

**DANCE 37.3 Course Outline as of Fall 2003****CATALOG INFORMATION**

Dept and Nbr: DANCE 37.3 Title: BALLROOM DANCE III

Full Title: Ballroom Dance III

Last Reviewed: 9/29/2008

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	6	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly: PE 32.2

**Catalog Description:**

A continuation of the fundamentals of social ballroom dance. Presentation of skills, technique and step patterns of greater complexity in foxtrot, waltz, cha cha and swing. Introduction of the basis skills and patterns of rumba, samba, tango, and Viennese waltz. May include performance in a dance concert.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of DANC 37.1 ( or DANCE 37.1 or PE 32.1)

**Limits on Enrollment:****Schedule of Classes Information:**

Description: The continuation of the fundamentals of social ballroom dance. Presentation of skills, technique, and step patterns of greater complexity in foxtrot, waltz, cha cha and swing. Introduction of the basic skills and patterns of rumba, samba, tango and Viennese waltz. May include performance in a dance concert. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANC 37.1 ( or DANCE 37.1 or PE 32.1)

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Times in any Comb of Levels

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>			Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective:	Fall 2000	Inactive:	Spring 2012
<b>UC Transfer:</b>	Transferable	Effective:	Fall 2000	Inactive:	Spring 2012

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

**Outcomes and Objectives:**

By the end of this course, students will be able to:

1. Demonstrate individually the step patterns with appropriate skills of the intermediate level of waltz, foxtrot, swing and cha cha and the basic level of rumba, samba, tango and Viennese waltz.
2. Demonstrate with a partner the step patterns of the above mentioned dances using all appropriate skills especially proper dance position, alignment and lead or follow.
3. Dance in partnership all the above mentioned dances in a social ballroom setting using a variety of step patterns and demonstrating all appropriate skills and technique.
4. Analyze the step patterns presented in this course using proper terminology as to all applicable technique, alignment, rhythmic elements, footwork, dance positions, timing of leads and count of the music.
5. Summarize historical and cultural information of the dances studied.
6. Compare and contrast the dances studied.

**Topics and Scope:**

- I. Intermediate level skills and patterns in waltz, foxtrot, swing and cha cha
  - A. Basic step patterns and skills review as preparation for new material
    1. Dance positions (holds) and posture
    2. Lead and follow
    3. Rhythm and count
    4. Footwork

5. Style
  6. Room alignment
- B. New step patterns and skills
1. More complex combinations of dance position, rhythm, lead/follow, footwork and turn amount
  2. Continuity within and between patterns
  3. New skills
    - (a) Pivot turn
    - (b) Corkscrew turn
    - (c) Swivel
    - (d) Chassis
    - (e) Torso lead and follow
    - (f) Body ripple
  4. Rhythm syncopations
  5. Swing style or type variations
    - (a) West Coast
    - (b) Lindy
    - (c) Flying Lindy
    - (d) Jive
  6. Styling
    - (a) Cha cha upper and lower body Cuban motion
    - (b) Waltz and foxtrot rise and fall
    - (c) Head, arm and hand movement
    - (d) Swing variations: bounce, smooth or jump
- II. New Dances: rumba, samba, tango, Viennese waltz
- A. Historical origins
1. Role of music
  2. Cultural influences
- B. General characteristics
1. Spot or body flight dance
  2. Rhythm or smooth dance
  3. Basic rhythms, tempos and music
- C. Basic step patterns and skills
1. Dance position and posture
  2. Footwork
  3. Lead/follow
  4. Continuity within and between patterns
  5. Room alignment for tango and Viennese waltz
  6. Relationship to previously learned patterns in same and other dances
- D. Specific style characteristics
1. Rumba Cuban motion
  2. Viennese waltz rise and fall
  3. Tango crouch, drag, contrabody dance position fan
  4. Samba bounce and roll
- III. Floorcraft
- A. Line of dance travel and room alignment
- B. Spatial awareness
1. Other couples on the dance floor
  2. Immovable objects such as walls
- C. Problem solving
1. Crowded conditions

2. Rouge dance

IV. Musicality

- A. Various tempos
- B. Various musical styles for individual dances
- C. Meter recognition
- D. Phrasing dance to the musical phrases
- E. Personal interpretation of music

V. Vocabulary

- A. Step patterns
- B. Technique
- C. Dance positions
- D. Musical
- E. Room alignment

VI. Pattern analysis

- A. Elements of
- B. Methods of writing and diagramming

VII. Related topics in social dance

- A. Salsa, mambo and Latin influences
- B. Disco dances
- C. Country western dance
- D. International style ballroom
- E. Argentine tango

**Assignment:**

None

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category  
40 - 60%

**Representative Textbooks and Materials:**