

**COUN 162.1 Course Outline as of Fall 2010****CATALOG INFORMATION**

Dept and Nbr: COUN 162.1 Title: CAREER ASSESSMENT RESRCH

Full Title: Career Assessment and Research

Last Reviewed: 3/28/2022

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0	2	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Overview of the role of assessment and career research in the development of a career plan. Emphasis is on interest and personality testing, values clarification, skills assessment and career information research skills.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Overview of the role of assessment and career research in the development of a career plan. Emphasis is on interest and personality testing, values clarification, skills assessment and career information research skills. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, students will be able to:

1. Describe how personal values affect their lifestyle and career choice.
2. Analyze career interest inventories as a resource for making career decisions.
3. Analyze the relationship between personality preferences and work environments
4. Identify specific skills from past experience, school or work that could apply to a career path.
5. Evaluate literature and web resources to develop an occupation or career path for market trends, personal values and skills compatibility.

### **Topics and Scope:**

#### **A. Self Assessment**

1. Factors influencing career development over the lifespan
2. Influence of personal beliefs, social and cultural conditioning as well as economic and workplace trends on career choice
3. Values as they relate to career choice
4. Influences on individual values, (family, culture, religion)
5. Personal values and philosophies assessment
6. Interest inventories, evaluation and interpretation
7. Personality assessment
8. Skills assessment

#### **B. Occupational Information**

1. Introduction to career resources
2. Evaluation of career research information

### **Assignment:**

1. A written summary of values clarification exercises assessing the influence of

- gender, family, culture, and religion on personal values,
2. An introspective paper on projected lifestyle, 2-3 pages.
3. A written analysis of interest inventory results, 2-4 pages.
4. A paper integrating the student's assessment results and the relationship to potential careers and/or a Career Center research report, 5-6 pages.
5. Assigned readings from text, 10-20 pages per night.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, values, lifestyle/interest inventory papers, analysis of self-assessment results, career research paper

Writing  
80 - 90%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
10 - 20%

### Representative Textbooks and Materials:

1. California Career Planning Guide, California Career Resource Network (CalCRN), second edition, 2007-2009 edition
2. Instructor prepared materials