

# **FDNT 62, Nutrition and Diet Therapy Section 1237, 1281, and 2372 Fall 2018 Course Syllabus**

## **Course Description**

Introduction to nutrition and its role in health, disease risk reduction and treatment of disease. Modification of the diet, nutrient intake and mode of nutrient delivery for stress conditions such as diabetes, intestinal tract disorders and diseases of the liver and kidneys. Intended for students in nursing and other health care fields.

Recommended Preparation:

Eligibility for ENGL 100 or ESL 100 and Course Eligibility for MATH 150A

## **Student Learning Outcomes**

Upon completion of this course, students will be able to:

1. Determine nutritional adequacy of a given diet and make scientifically sound recommendations for health promotion and disease prevention.
2. Identify specific disease states with nutrition implications and apply appropriate dietary recommendations.
3. Use clinical observations to identify nutrition related problems, adjust care as needed, and refer to nutrition expert for intervention, as appropriate.

## **Class Meetings**

This is a fully online section with no mandatory face-to-face meetings/activities.

## **Instructor Contact**

**Joyce Giammattei, DrPH, RD, CDE**

Email: [jgiammattei@santarosa.edu](mailto:jgiammattei@santarosa.edu)

Office Hours: individualized per request

I respond to emails within 4 hours.

## **Course Web Site**

Students will use the Canvas course web site for assignment instructions, submitting assignments, viewing classmates' work, sharing resources, and viewing grades.

# Textbook and Software

**Bundle:** Nutrition for Health and Health Care; Loose-Leaf Version; 6th + Diet and Wellness Plus; 2 terms (12 months) Printed Access Card; 6th Edition

**AUTHORS:** DeBruyne/Pinna - ©2017

**ISBN-10:** 1-337-73965-0

**ISBN-13:** 978-1-337-73965-8

Text book only:

**ISBN-10:** 1-305-62796-2

**ISBN-13:** 978-1-305-62796-3

Software only: Online diet analysis program (Diet and Wellness Plus) purchased either bundled with textbook or purchased separately through publisher (Cengage). May also access the older version in Maggini Business computer lab (2nd floor, Room 2811)

**Diet and Wellness Plus; 2 terms (12 months) Instant Access; 1st Edition**

**AUTHORS:** Cengage Learning/Dunford/McGuire/Doyle/Beerman - ©2014

**ISBN-10:** 1-285-85620-1

**ISBN-13:** 978-1-285-85620-9

You can locate and order textbooks online via the [SRJC Bookstore](http://www.srjcbookstore.com) or through Cengage publishers microsite where you can purchase the text book bundle or Diet and Wellness Plus access code:

<http://services.cengagebrain.com/course/site.html?id=2254033>

## Important Dates

Day Class Begins: August 20, 2018

Day Class Ends: December 21, 2018

Last Day to Add without instructor's approval: 8/26/2018

Last Day to Drop with refund: 9/2/2018

Last Day to Add with instructor's approval: 9/9/2018

Last Day to Drop without a 'W' symbol: 9/10/2017

Last Day to Opt for Pass/No Pass: 9/30/18

Last Day to Drop with a 'W' symbol: 11/18/2018

Thanksgiving break 11/22/18-11/25/18

Final exam 12/15/18-12/21/18

## **Dropping the Class**

If you decide to discontinue this course, it is your responsibility to officially drop it.

## **Attendance**

Students who have not logged on and participated by 11:59 pm Pacific Time on the second day of the semester (August 22, 2017) will be dropped by the instructor.

## **Pass/NoPass (P/NP)**

You may take this class P/NP. You must decide before the deadline, and add the option online with TLC or file the P/NP form with Admissions and Records. With a grade of C or better, you will get P.

You must file for the P/NP option by . Once you decide to go for P/NP, you cannot change back to a letter grade. If you are taking this course as part of a certificate program, you can probably still take the class P/NP. Check with a counselor to be sure.

## **Instructor Announcements and Q&A Forum**

The instructor will post announcements on the Instructor Announcements page in Canvas throughout the semester. Canvas notifies students according to their preferred Notification Preferences.

## **Late Policy**

All assignments are due at midnight PST on the due date. **No late submissions will be accepted.**

## Exams

There are 2 midterms and one cumulative final exam in this class. There will be no makeup exams in this class and no alternate exam dates are offered. Each exam is 50 questions, (multiple choice and true/false), it is open book, open notes. You have 90 minutes to complete each midterm exam. The final exam is worth 100 points and you have 2 hours and 45 minutes to take the exam. Each exam will be open for exactly one week, it is your responsibility to take the exams by the due date. You have one opportunity during that week to log in and take the exam. The material comes from the textbook, class lectures and supplemental materials. If any exam is missed, a zero will be recorded as the score.

There are 23 quizzes in this class, one for each chapter. Each quiz contains 5 questions and you have 15 minutes to complete the quiz. Quizzes are open book and open notes. You have one opportunity during that week to log in and take the quiz.

## Grading Policy

Click the Grades link in Canvas to keep track of your grades. I grade once a week and post grades and comments in the Canvas gradebook.

Grades will be assigned as follows:

A

90%

540 points or more

B

80%

480 to 539 points

C

70%

420 to 479 points

D

60%

360 to 419 points

If taking Pass/No Pass you need at least 70% of the total class points and complete the midterm exam and the final exam to pass the class.

## **Standards of Conduct**

Students who register in SRJC classes are required to abide by the SRJC Student Conduct Standards. Violation of the Standards is basis for referral to the Vice President of Student Services or dismissal from class or from the College. See the [Student Code of Conduct page](#).

Collaborating on or copying of tests or homework in whole or in part will be considered an act of academic dishonesty and result in a grade of 0 for that test or assignment. Students are encouraged to share information and ideas, but not their work. See these links on Plagiarism:

[SRJC Writing Center Lessons on avoiding plagiarism](#)  
[SRJC's statement on Academic Integrity](#)

## **Special Needs**

Every effort is made to conform to accessibility standards for all instructor-created materials. Students should contact their instructor as soon as possible if they find that they cannot access any course materials. Students with disabilities who believe they need accommodations in this class are encouraged to contact Disability Resources (527-4278).

## **List of assignments**

**Note to students:** the assignments listed below are in alphabetical (not chronological) order. To see them listed by due date, go to *Modules*.