

CATALOG INFORMATION

Dept and Nbr: PSYCH 40 Title: INTRO TO PSYCH OF GENDER
Full Title: Introduction to Psychology of Gender
Last Reviewed: 10/9/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly:

Catalog Description:
An examination of the research and theory from psychology and related fields in order to evaluate the behavioral, biological, social, and cultural foundations in which women and men function. This course will explore classical and contemporary views of gender roles and the effects on individual development and relationships. The impact of economic and political change on gender expectations and practices will be analyzed.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Schedule of Classes Information:
Description: An examination of the research and theory from psychology and related fields in order to evaluate the behavioral, biological, social, and cultural foundations in which women and men function. This course will explore classical and contemporary views of gender roles and the effects on individual development and relationships. The impact of economic and political

change on gender expectations and practices will be analyzed. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
	E	Fall 1981	
	Lifelong Learning and Self Development		

IGETC:	Transfer Area	Effective:	Inactive:
	4	Fall 1981	
	4I		
	Social and Behavioral Science Psychology		

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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CID:

CID Descriptor:	SOCI 140	Introduction to Gender
SRJC Equivalent Course(s):		PSYC40 OR SOC15

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Demonstrate knowledge of biological, psychological, sociological, and cultural foundations of gender.
2. Compare and contrast theoretical concepts regarding masculinity, femininity, and gender-related attitudes.
3. Describe cultural and gender diversity as a social construct and social influence.

Objectives:

At the conclusion of this course, the student should be able to:

1. Compare and contrast psychological and sociological perspectives used to interpret gender relations.
2. Distinguish major psychological theories on gender development and identity.
3. Identify the dynamics of gender on individual, interpersonal, and institutional levels.
4. Differentiate between the biological, psychological, and social construction of gender.
5. Explain the interaction between gender, mental health, and psychological disorders.
6. Describe gender ideology and practices in multiple social institutions and across cultures and societies.
7. Identify the effects of cultural attitudes and beliefs of gender on sexuality, identity, orientation, and behaviors.

8. Analyze the dynamics between power, status, economics, and gender.
9. Identify the implications of gender similarities and differences on emotional development.
10. Assess the potential for transformation of gender roles and gender relations.

Topics and Scope:

I. Sex Differences in Psychology

- A. History
- B. Masculinity and femininity
- C. Traits and socialization

II. Research Approaches to Sex and Gender

- A. Biomedical
- B. Variationist (modified essentialist)
- C. Interdisciplinary laboratory and clinical

III. Gender Stereotypes Related to Masculinity and Femininity

IV. Biology and Environment: The Process of Becoming Female or Male

V. Theories of Gender Development

- A. Evolutionary
- B. Social learning
- C. Cognitive development
- D. Gender schema

VI. Gender Differences in Sexuality

- A. Identity
- B. Orientation

VII. Perceptual and Cognitive Abilities

- A. Gender similarities
- B. Gender differences

VIII. Gender and Aspects of Emotion

- A. Physiological
- B. Cognitive
- C. Behavioral

IX. Relationships: Attachment, Intimacy, and Power

X. Economic and Political Life: Power, Status, and Achievement

XI. Gender and Cross-Cultural Variations

- A. Racial and Ethnic Differences
- B. Migrant and Cultural Differences

XII. Issues in the Workplace: Division of Labor by Sex and Gender

XIII. Gender and Mental/Physical Health - Stress, change, and adaptations

XIV. Gender and Agents of Socialization

- A. Socialization Process
- B. Gender Development

XV. Gender Issues in Therapy

- A. Communication styles
- B. Cultural differences

XVI. The Future of Sex and Gender: Justice, Equity, and Social Change - Women's Movements, Men's Movements, and Feminist Struggles

Assignment:

1. Read 35-70 pages per week and discuss assigned material from the text and supplements.
2. One to three writing assignments (minimum 1250 words total).
3. One to two midterm exams and a final examination.

4. Oral presentations and/or group projects may also be assigned.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Writing assignments

Writing
10 - 35%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Midterm exams and final exam

Exams
65 - 80%

Other: Includes any assessment tools that do not logically fit into the above categories.

Group projects and oral presentations.

Other Category
0 - 15%

Representative Textbooks and Materials:

A New Psychology of Women: Gender, Culture, and Ethnicity. 4th ed. Lips, Hilary. Waveland Press. 2016

Psychology of Gender. Helgeson, Vicki. 5th ed. Routledge Press. 2016

Women, Men, and Society. 6th ed. Renzetti, Claire and Curran, Daniel and Maier, Shana. Pearson. 2012 (classic)