

DANC 21.1 Course Outline as of Fall 2026**CATALOG INFORMATION**

Dept and Nbr: DANC 21.1 Title: HIP HOP/FUNK I

Full Title: Hip Hop/Funk I

Last Reviewed: 10/13/2025

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0.75	17.5	Lecture Scheduled	13.13
Minimum	1.50	Lab Scheduled	2.25	6	Lab Scheduled	39.38
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: DANCE 21.1

Catalog Description:

This course will introduce students to the fundamentals of Level I hip hop/funk dance style derived from the current dance vernacular and culture. Students will experience warm-up exercises, isolations, floor stretches, and strengthening specific to the hip hop/funk style of dance. This course will also include locomotor movements (across-the-floor) and center combinations.

Prerequisites/Corequisites:**Recommended Preparation:**

Course Completion of DANC 10.1

Limits on Enrollment:**Schedule of Classes Information:**

Description: This course will introduce students to the fundamentals of Level I hip hop/funk dance style derived from the current dance vernacular and culture. Students will experience warm-up exercises, isolations, floor stretches, and strengthening specific to the hip hop/funk style of dance. This course will also include locomotor movements (across-the-floor) and center

combinations. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANC 10.1

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area		Effective:	Inactive:
	L8	Student Success and Wellness	Fall 2025	
CSU GE:	Transfer Area		Effective:	Inactive:
IGETC:	Transfer Area		Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 2000	Inactive:
UC Transfer:	Transferable	Effective:	Fall 2000	Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Execute and analyze beginning Level I hip hop/funk dance sequences using applicable dance vocabulary.
2. Perform beginning Level I hip hop/funk dance choreography.
3. Choreograph a beginning Level I hip hop/funk dance combination.

Objectives:

At the conclusion of this course, the student should be able to:

1. Identify beginning Level I hip hop/funk dance movements using appropriate terminology.
2. Perform beginning Level I hip hop/funk walks, footwork, and movement combinations.
3. Recognize and verbalize proper counting, including the syncopated rhythms used in beginning Level I hip hop/funk dance movements.
4. Correlate beginning Level I dance movements to music.
5. Perform beginning Level I hip hop/funk coordination exercises, including isolations with footwork.
6. Retain beginning Level I movement patterns in across-the-floor and center sequences.
7. Demonstrate theoretical and physical understanding of biomechanically correct form as related to strength and flexibility.
8. Differentiate between safe and unsafe execution of various beginning Level I hip hop movements.
9. Practice beginning Level I dance injury prevention techniques.

Topics and Scope:

- I. Level I Warm-Up Exercise
 - A. Locomotor movement combination
 - B. Isolations and body articulations
 - C. Strengthening exercises
 - D. Stretching exercises
- II. Level I Across-the-Floor
 - A. Level I hip hop/funk walks, footwork, and movement combinations
 - B. Movement phrases used in weekly dance combinations
- III. Level I Hip Hop/Funk Combinations
 - A. Incorporation of Level I movements taught during the across-the-floor segments of class
 - B. Level I rhythmic interpretation of the movement in relationship to the music selection
 - C. General dynamics
 - 1. Style
 - 2. Attitude
 - 3. Presentation
 - D. Level I sight-reading of hip hop/funk footwork and movement vocabulary
 - E. Repetition of dance movement combinations and the effects on neuromuscular memory
 - F. Level I biomechanics as related to dance technique

All topics are covered in the lecture and lab portions of the course.

Assignment:

Lecture-Related Assignments:

- 1. Weekly practice of instructor choreography and dance skills covered during class sessions
- 2. Choreography of a hip hop/funk dance combination (solo, duet or group collaboration)
- 3. Performance of exercises to strengthen and/or stretch muscle groups required to execute dance movements
- 4. Written critique of a dance piece or performance
- 5. Reading of handouts and/or selected readings

Lab-Related Assignments:

- 1. Class performance: hip hop/funk dance technique activities assessed in terms of improvement
- 2. Performance exams
- 3. Final exam

Additional assignments as determined by instructor may include:

- 1. Hip hop/funk dance video viewing and analysis
- 2. Partner activities focusing on dance technique
- 3. Student choreography work sessions

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Critique

Writing 5 - 10%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, performance exams, choreographic project

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Exams

Exams
10 - 20%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation, additional assignments (if assigned)

Other Category
40 - 60%

Representative Textbooks and Materials:

Hip Hop Dance (The American Dance Floor). Rajakumar, Mohanalakshmi. Greenwood Publisher. 2012. (classic).

Hip-Hop Dance Mastery: Breaking, Popping, Locking & Power Moves: Master the Art of Hip-Hop with Step-by-Step Techniques and Pro-Level Strategies, Fink. Independently published (February 18, 2025)

Instructor prepared materials