

CATALOG INFORMATION

Dept and Nbr: PSYCH 5

Title: ABNORMAL PSYCH

Full Title: Abnormal Psychology

Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**  
Introduction to the major theoretical orientations, important psychotherapeutic methods, selected disorders including depression, schizophrenia and psychosomatic disorders and current issues in abnormal psychology.

**Prerequisites/Corequisites:**

**Recommended Preparation:**

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Introduction to the major theoretical orientations, important psychotherapeutic methods, selected disorders including depression, schizophrenia & psychosomatic disorders & current issues in abnormal psychology. (Grade Only)  
Prerequisites/Corequisites:  
Recommended:  
Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 1993	
<b>CSU GE:</b>	<b>Transfer Area</b>		Effective:	Inactive:
	D	Social Science	Fall 1994	
	D9	Psychology		
<b>IGETC:</b>	<b>Transfer Area</b>		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 1995	
	4I	Psychology		
<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1993	Inactive:
<b>UC Transfer:</b>	Transferable	Effective:	Fall 1993	Inactive:

**CID:**

**Certificate/Major Applicable:**

Not Certificate/Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

1. Describe the range of stress responses and identify those that are dysfunctional as well as explain several treatment approaches effective in relieving stress reactions.
2. Discuss how thoughts, feelings and behaviors affect our well being and cite research studies to support such discussions.
3. Explain why personality disorders are particularly difficult to diagnose and identify several forms of personality disorder, including the narcissistic, antisocial, borderline, and obsessive-compulsive disorders.
4. Explain the effects of substance abuse on both the individual and society and examine the causal factors contributing to such abuse.
5. Explain the categories used by the DSM to distinguish between the mood disorders and the schizophrenias.
6. Identify the mental disorders that result from organic causes such as physical trauma, disease, and exposure to toxic substances.
7. Distinguish between childhood and adult disorders and recognize the characteristics of several such disorders, including autism, the attention-deficit hyperactivity disorder, and the conduct disorder.
8. Characterize several therapy approaches and point out when and where they are most effective.
9. Record lecture material and relate that material to assigned readings.
10. Demonstrate critical, independent thinking and analytical skills in a variety of examinations.

## Topics and Scope:

1. The History of Abnormal Behavior
2. What is Abnormality?
3. Classifying Abnormal Behavior
4. Anxiety Disorders
5. Somatoform Disorders
6. Mood Disorders
7. Dissociative Disorders
8. Schizophrenia
9. The Antisocial Personality

## Assignment:

1. Attend class regularly and take extensive notes.
2. Carefully read and digest assigned material in the textbook and supplements.
3. Write papers in response to reading and lecture material.
4. Participate in class discussion.
5. Carefully prepare for all examinations.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Term papers

Writing  
10 - 25%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice

Exams  
75 - 90%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

Abnormal Psychology

Spencer A. Rathus

Jeffrey S. Nevid

Prentice-Hall, 1991

Abnormal Psychology

Irwin G. Sarason

Barbara R. Sarason

Prentice-Hall, 1993

Abnormal Psychology and Modern Life

Robert C. Carson

James N. Butcher

Harper Collins, 1992