HIP HOP/FUNK I - DANCE 21.1, Section 2446 SYLLABUS

Course Title: Dance 21.1 Hip Hop / Funk I Course Code: Section 2446

Department: Kinesiology, Athletics, & Dance Units: 1.5

Classroom: Tauzer Building Rm 905, Santa Rosa Campus

Days/Times: Mondays & Wednesdays **9:00am-10:30am**Instructor: Lea (Brown) Poisson

Email: Lpoisson@santarosa.edu (Preferred method of contact outside of class!)

Office Phone/Voicemail: 527-4999 ext. 5084 Office Hours: Mondays 10:30-11:15am, Tauzer 958

FINAL EXAM: Wednesday, December 18th, 2019 7:00am-9:45am

Catalog Course Description:

This course will introduce students to the fundamentals (Level I) of the hip hop/funk dance style derived from the current dance vernacular and culture. Classes will include warm-up exercises, isolations, floor stretches, and strengthening specific to the hip hop/funk style of dance. This course will also include locomotor movements ("across-the-floor") and center combinations.

* This course section will be taught in combination with a Dance 21.2 Hip Hop/Funk II.

Prerequisites: It is highly Recommended students Complete the course Dance 10 (or Dance 80.1)

AA Degree Applicable Grading: Grade or P/NP Repeatability: Two Repeats if Grade was D, F, NC, or NP

COURSE CONTENT

Student Learning Outcomes: Upon the completion of this course, students will be able to:

- 1. Execute and analyze beginning (Level I) hip hop/funk dance sequences using applicable dance vocabulary.
- 2. Perform beginning (Level I) hip hop/funk dance choreography.
- 3. Choreograph a beginning (Level I) hip hop/funk dance combination.

Objectives: Upon completion of this course, the student will be able to:

- 1. Identify beginning (Level I) hip hop/funk dance movements using appropriate terminology.
- 2. Perform beginning (Level I) hip hop/funk walks, footwork, and movement combinations.
- 3. Recognize and verbalize proper counting, including the syncopated rhythms used in beginning (Level I) hip hop/funk dance movements.
- 4. Correlate beginning (Level I) dance movements to music.
- 5. Perform beginning (Level I) hip hop/funk coordination exercises, including isolations with footwork.
- 6. Retain beginning (Level I) movement patterns in across-the-floor and center sequences.
- 7. Demonstrate theoretical and physical understanding of biomechanically correct form as related to strength and flexibility.
- 8. Differentiate between safe and unsafe execution of various beginning (Level I) hip hop movements.
- 9. Practice beginning (Level I) dance injury prevention techniques.

Assignments: May include any or all of the following:

Homework:

- 1. Practice choreography/performance/dance skills in class and for approximately 1.5 hours/week outside of class.
- 2. Choreograph original dance movement either alone, with a partner or with a group.
- 3. Perform exercises to further strengthen and/or stretch muscle groups required to execute dance movements.
- 4. Reading of handouts and/or selected readings (5-10 pages per week)
- 5. Take final exam on dance terminology and basic biomechanics.
- 6. Written critique of a dance piece or performance (based on a performance from the current semester, or video viewing option). The instructor will provide or pre-approve a video or live performance.

In-Class:

1. Hip hop/funk dance technique activities assessed in terms of improvement; 2. Note-taking; and 3. Practice sessions

METHOD OF EVALUATION for FINAL SEMESTER GRADE:

FINAL SEMESTER GRADE:

All grades will be totaled and a grade assigned. \Rightarrow 90-100=A; 80-89=B; 70-79=C; 60-69=D; 0-59=F

Skill Demonstration – 35%

→ Midterm 15% (Monday, October 14th and Wednesday, October 16th - No Make-Ups!)

Performance of across-the-floor movement & a choreographic phrase, with some possible group work and freestyle.

→ Final 20% (Wednesday, December 18th - No Make-Ups!)

Performance of a choreographic phrase, plus choreograph original dance movement with a small group.

Terminology Exam – 10% (Wednesday, December 18th - No Make-Ups!)

Hip Hop Vocabulary/History Quiz that will be on information taught in class. This will be any combination of True/False, Multiple Choice, Matching items, and/or Short answer/essay.

Participation - 45%

There are 32 class meetings in this semester. Students must **fully** participate in 30 or more of these classes, each worth up to 1.5 points, to earn the total 45 participation points. A student may observe class and take notes versus some physical participation, due to personal/health reasons, if need be. Beyond 1 day of observations/note-taking, there must be medical clearance discussed with the instructor for participation credit.

* Lateness Policy: If a student arrives 10 minutes or more after class has started physical movement, he/she may not physically participate in the activities but may take notes and check in with the instructor at the end of class to receive participation credit. Credit will only be given up to two times this way, unless arranged prior with the instructor.

Dance Performance Response Essay Paper – 10% (Wednesday, December 18th - No Make-Ups!)

- The paper should be in **essay form**, **2 to 3 pages**, typed, double-spaced, with 1 inch margins, and 10-12 font size.
- Speak with the instructor if it is impossible for you to see a live performance. **Pre-approved** films, instead, may be possible.
- Whether the paper is a response to a film or a live dance performance, the body of the essay should only be about the

HIP HOP DANCING/MOVEMENT and not about the plot, acting, etc. Include at least 10 specific dance moves/sequences.

- Attach some sort of proof of your presence at the show, such as a ticket or receipt or renting a film.
- *All papers, including Extra Credit (see instructor), are due within 1 week from viewing any performance/film!
- *Late Work Policy: Paper may be up to 3 days late, with each day late resulting in a 10% grade deduction.
- *Extra Credit Additional Dance Performance Response Essays earn up to 3% per (no later than December 18th)
- Follow the format of the above required essay, unless another idea is discussed and pre-approved by the instructor.

INSTRUCTIONAL METHODS:

Lecture, Research Online, Student Participation, Cooperative Grouping, Small Group/Partnering

PASS/NO-PASS:

This course may be taken for Pass/No-Pass, which students must sign up for on their own before the designated deadline. Students must have an "A," "B," or "C" when the instructor is determining the Final Semester Grades to receive Passing credit for the class (a "Pass" on their records). A "D" or an "F" will result in a "No- Pass."

DRESS:

- → Hygeine: Before class/daily, please bathe/shower, apply deodorant, brush teeth, etc. Do not wear lotion or fragrances.
- → Attire: Clothes that are easy to move in (for exercising/dancing in). Baggy clothing is acceptable in this class, but clothing should be somewhat fitted, helping the instructor to see the body and how it moves. Jeans are NOT recommended!
- → Footwear: Sneakers/tennis shoes versus dance shoes that are made for other dance forms such as jazz or ballet shoes. Also, dancing in socks without shoes is also unsafe in this class, and is NOT adequate footwear.
- → Jewelry/Accessories: do not wear any dangly or bulky jewelry/accessories, such as hoop earrings or big watches.
- → Knee pads are recommended. It is recommended that knee pads are always brought to class.
- → No gum chewing or eating food is allowed in the classroom.
- → Please bring water, and possibly a towel!

GENERAL INFORMATION AND EMERGENCY PLAN

- 1. Your **Syllabus** is your **Contract** between the student and the instructor, so do make sure that you receive it, read it, and understand all of its contents. Follow it. Do not lose it! It is **your responsibility to know what is expected and required from you** for this class.
- 2. **ACADEMIC DISHONESTY:** Any student who employs dishonest tactics shall be subject to action ranging from severe reprimand to a grade of "F." Academic work is evaluated on the assumption that the work presented is the student's own newly composed, unless designated otherwise. Plagiarism (including self- plagiarism), cheating, and other forms of academic dishonesty or facilitating any such act are not acceptable conduct at Santa Rosa Junior College. Every student is responsible for understanding the categories as listed in the SRJC Student Handbook.
- 3. Absolutely **NO CELL PHONES, IPODS, OR ANY OTHER ELECTRONIC DEVICES/EQUIPMENT** allowed on in class. It is highly disrespectful and inappropriate to use your cell phone either by voice, or by texting, in class, so please TURN THEM OFF *prior to entering* class (not on vibrate). If there is a short break (for water, for example), please do not hesitate to come back when the break is over due to using these devices on break. The proper etiquette is to *keep them off* during class, so please be respectful! This includes the use of **recording video footage** of class activity. You may not record footage of class unless it is pre-approved by the instructor, and anyone being taped! If a recording is done, this *should not be placed online*, unless otherwise clearly decided by the instructor/performers!
- 4. In accordance with the mission statement of the Kinesiology, Athletic & Dance (KAD) Department at SRJC, we welcome a diverse cross-section of the student population. Due to the nature of instructing individual activity skills, it is often necessary to **physically make contact with a student**. If this will place you in a hostile learning environment, please communicate your concerns to the instructor.
- 5. If you have **medical concerns** or any other personal problems, which may be a factor in your performance within the class structure, please feel welcome to discuss this confidentially with your instructor.
- 6. In the event of instances, which involve the presence of **blood and/or other body fluids**, universal precautions will be carefully followed. The precautions include; using gloves, careful waste disposal, adequate disinfectants, modification of CPR and hand washing.
- 7. In the event of an **emergency**, please know the exit routes for this particular facility. The nearest staffed phone and support services are located in the equipment room. 8. Please remember that **SRJC** is **not crime-free**. Practice safety awareness procedures, such as using the buddy system (especially late at night or early in the morning), and being vigilante in closed areas like restrooms and locker rooms, and in parking lots & when going or coming from your car. Never stay in a facility alone, know the exits & entrances of the facility. In case of emergency, **CALL CAMPUS POLICE at 527-1000** (just the x1000 from an on campus phone), or call the Police at 911.
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- 9. Students with **disabilities** who believe they may need accommodations in this class are encouraged to contact Disability Resources as soon as possible to better ensure such accommodations are implemented in a timely fashion. They can be reached at 527-4278, SR campus; or 778-2491, PC.
- 10. Santa Rosa Junior College is committed to providing equal opportunities for all students, employees, and applicants regardless of race, color, sex, age, religion, marital status, sexual orientation, disability or national origin. SRJC Students are expected and required to abide by the **Student Conduct Standards**. Violation of the Standards is basis for disciplinary sanction, including dismissal from class or from the college. For more info: HYPERLINK "http://www.santarosa.edu/for students/rules-regulations/student-conduct.shtml"
- 11. **RESPECT:** We believe that the best way to learn is through active participation; therefore, we respect others when talking by being on-time, listening actively, and by being polite even when we disagree with another's viewpoint.

Important Dates for SPRING SEMESTER 2019:

August 19, 2019 - CLASSES BEGIN

August 25, 2019 (Sunday) - Last day to register/add without instructor's signature or add code September 1, 2019 (Sunday) - Last day to drop semester length class and be eligible for a refund

September 2, 2019 (Monday) - Labor Day Holiday (No classes)

September 8, 2019 - Last day to register/add with the instructor's signature or add code

September 8, 2019 - Last day to drop a class without "W" symbol

September 9, 2019 - First Census Day

September 17, 2019 - Constitution Day and Citizenship Day (Classes will meet)

September 29, 2019 - Last day to opt for P/NP

October 14 AND October 16 (Monday AND Wednesday) - In-Class Midterm

November 11, 2019 - Veterans Day Holiday (No classes)

November 12, 2019 - Professional Development Flex Day (No classes or activities)

November 17, 2019 - Last day to drop a class with "W" symbol

November 28 - December 1, 2019 - Thanksgiving Day Holidays (No classes)

November 29, 2019 - Professional Development 1/2 Flex Day (No classes or activities)

December 18, 2019 - Final Examinations (Wednesday, December 18th 7:00am-9:45am)

Dec 21, 2019 - Jan 12, 2020 - Semester Break (No classes)

January 3, 2020 - Final grade rosters due

January 4, 2020 - Fall semester processing finalized