent
- D. Contraindications of topical anesthetics
- E. Duration of LA agents
- F. Characteristics of topical anesthetics
- G. Selecting the correct LA based on patient needs
- H. Cartridge ingrediants

## III. Vasoconstrictors Agents\*

- A. Types of vasoconstrictors
- B. Purpose of vasoconstrictors
- C. Ingredients
- D. Chemical structure of vasoconstrictor
- E. Selection of vasoconstrictors and patient needs
- F. How epinephrine and levonordefrin work
- G. Maximum safe dose

#### VI. Absolute and Relative Contraindications

- A. Allergy
- B. Sensitivity
- C. Local anesthetic drug to drug interactions
- D. Local anesthetic drug to systemic disease interactions

# IV. Local Anesthesia(LA) Armamentarium\*

- A. Assembly
- B. Syringe
- C. Needle selection
- D. Cartridge selection
- E. Disassembly
- F. Topical anesthetic

# VI. Proper disposal of Local Anesthesia Cartridge and Needle\*

- A. Sharps Disposal
- B. Non-Hazardous Pharmaceutical Waste

#### VII. Complications\*

- A. Systemic and Local
- B. Management

# VIII. Identification of Anatomical Landmarks Associated with Supplemental, Maxillary, and Mandibular Injections\*

- A. Supraperiostial / Local infiltration
- B. Anterior middle superior alveolar nerve block with the infraorbital nerve block
- C. Middle superior alveolar nerve block

- D. Posterior superior alveolar nerve block
- E. Greater palatine nerve block
- F. Nasopalatine nerve block
- G. Inferior alveolar nerve block
- H. Lingual nerve block
- I. Long buccal nerve block
- J. Mental nerve block
- K. Incisive nerve block
- L. Papillary(Intraseptal)
- M. Gow- Gates
- N. Anterior Middle Superior Alveolar

# IX. Administration of Supplemental, Maxillary, and Mandibular Injections on a Student Partner\*

- A. Supraperiostial / Local infiltration
- B. Anterior middle superior alveolar nerve block with the infraorbital nerve block
- C. Middle superior alveolar nerve block
- D. Posterior superior alveolar nerve block
- E. Greater palatine nerve block
- F. Nasopalatine nerve block
- G. Inferior alveolar nerve block
- H. Lingual nerve block
- I. Long buccal nerve block
- J. Mental nerve block
- K. Incisive nerve block
- L. Papillary(Intraseptal)

#### X. Nitrous Oxide Conscious Sedation\*

- A. History
- B. Physiology
- C. Pharmacology
- D. Tidal volume
- E. Baseline
- F. Indications/contraindications
- G. Advantages/disadvantages
- H. Equipment
- I. Scavenger systems
- J. Hazards to personnel

## XI. Administration of Nitrous Oxide Sedation\*

- A. Technique for administration
- B. Equipment
- C. Assembly
- D. Fail-safe
- E. Health history assessment
- F. Techniques
- G. Signs and symptoms
- H. Ideal sedation
- I. Over-sedation
- J. Complications
- K. Monitoring
- L. Oxygenation at end of procedure

- XII. Legal and Ethical Considerations
  - A. Communication
  - B. Informed consent
  - C. Documentation
  - D. Allowable duties under Dental Practice Act
  - E. Risk reduction protocols
  - F. Post exposure management
- \*Denotes topic and subtopics taught in both lecture and clinic

#### **Assignment:**

- 1. Lecture Assignments:
  - a. Reading 20-40 pages
  - b. Readiness assignment evaluation (RAE) (3-5)
  - c. Quizzes (2-6)
  - d. Case studies (2-4)
  - e. Final exam
- 2. Lab Assignments:
  - a. Weekly injection experience check-off (3-6)
  - b. Nitrous equipment competency (1-2)
  - c. Nitrous delivery competency on student partner with extra oral exam (EO) procedure
  - d. Weekly lab reflections

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Case studies. RAE and lab reflections

Writing 10 - 15%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Weekly injection experience, nitrous oxide delivery, and nitrous equipment competency Skill Demonstrations 45 - 60%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes and final exam

Exams 25 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

| Weekly online discussions |  | Other Category<br>5 - 10% |
|---------------------------|--|---------------------------|
|---------------------------|--|---------------------------|

## **Representative Textbooks and Materials:**

Darby and Walsh Dental Hygiene, 5th Edition Denise M. Bowen, RDH, MS and Jennifer A Pieren, RDH, MS 2020

Optional: Located in the library: Please use call number to check-out: Call # RK510 T434 2012 Drug Information Handbook for Dentistry. (Students can access through SRJC library resource) Instructor prepared materials on CANVAS