

## Recommended Sequence of Courses

**Program of Study:** Kinesiology: Athletic Training Preparation

**Department:** Physical Education

**Coordinator:** Monica Ohkubo (707) 527-4457

**Effective:** Spring 2012

| Course Number                      | Course Title   | Units       |
|------------------------------------|--|-------------|
| <b>First Semester</b>              |  |             |
| BIO 10                             | Introduction to Principles of Biology                          | 4.0         |
| KINES 4                            | Care and Prevention of Athletic Injuries                       | 3.0         |
| Elective                           | General Education Courses                                      | 8.0         |
| <b>First Semester Unit Total:</b>  |  | <b>15.0</b> |
| <b>Second Semester</b>             |  |             |
| Requirement                        | CHEM 1A or CHEM 4A or CHEM 42 or CHEM 60                       | 4.0         |
| LIR 10                             | <i>Information Literacy</i>                                    | 1.0         |
| Restricted Elective                | See program website for list (KINES 62A)                       | 2.0         |
| Elective                           | General Education Courses                                      | 5.0         |
| Elective                           | Free Electives or Additional Courses from Restricted Electives | 3.0         |
| <b>Second Semester Unit Total:</b> |  | <b>15.0</b> |
| <b>Third Semester</b>              |  |             |
| ANAT 1                             | General Human Anatomy  | 5           |
| Restricted Elective                | See program website for list (KINES 62B)                       | 2.0         |
| Elective                           | General Education Courses                                      | 5.0         |
| Elective                           | Free Electives or Additional Courses from Restricted Electives | 3.0         |
| <b>Third Semester Unit Total:</b>  |  | <b>15.0</b> |
| <b>Fourth Semester</b>             |  |             |
| PHYSIO 1                           | Human Physiology   | 5.0         |
| Requirement                        | FDNT 10 or MATH 15, or PHYED 1                                 | 3.0         |
| Elective                           | General Education Courses                                      | 4.0         |
| Elective                           | Free Electives or Additional Courses from Restricted Electives | 3.0         |
| <b>Fourth Semester Unit Total:</b> |  | <b>15.0</b> |

**Minimum units to meet program requirements: 60.0**

Notes: