

KINT 1.1 Course Outline as of Summer 2025**CATALOG INFORMATION**

Dept and Nbr: KINT 1.1 Title: FOOTBALL PASSING GAME

Full Title: Football Passing Game

Last Reviewed: 2/27/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	6	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 17.50

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: KTEAM 1.1

Catalog Description:

In this football course, students will learn the passing game from both an offensive and defensive perspective. It will include a variety of offensive and defensive skills, strategies, techniques, and related football concepts.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: In this football course, students will learn the passing game from both an offensive and defensive perspective. It will include a variety of offensive and defensive skills, strategies, techniques, and related football concepts. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:

IGETC:	Transfer Area	Effective:	Inactive:
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CSU Transfer:	Transferable	Effective:	Summer 2010	Inactive:
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UC Transfer:	Transferable	Effective:	Fall 2010	Inactive:
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CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Analyze and react to various offensive and defensive tactics
2. Identify strengths and weaknesses of specific offensive and defensive strategies
3. Effectively participate in 7-on-7 and 1-on-1 passing situations
4. Execute and explain the techniques and drills of defensive/offensive passing game

Objectives:

At the conclusion of this course, the student should be able to:

1. Read defensive coverages and stems
2. Read offensive formations and motions
3. Demonstrate the ability to identify where an offense or defense is vulnerable
4. Execute training principles for football related skills
5. Execute route adjustments versus zone and man coverage
6. Identify defensive blitz alignments
7. Recognize various offensive formations

Topics and Scope:

- I. Defensive Alignments and Assignments Versus Offensive Formations, Motions, and Shifts
 - A. Coverages
 - B. Blitzes
 - C. Stems
- II. Offensive Alignments Versus Defensive Coverages and Stems
 - A. Routes
 - B. Reads
- III. Compete in 1-on-1 and 7-on-7 drills
- IV. Drill and Technique Principles for Football Related Skills

Assignment:

1. Offensive playbook
2. Offensive drill book
3. Defensive playbook
4. Defensive drill book
5. Field work (drills)
6. Quizzes (2-4)
7. Skill performances

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Offensive and defensive playbooks and drill books	Writing 10 - 20%
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Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%
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Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances, field work drills	Skill Demonstrations 20 - 30%
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Exams: All forms of formal testing, other than skill performance exams.

Quizzes	Exams 20 - 30%
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Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation	Other Category 40 - 50%
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Representative Textbooks and Materials:

Offensive Football Strategies. American Football Coaches Association. Human Kinetics. 2000 (classic).

Defensive Football Strategies. American Football Coaches Association. Human Kinetics. 2000 (classic).

Instructor prepared materials