

Human Services 80 – Introduction to Addiction Studies Fall 2023

Instructor: Meghan Murphy, MSW

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Office Hours: TBA

Class: Tuesday and Thursday 8:45-10:15am

Course Description

This course reviews the field of addiction studies which will include the history of alcohol and other substance abuse and its impact on American society and the family. It will cover an overview of theories of substance abuse and identification of signs and symptoms, as well as treatment resources and myths about abuse.

Student Learning Outcomes

Upon completion of the course, students will be able to:

1. Identify a variety of models and theories of addiction and other issues related to substance abuse.
2. Recognize behavioral, psychological, health, and social effects of substance abuse on the user and the user's family and friends.
3. Recognize how the family, social networks, and community systems are factors in addiction prevention.
4. Interpret research and outcome data.

Objectives

Upon completion of this course, the student will be able to:

1. Compare and contrast models and theories of addiction.
2. Evaluate past and present social policy conflicts regarding substance use in American society.
3. Describe the most generally accepted and scientifically supported models of treatment in recovery, relapse prevention and other substance-related issues.
4. Examine the importance of family, social network and community support in alcohol and other substance recovery.

Required Text

Fields, R. (2021). *Drugs in Perspective: Causes, Assessment, Family, Prevention, Intervention, and Treatment* (10th ed.). McGraw Hill.

Hari, J. (2016). *Chasing the Scream: The First and Last Days of the War on Drugs*. Bloomsbury Publishing.

Class Schedule *dates are subject to change to best meet class needs

August 15 th	Welcome, introduction, syllabus, overview, history of drug use Required reading for this session:
August 17 th	Models and Theories of Addiction Required reading for this session: Drugs in Perspective ch 1 & Chasing the Scream Introduction and ch 1
August 22 nd	Reasons Behind Drug Use Required reading for this session: Drugs in Perspective ch 2 & Chasing the Scream ch 2 and 3
August 24 th	Drugs – Categorization and Overview Required reading for this session: Drugs in Perspective ch 3 & Chasing the Scream ch 4
August 29 th	Assessment – Journals collected Required reading for this week: Drugs in Perspective ch 4 & Chasing the Scream ch 5 and 6
August 31 st	Motivation and Change Required Reading for this session: Drugs in Perspective ch 8 & Chasing the Scream ch 7
September 5 th	Motivational Interviewing Required Reading for this session: Chasing the Scream ch 8 and 9
September 7 th	More Motivational Interviewing Required Reading for this session: Drugs in Perspective ch 9 & Chasing the Scream ch 10
September 12 th	Treatment – Journals collected Required reading for this session: Drugs in Perspective ch 9 & Chasing the Scream ch 11 and 12
September 14 th	More Treatment Required reading for this session: Drugs in Perspective ch 12 & Chasing the Scream ch 13
September 19 th	Areas of Focus – share out – Papers Due Required reading for this session: Chasing the Scream ch 14 and 15
September 21 st	Addiction Prevention Required reading for this week: Drugs in Perspective ch 10 & Chasing the Scream ch 16

September 26 th	Family Systems: Impact of Substance Use – Journals collected Required reading for this session: Drugs in Perspective ch 5 & Chasing the Scream ch 17 and 18
September 28 th	Family Systems: Risk Factors for Substance Use Required reading for this session: Drugs in Perspective ch 6& 7
October 3 rd	Co-occurring Disorders Required reading for this session: Drugs in Perspective, ch 11
October 5 th	Closing and Final – Journals collected and returned Required reading for this session:

Assignments

Assignments must be submitted on time. Late assignments may not be accepted unless previously arranged. Late assignments accepted will be accepted with a point penalty.

Participation in Class: Participation will be based upon in-class discussion and activities. Students will be expected to participate in small and large group discussion and activities. It is important that students inform me if they are unable to do so during a particular class as accommodations can be made. Academic rigor, robust discussion, and diverse viewpoints are welcome and important in the pursuit of learning. Students are expected to use the utmost in respectful and inclusive language. Insults, bullying, and intentional misinformation will not be tolerated as they limit and interfere with the learning experience.

Asynchronous Activities: Asynchronous activities are assignments given to students to be done independently. These activities will be designed to expand learning beyond class time. Activities will be assigned on Thursdays and collected the following Tuesday.

Journal: Students will be expected to keep a journal focused on their key learnings. The purpose of the journal is to give students a place to process the material they are being presented with. Journals will be graded based on completion, not on whether the student agrees with the material.

Students are expected to make entries at least two days each week. Journal entries should be at least one page and should include the following:

- Reflections on material from texts, asynchronous activities, and readings (include book name and page numbers for text material)
- Feelings and thoughts about the material, things that relate to personal experience or experience of friends/family, things that are confusing or seem incorrect

Journals will be collected at four points during the course and will be graded on the presence of the appropriate number of entries.

Paper: Analysis of a Particular Area of Interest: Due 9/19 by the start of class

4-6 page paper analyzing a specific topic of interest to the student. Additional resources specific to the topic will be given to students. Information on the structure and contents of the paper will be provided in class.

- Topic selection due by: 8/24
- Final paper due by: 9/19

This paper must be formatted using features of APA. Your name, the date, and the name of the assignment should appear in the top right-hand corner of the first page. All sources must be cited on a reference page. While correct grammar, spelling, and punctuation are expected of college level work, it is also understood that students in this course do not have the benefit of the on-campus writing center and this will not factor into the grade.

Final Exam: There will be a final during the final class that will be comprised of multiple-choice, short answer, and essay questions. The material covered by the final will include information from class presentations and assigned reading. There will be material on exams covered in one only venue (i.e. reading OR class presentations). The final will be comprehensive and cover material from the entire course.

Grading Structure

Assignment	Points
Participation in Class	150 points
Asynchronous Activities	100 points
Journal	100 points
Paper	100 points
Quizzes	100 points
Final	50 points
Total Possible Points	500 points

450-500 points = A

400-449 points = B

350-399 points = C

300-349 points = D

<300 points = F

Students Services

Student Services can be reached online at: <https://onlinestudentservices.santarosa.edu/>. Some key resources are:

- Disability Resources is online at: <https://drd.santarosa.edu/>. If you feel you need assistance in any of your classes counselors are available to help you in the process. (707) 527-4278 or disabilityinfo@santarosa.edu
- Academic Tutoring is online at: <https://onlinestudentservices.santarosa.edu/academic-tutoring>
- Financial Aid services are online at: <https://financialaid.santarosa.edu/online-services>, staff are available to help you with applying for financial aid and understanding funding opportunities
- Health issues (physical and mental) can interfere with your academic success. Student Health Services is here to support you. Located in the Race Building Room 4017, details at <https://shs.santarosa.edu>

Student Conduct and Academic Integrity

Students will conduct themselves in a manner which reflects an awareness of common standards of decency and the rights of others. All students are expected to know the Student Conduct Code (<https://go.boarddocs.com/ca/santarosa/Board.nsf/goto?open&id=A8JTGP775682>) and adhere to it in class. Students who violate the code may be removed from class for up to two (2) class periods and referred to the Sr. Dean of Students, for possible discipline sanctions.

All written work is to be original; any act of academic dishonesty of any kind will result in a failing grade ('F') on that assignment. Students could be dropped from all their classes for a second offense of cheating or plagiarism. All Academic Integrity cases are documented and reviewed by the Sr. Dean of Students for possible additional sanctions. Please read the college statement on Academic Integrity at: <https://rightsresponsibilities.santarosa.edu/academic-integrity>

Student complaints/grievances

Students who feel their rights as a student have been violated by an instructor or staff member should first attempt in good faith to resolve the matter with the source of the complaint. If the student is dissatisfied with the outcome of this meeting, they may take their complaint to a Department Chair or Administrator for further review by a third party. If a resolution is not reached at this level, the student may file a formal grievance with the appropriate Dean/Supervising Administrator. For support and advice on the complaint/grievance process, a student may consult a Grievance Officer in the Student Life Office on either the Santa Rosa or

Petaluma Campus. For Santa Rosa, call (707) 527-4424; for Petaluma, (707) 778-4141. For the complete procedure, see <https://rightsresponsibilities.santarosa.edu/complaints-grievances>

The procedure is the same for complaints about academic matters including grades and curriculum. The student should begin by first talking to the instructor to attempt resolution. If this is unsuccessful, the student may then proceed with the steps as listed above. The appropriate path is faculty member, Department Chair, area Dean and finally, Vice President, Academic Affairs.

Complaints involving sexual harassment, race discrimination, sex discrimination and discrimination against those with disabilities, should contact the Vice President of Human Resources Office at (707) 527-4954. Reports of complaints of discrimination that proceed to investigation will be investigated by a person knowledgeable about discrimination matters and the investigation process will include, at a minimum, interviewing the complainant, other relevant witnesses, and gathering pertinent documentation.

Student appeals relating to Financial Aid decisions, rules and regulations should contact the Student Financial Services office in order to initiate the Financial Aid appeal process which follows established guidelines. The phone number is (707) 527-4471.

Special Needs

Any student who has special needs of which the instructor should be aware should inform the instructor at the first class session. Accommodations can be made for any aspect of class participation and assignments.