#### ADLTED 749.1 Course Outline as of Fall 2025

## **CATALOG INFORMATION**

Dept and Nbr: ADLTED 749.1 Title: OSHA 30 CONSTRUCTION Full Title: OSHA 30--Construction Industry Procedures Last Reviewed: 2/12/2018

Units		Course Hours per Week	N	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	0	Lecture Scheduled	0	10	Lecture Scheduled	0
Minimum	0	Lab Scheduled	6.00	4	Lab Scheduled	60.00
		Contact DHR	0		Contact DHR	0
		Contact Total	6.00		Contact Total	60.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 60.00

Title 5 Category:	Non-Credit
Grading:	Non-Credit Course
Repeatability:	27 - Exempt From Repeat Provisions
Also Listed As:	
Formerly:	

#### **Catalog Description:**

The Occupational Safety and Health Administration (OSHA) Outreach Training Program for the Construction Industry teaches construction workers about their rights, employer responsibilities, how to file a complaint, as well as how to identify, abate, avoid, and prevent job-related hazards. Course satisfies the 30-hour requirement for construction industry training.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** 

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: The Occupational Safety and Health Administration (OSHA) Outreach Training Program for the Construction Industry teaches construction workers about their rights, employer responsibilities, how to file a complaint, as well as how to identify, abate, avoid, and prevent job-related hazards. Course satisfies the 30-hour requirement for construction industry training. (Non-Credit Course)

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	: Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

**Certificate/Major Applicable:** 

Certificate Applicable Course

## **COURSE CONTENT**

#### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Describe OSHA (Occupational Safety and Health Administration) and explain its function and

roles.

2. Identify, minimize, and control construction workplace hazards by applying OSHA standards.

### **Objectives:**

At the conclusion of this course, the student should be able to:

- 1. Locate and use the OSHA website.
- 2. Summarize employer and employee rights and responsibilities required by OSHA standards.
- 3. Outline a variety of hazardous situations that may occur in the contruction workplace.

4. Identify key elements of information found on a SDS (Safety Data Sheet).

### **Topics and Scope:**

Note: This version of OSHA 30 is designed specifically for construction industry training. A general overview of OSHA standards as well as construction industry standards are a requirement for certification.

- I. Introduction to OSHA
- II. Managing Safety and Health III. OSHA Focus Four Hazards
- - A. Falls
  - **B.** Electrocution
  - C. Struck-By
  - D. Caught-in or Between

- IV. Personal Protective and Lifesaving Equipment
- V. Health Hazards in Construction
- VI. Stairways and Ladders
- VII. Other Areas Particular to Industry
  - A. Concrete and Masonry Construction
  - B. Confined Space Entry
  - C. Cranes, Derricks, Hoists, Elevators, and Conveyors
  - D. Ergonomics
  - E. Excavation
  - F. Fire Protection and Prevention
  - G. Materials Handling, Storage, Use, and Disposal
  - H. Motor Vehicles, Mechanized Equipment, Marine Operations
  - I. Powered Industrial Vehicles
  - J. Safety and Health Programs
  - K. Scaffolds
  - L. Steel Erection
  - M. Tools--Hands and Power
  - N. Welding and Cutting
  - O. Foundations for Safety Leaderships
- VIII. Construction-specific Hazards and Remedies

#### Assignment:

- 1. Weekly quizzes, oral or written
- 2. Weekly role-playing
- 3. Poster project outlining a specific industry safety procedure
- 4. Final exam, oral or written
- 5. Active participation and attendance

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

#### None

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

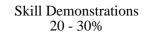
Role-playing exercises

**Exams:** All forms of formal testing, other than skill performance exams.

0 - 0%	

Writing

Problem solving 0 - 0%



Weekly quizzes; final exam

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Active attendance and participation; poster project

# **Representative Textbooks and Materials:** Instructor prepared materials

Exams		
40 -	50%	

Other Category 30 - 40%