#### CHW 152L Course Outline as of Summer 2005

# **CATALOG INFORMATION**

Dept and Nbr: CHW 152L Title: TEAM OUTREACH EXPERIENCE Full Title: Team Outreach Experience Last Reviewed: 2/26/2018

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	0.50	17.5	Lecture Scheduled	8.75
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	7.50		Contact DHR	131.25
		Contact Total	8.00		Contact Total	140.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 17.50

Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	CHW 52BL

#### **Catalog Description:**

The Community Health Experience externship is supervised work of Community Health Workers (CHW) students that takes classroom learning to job sites and relates to the students' educational and occupational goals. Students spend 7.5 hours a week for 16 weeks in a Sonoma County health clinic, agency, or organization and the community it serves, practicing outreach techniques learned in CHW 52. Students have a one-hour seminar with their clinical instructor every two weeks.

#### **Prerequisites/Corequisites:**

Concurrent Enrollment in CHW 152 ( or CHW 52B) and Concurrent Enrollment in CHW 153 ( or CHW 53)

# **Recommended Preparation:**

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Students will spend 7.5 hours a week for 16 weeks in a Sonoma County health clinic, agency, or organization and the community it serves, practicing skills learned in CHW 52.

(Grade Only) Prerequisites/Corequisites: Concurrent Enrollment in CHW 152 ( or CHW 52B) and Concurrent Enrollment in CHW 153 ( or CHW 53) Recommended: Limits on Enrollment: Transfer Credit: Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	: Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

**Certificate/Major Applicable:** 

Both Certificate and Major Applicable

# **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of this course the student will be able to:

- 1. Identify and list the duties and scope of practice of the Community Health Workers (CHWs).
- 2. Compare and contrast how Community Health Workers (CHWs) work with other health care team members for effective community health outreach.
- 3. Practice cultural competency techniques during outreach experiences.
- 4. Apply appropriate advocacy, community organization, assessment, and outreach techniques.
- 5. Practice problem-solving and decision-making skills at the agency and during outreach.
- 6. Examine vulnerable populations' health issues and other relevant issues that affect health, with health teams during outreach, and via internet, e.g., nutrition, violence, and economic issues.
- 7. Promote improving health.
- 8. Apply program-planning techniques.
- 9. Practice self-care techniques.
- 10. Demonstrate professionalism at the work settings.

## **Topics and Scope:**

- I. Productive CHW outreach skills and professional standards.
  - A. Working as part of a health team
    - 1. Communication with health team

- 2. Team building
- B. Time management
- C. Problem solving
- D. Cultural competency
- E. Community, family, and/or individual needs assessments
- F. Examination of vulnerable population health issues and resources
- G. Advocacy and community organization
- H. Evaluation of client care plans and home visits
- I. Health promotion
- II. Work-based learning objectives
  - A. Principles
  - B. Format
  - C. Measurement
  - D. Evaluation
  - E. Time management
  - F. Professionalism
- III. Written reports and seminar presentations
  - A. Format
  - B. Organization
  - C. Focus
- IV. Accurate field notes and timely reporting of hours worked
- V. Communication skills
  - A. Professional oral and written communication with job-site supervisor
  - B. Professional oral and written communication with instructor

# Assignment:

1. Write, accomplish, and evaluate externship-based learning objectives.

2. Write weekly reports on externship experience, using 2-page form.

3. Identify, justify, and prioritize services needed by three to five clients. Examining community organization, find two resources within the clients' community. Write a 1-2 page summary report.

4. Observe a health team member performing a home visit. Write

a 1-2 page observation paper. Present during seminar.

5. Scenario summary, 1-2 pages. Pick a scenario that demonstrated your personal and professional limits when dealing with an ethical issue with a client. Examine how others on your health team might have handled the situation.

6. Practice effective cultural competency techniques. Include a successful or problematic situation in each weekly report and discuss during seminars.

7. Outreach: Make home visit(s) with another team member or CHW. Write field notes regarding experience and present in class.

8. Outreach: Link a client to appropriate services, advocating for her/him, and follow up with the client after the services to evaluate outcome. Present in seminar. Include health team involvement and any outreach difficulties.

9. Outreach: Describe and evaluate health team interactions and outreach activities at work sites. Include problem-solving and decision making steps.

10. Gather information about 2-4 vulnerable population health issues

during your outreach. Add data, to expand your knowledge of the health issues, from internet research. Write a 2-4 page paper on each individual and their health issue and present to class during seminar. Include health promotion opportunities in your paper.

11. Practice critical thinking, problem solving, and decision-making techniques involved with home visits and other outreach. Include comments in weekly reports and discuss challenges during seminars.

12. Attend eight seminar sessions and incorporate appropriate actions and revisions in weekly objectives.

13. Role-play scenarios, discuss effective outreach techniques as well as conflict management techniques that could be incorporated in objectives and at work site.

14. Meet with instructor and community supervisor at least two times during semester to review packet of relevant materials, including student health information and immunizations, confidentiality statement, task sheet, time sheet, and evaluation.

15. Each week, have supervisor verify and initial hours worked.

16. Write a two to three page paper about community outreach experience.

17. Meet with instructor at end of semester to discuss evaluations and overall experience.

18. Reading: approximately 5 pages per week.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Objectives; weekly reports; papers.

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field work

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Outreach skills; presentations; comp. objectives.

**Exams:** All forms of formal testing, other than skill performance exams.

None

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Instructor/supervisor evaluations,

	Writing 10 - 25%
t	
	Problem solving 5 - 10%
11	
	Skill Demonstrations 40 - 70%
	Exams 0 - 0%

Other Catego	ry
15 - 45%	•

# **Representative Textbooks and Materials:** Instructor-prepared materials