

PHYED 87.1 Course Outline as of Fall 2003**CATALOG INFORMATION**

Dept and Nbr: PHYED 87.1 Title: BASKETBALL - BEG.

Full Title: Beginning Basketball

Last Reviewed: 2/12/2024

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	6	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly: PE 42.1

Catalog Description:

Introductory techniques of basketball.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: Introductory techniques of basketball. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: Area
CSU GE: Transfer Area

Effective: Inactive:
Effective: Inactive:

IGETC: Transfer Area

Effective: Inactive:

CSU Transfer: Transferable Effective: Fall 1981

Inactive:

UC Transfer: Transferable Effective: Fall 1981

Inactive:

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

The student will:

1. Identify and perform the fundamental skills of basketball.
2. Understand the rules of basketball.
3. Demonstrate the skills necessary to play in game situations.

Topics and Scope:

- I. Shooting
 - a. Stance
 - b. Form
 - c. Follow-through
 - d. Focus
- II. Passing/Catching
 - a. Chest
 - b. Bounce, overhead
 - c. Baseball
- III. Handling Skills
 - a. Right and left handed dribble
 - b. Speed dribble
 - c. Crab dribble
- IV. Defense
 - a. Individual - stance, footwork, one-on-one.
 - b. Team - help, screens, switches
- V. Offense
 - a. One-on-one
 - b. Pick & roll
 - c. Posting
- VI. Rebound
 - a. Offensive
 - b. Defensive
- VII. Rules, Regulations and Etiquette

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Short answer

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
40 - 60%

Representative Textbooks and Materials: