

CATALOG INFORMATION

Dept and Nbr: ATHL 37

Title: MEN'S VARSITY TENNIS

Full Title: Men's Varsity Tennis

Last Reviewed: 4/26/2021

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	2.00	Lab Scheduled	10.00	17.5	Lab Scheduled	175.00
		Contact DHR	0		Contact DHR	0
		Contact Total	10.00		Contact Total	175.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 175.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 65

Catalog Description:

Practice for and participation in intercollegiate competition, emphasizing skills, fundamentals and strategies.

Prerequisites/Corequisites:

Health and Safety.

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: Practice for & participation in intercollegiate competition; emphasizing skills, fundamentals & strategies. (Grade or P/NP)

Prerequisites/Corequisites: Health and Safety.

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

THE STUDENT WILL HAVE DEVELOPED:

- I. An understanding of the rules of tennis as they pertain to:
 - A. USTA interpretation.
 - B. California Community College Intercollegiate competition.
- II. The knowledge of a physical conditioning program and the understanding of why and how it is implemented into a competitive tennis format
- III. Advanced level skills and fundamentals necessary for intercollegiate tennis competition.
- IV. Advanced strategy for both singles and doubles intercollegiate tennis competition.
- V. The knowledge to understand and analyze individual and team play of other players.
- VI. The ability to develop a yearly practice and play plan which leads sequentially to the State Championship.

Topics and Scope:

- I. Pre Season Practice Routines.
 - A. Body conditioning.
 - B. Review of advanced strokes.
 - C. Drills emphasizing fundamentals.
 - D. Basic competition.
- II. Pre-Conference Practice Matches.
 - A. Match preparation - "game plan".
 - B. Practicing basic singles and doubles strategy.
 - C. Drills incorporating considerable movement.
- III. Conference Competition and Practice Routines.
 - A. Weekly practice plans developed.
 - B. Drills emphasizing balance and focus with movement.
 - C. Individual game plan for each opponent.
 - D. Individual practice routines developed.

- E. Analyzing competition.
- IV. Post Conference Competition and Practice Routines.
 - A. Drills emphasizing movement with focus.
 - B. Practicing advanced singles and doubles strategy.
 - C. Individual variations in planning for individual opponents - singles and doubles.
 - D. Reviewing in practice the "game plan".

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
25 - 60%

Exams: All forms of formal testing, other than skill performance exams.

MATCH PREP, STRATEGIES, EVALUATE

Exams
10 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
25 - 60%

Representative Textbooks and Materials: