



KINESIOLOGY, ATHLETICS & DANCE**FALL 2017***Course Title:* Lyrical Dance 14.2 (II)*Department:* KAD*Course Code:* Section 2608(II)*Units:* 1.5*Days:* Monday/Wednesday*Class Hours:* 1:30-3:00*Instructor:* Casandra Hillman*Classroom:* Tauzer 951*Office Hours:* M/W- 11:00-1:00

TH- 11:00-1:00

Office Phone (707) 527-4260

Friday - 10:00-12:00 by apt

Office: Quinn Center 1025*E-mail:* chillman@santarosa.edu

FINAL EXAM DATE AND TIME: December 20th 1:00-3:45**REQUIRED MATERIALS:**

- ✓ Notebook
- ✓ CANVAS
- ✓ Dance socks or Dance Paws

ADDITIONAL SUGGESTED MATERIALS:

- ✓ Video capabilities
- ✓ Water bottle
- ✓ Thera-band, tennis ball

SUGGESTED TEXTS: No Suggested Text

COURSE DESCRIPTION: Lyrical dance draws from ballet, modern, jazz, and contemporary techniques. This Level II course follows a dance class format including center warm-ups, progressions, and combinations. The choreography focuses on interpretation of the mood of the music or the lyrics of the songs.

ADDITIONAL COURSE INFORMATION: This class is based on technique, sincere emotion, and a thoughtful use of music with accents and body alignment. It will focus on a solid vocabulary of elements that will help the dancer retain and understand the choreography. Choreography will consist of strong and dynamic movements, direction changes, quick turn sequences, and emphasis on foot position and working in forced arch. Attention to detailed movement is key to success in this class. Being a great dancer is a process and doesn't have to be achieved in one day. Students will be encouraged to be a "smart" dancer (i.e. taking corrections, being aware of their body, paying attention to musicality, watching and learning from others...etc.) they will be successful.

PREREQUISITES: Recommended Preparation Course Completion of DANCE 14.1 or 11.1

STUDENT LEARNING OUTCOMES:

1. Execute and analyze Level II lyrical dance sequences using applicable dance vocabulary.
2. Perform Level II lyrical dance choreography applying Level II techniques, musicality and performance skills.

OBJECTIVES:

Upon completion of the course, the student will be able to:

1. Demonstrate Level II competence in the ballet, jazz, and modern dance skills incorporated in lyrical dance choreography.
2. Incorporate Level II lyrical dance performance skills such as expressive movement quality and appropriate facial expressions in the context of a lyrical dance class.
3. Choreograph a Level II lyrical dance combination.
4. Differentiate between lyrical dance and other dance genres including ballet, modern, jazz, and contemporary dance genres.
5. Demonstrate musicality in the performance and choreography of a Level II lyrical dance movement.
6. Apply knowledge of lyrical dance to the analysis of dance pieces viewed in a live or video performance.

CLASS TIME: Classes will meet every Monday/Wednesday 1:30-3:00. (Please do not get into the habit of arriving at late. Missing warm-up leads to injury.

ATTENDANCE: Students may miss 4 classes. Students who miss five or more classes will be dropped. You may receive credit for TWO absences by taking another, pre-approved, ballet or contemporary technique class.

TARDINESS: Arriving late (10 minutes or more) and/or leaving early will affect participation and grading, as points will be deducted. **Three late arrivals will automatically cause your grade to be lowered one letter grade and cannot be made up with extra credit points.** If you are late, enter the studio quietly and take your place without disturbing other students who are already working. Students arriving after roll is taken are responsible for getting signed in or they will be counted absent.

ILLNESS OR INJURY: Students are expected to attend class on a regular basis and participate at their ability level. Dance is a movement practice and participation and attendance is crucial to success. If a student attends class and is unable to participate in class due to an illness, injury the student will need to provide a one page typed OBSERVATION PAPER in order to receive credit for the day. This paper is due at the next class meeting and can be found on Canvas. **PLEASE DO NOT TURN IN A HAND WRITTEN RESPONSE.** A student is allowed two (2) observations unless the student presents a written notice from a physician before the beginning of class stating he/she may not participate in any physical activity. The observation paper must address the items on the handout.

LETTER GRADE OR P/NP:

A = 90 – 100	B = 80 – 89	C = 70 – 79	D = 60 – 69	F = 59 – downward
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*Mastery of the Course Material- 20% Students will be assessed on your personal and artistic growth as a dance student, the effort you put into your execution of the class material, your contributions to the class learning community, the rigor of your approach to your composition exercises, and creativity demonstrated in studio practice.

To be successful in mastering course material Students should:

1. Practice weekly the lyrical technique skills and/or choreography covered in class sessions.
2. Memorize and practice sequences.
3. Perform exercises during class with full focus and energy.
4. Execute lyrical movements with clarity and precision.

*Written Exercises- 10% Students will be given two written assignments. These assignments can be found on Canvas.

*Participation and Attendance- 50% **Mindful participation is the only way to meet the objectives of this course.** Students will be assessed based on their commitment to classroom learning and the effort they put into class. If you do not attend class, you will not receive the participation points for the day.

*Midterm and Final Assessment- 20% There will be two assessments: the midterm and final. The midterm will take place on **THURSDAY OCTOBER 18TH** during class time. Students will be assessed in groups of 2-3 on the improvement of their practice of class exercises and their performance of a final combinations given during the semester. *NOTE: It is the student's responsibility to be aware of their grade at all times. Grading will be updated on a bi-weekly basis on CANVAS. Students should maintain a folder with class notes, handouts, and submitted papers/work.

LATE WORK / MAKE-UP EXAM POLICY: There are no make-ups for the midterm or the final.

ATTIRE:

Comfortable dance attire that allows you to move freely: leggings, tights, a leotard or dance shorts, dance pants, fitted tops that fully cover the torso, etc. NO hooded tops, hats, jeans or other non-stretch pants, dangling jewelry, large hoop earrings etc. Long hair must be tied back. Dance paws, socks or bare feet are allowed. You can purchase jazz shoes or dance paws at www.discoutdance.com.

ETIQUETTE:

- TURN YOUR PHONE TO SILENT OR OFF!!
- Find your focus when in class. Commit to being present and alert the entire time.
- Please do not chew gum or eat food during class or breaks.
- Please be attentive to hygiene.

ADDITIONAL CLASS INFORMATION:

STUDENT CONDUCT: We will conduct ourselves in a manner which reflects our awareness of common standards of decency and the rights of others. All students are expected to know the Student Conduct Code (http://www.santarosa.edu/for_students/rules-regulations/scs/section1.shtml) and adhere to it in this class. Students who violate the code may be suspended from two (2) classes and referred to Vice President of Student Services for discipline.

SOCIAL UTILITY USE: Be aware that the instructor is also on social networking sites and checks in often to those sites to be attuned to what is going on and stay in touch. Please know that what is posted on these types of pages is viewed by a wide array of people. Use wise judgment when posting.

SRJC CAMPUSES: Please remember that SRJC is not crime free. Please practice safety awareness procedures such as using the buddy system and being vigilant in all closed areas (restrooms/locker rooms) and in parking lots when coming or going from your car. In case of Emergency: **CALL DISTRICT POLICE at 527-1000 (just the extension 1000 from an on-campus phone) or call 911.**

EMERGENCY EVACUATION PLAN

In the event of an emergency during class that requires evacuation of the building, please leave the class immediately, but calmly. Our class will meet at **Bailey Field** to make sure everyone got out of the building safely and to receive further instructions. (*If the class is on a second or higher floor, provide clear directions to the stairs*). If you are a student with a disability who may need assistance in an evacuation, please see me during my office hours as soon as possible so we can discuss an evacuation plan.

ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES:

If you need disability related accommodations for this class, such as a note taker, test taking services, special furniture, etc., please provide the Authorization for Academic Accommodations (AAA letter) from the Disability Resources Department (DRD) to the instructor as soon as possible. You may also speak with the instructor privately during office hours about your

accommodations. If you have not received authorization from DRD, it is recommended that you contact them directly. DRD is located on the 3rd floor of the Bertolini Student Center on the Santa Rosa campus, and Jacobs Hall on the Petaluma Campus. *If you have medical concerns or any other personal problem which may be a factor in your performance within this class structure, please feel welcome to **confidentially** discuss this with your instructor.

TOPICS AND SCOPE

I. Theory

- A. Background and characteristics of lyrical dance
- B. Comparison of stylistic elements of lyrical dance to those of other dance genres (ballet, modern, jazz, contemporary)
- C. Level II dance terminology and corresponding movement vocabulary incorporated in lyrical dance

II. Level II lyrical dance skills and techniques

- A. Warm-up exercises
- B. Footwork and plies
- C. Legwork
- D. Alignment and limb placement
- E. Balance
- F. Stretching and strengthening
- G. Floor work
- H. Progressions (across the floor movements)
- I. Center floor combinations
- J. All of the above include practice in assimilation and retention of Level II dance sequences

III. Level II lyrical dance performance skills

- A. Emotional expressiveness
- B. Facial expression
- C. Dynamic contrast
- D. Projection
- E. Performance energy
- F. Dealing with performance anxiety

IV. Musicality

- A. Expressing musical mood and color through movement quality
- B. Phrasing and rhythmical timing
- C. Accents
- D. Learning dance movement with and without counts (i.e. to lyrics or instrumentation of music)

V. Choreographing a Level II combination in the lyrical dance style

- A. May include improvisational experiences as a precursor to choreography
- B. Synthesis of lyrical dance vocabulary and stylistic elements with personal style

VI. Critiquing a dance performance in relation to lyrical dance

- A. Deciphering dance - what to look for in a dance performance
- B. Comparing and contrasting elements of a dance piece to characteristics of lyrical dance

ATTACHED:

1. Class Observation Form