NR 74.2 Course Outline as of Fall 2015

CATALOG INFORMATION

Dept and Nbr: NR 74.2 Title: PSYC NURS/CAREER LADDER
Full Title: Psychiatric Nursing For Career Ladder Students
Last Reviewed: 2/9/2015

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	4.50	Lecture Scheduled	2.00	17.5	Lecture Scheduled	35.00
Minimum	4.50	Lab Scheduled	0	8	Lab Scheduled	0
		Contact DHR	7.50		Contact DHR	131.25
		Contact Total	9.50		Contact Total	166.25
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 70.00 Total Student Learning Hours: 236.25

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

Catalog Description:
Concepts and nursing practice in the care of patients with chronic illness, including psychiatric and substance abuse patients are presented. Emphasis is on meeting the needs of patients with psychiatric illnesses. Knowledge and skills acquired in lecture-discussion are applied in psychiatric clinical settings. Course is designed for Licensed Vocational Nurses [LVNs] whose prelicensure coursework did not include psychiatric nursing.

Prerequisites/Corequisites:
Concurrent Enrollment in NR 74.1 and Course Completion of ANAT 1 and PHYSIO 1 and MICRO 5 and FDNT 62 and PSYCH 1A OR Concurrent Enrollment in NR 74.1 and Course Completion of ANAT 1 and PHYSIO 1 and MICRO 60 and FDNT 62 and PSYCH 1A

Recommended Preparation:

Limits on Enrollment:
Acceptance to the Vocational Nursing to Nursing Program

Schedule of Classes Information:
Description: Concepts and nursing practice in the care of patients with chronic illness, including psychiatric and substance abuse patients are presented. Emphasis is on meeting the needs of

clients with psychiatric illnesses. Knowledge and skills acquired in lecture-discussion are applied in psychiatric clinical settings. Course is designed for Licensed Vocational Nurses [LVNs] whose prelicensure coursework did not include psychiatric nursing. (Grade or P/NP)
Prerequisites/Corequisites: Concurrent Enrollment in NR 74.1 and Course Completion of ANAT 1 and PHYSIO 1 and MICRO 5 and FDNT 62 and PSYCH 1A OR Concurrent Enrollment in NR 74.1 and Course Completion of ANAT 1 and PHYSIO 1 and MICRO 60 and FDNT 62 and PSYCH 1A
Recommended:
Limits on Enrollment: Acceptance to the Vocational Nursing to Nursing Program
Transfer Credit: CSU;
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**			Effective:	Inactive:
CSU GE:	**Transfer Area**			Effective:	Inactive:
IGETC:	**Transfer Area**			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 2013	Inactive:	Fall 2020
UC Transfer:		Effective:		Inactive:	

CID:

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Apply evidence-based psychiatric theoretical concepts to clinical practice.
2. Use nursing process to provide safe nursing care for psychiatric patients.
3. Collaborate with patients, families, and members of the interdisciplinary care team to prioritize psychiatric patient care needs and promote optimal wellness.

Objectives:
Upon completion of this course, the student will:
1. Discuss the theoretical basis for psychiatric nursing practice.
2. Compare and contrast the neurologic function of persons with and without psychiatric illnesses.
3. Describe behavioral patterns associated with psychiatric illnesses and their interference with psychiatric patients' ability to meet self-care needs.
4. Discuss pharmacologic and behavioral interventions to assist psychiatric patients to meet their self-care needs.
5. Compare and contrast pathophysiology, clinical presentation and therapeutic modalities of psychiatric illnesses occurring in different phases of the lifespan.
6. Discuss how psychiatric illness affects clients' interactions with the criminal justice system.
7. Make focused assessments of clients with acutely and chronic illnesses.
8. Use problem solving and facilitative communication skills to conduct interviews and teaching

sessions with acutely and chronically ill patients.
9. Describe community resources for the treatment of chronic illness and maintenance of mental health.
10. Administer psychiatric drugs safely and appropriately.
11. Use nursing process to devise care plans and to deliver care for patients with chronic illnesses.
12. Evaluate strategies for promoting optimal wellness and managing chronic illnesses in the outpatient setting.

Topics and Scope:

I. Psychiatric theories.
2. Neurologic function and dysfunction associated with psychiatric illness.
3. Behavior patterns and therapeutic interventions for psychiatric illness:
   a. Thought disorders
   b. Mood disorders
   c. Anxiety and somatoform disorders
   d. Self-destructive and suicidal patients
   e. Abusive and violent patients
   f. Substance abuse and dependence
   g. Eating disorders
   h. Personality disorders
4. Psychiatric disorders of childhood and adolescence.
5. Psychiatric disorders of the elderly.
6. Forensic psychiatric nursing.
7. Problem solving and communication with psychiatric patients.
8. Community-based care of chronically ill patients.
9. Psychiatric medications.
10. Psychiatric assessment.
11. Psychiatric care planning.

Assignment:

1. Reading assignments per week (50-100 pages).
2. Present patient situations for discussion in clinical conferences (6-7).
3. Analysis of patient care situations. In group setting, approximately (12-15 per course).
4. (3-5) Clinical papers, (4-5) pages each.
5. One psychiatric care plan with 3 nursing diagnoses.
6. Care of psychiatric and chronic-care patients in inpatient and community settings (minimum120 hours total).
7. Exams (4).

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Clinical papers, psychiatric nursing care plans	Writing 10 - 20%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Client care: clinical conference presentations and analyses	Problem solving 20 - 30%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Four tests	Exams 50 - 60%

Other: Includes any assessment tools that do not logically fit into the above categories.

None	Other Category 0 - 0%

Representative Textbooks and Materials:
Varcarolis Foundations of Psychiatric Mental Health Nursing: A Clinical Approach, Halter, M., 7th Ed, 2014, St. Louis: Elsevier/Mosby