

KINT 4 Course Outline as of Summer 2025**CATALOG INFORMATION**

Dept and Nbr: KINT 4 Title: BASKETBALL - INTRO

Full Title: Introduction to Basketball

Last Reviewed: 9/11/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	5	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: KTEAM 4

Catalog Description:

First-time basketball players will learn basic shooting, dribbling, passing, and defensive basketball techniques.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: First-time basketball players will learn basic shooting, dribbling, passing, and defensive basketball techniques. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Spring 2018	Inactive:	
UC Transfer:	Transferable	Effective:	Spring 2018	Inactive:	

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Execute the basic fundamental techniques of basketball
2. Apply basketball rules and game procedures
3. Participate in 3-on-3 and 5-on-5 basketball games

Objectives:

At the conclusion of this course, the student should be able to:

1. Perform basic basketball techniques for offense and defense
2. Analyze basic techniques of shooting, passing, and dribbling
3. Effectively participate in game scenarios
4. Demonstrate knowledge of the general rules of the game

Topics and Scope:

- I. General Rules of the Game
- II. Introductory Techniques for Offense
 - A. Passing
 - B. Shooting
 - C. Ball handling
 - D. Rebounding
 - E. Screening and using screens
 - F. Cutting
- III. Introductory Techniques for Defense
 - A. Stance
 - B. Sliding
 - C. Positioning
 - D. Boxing out
- IV. Game Scenarios
 - A. 3-on-3
 - B. 5-on-5

Assignment:

1. Practice and analyze introductory basketball fundamentals
2. Textbook reading (5-10 pages each week)
3. In-class competitive basketball situations (skill performances)
4. Performance exams (skill tests) throughout the semester
5. Quizzes and exams

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances; performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes and exams

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category
30 - 60%

Representative Textbooks and Materials:

Basketball Skills and Drills. 3rd ed. Krause, Jerry and Meyer, Don and Meyer, Jerry. Human Kinetics. 2008 (classic).

Instructor prepared materials