

**KINI 79.3 Course Outline as of Summer 2025****CATALOG INFORMATION**

Dept and Nbr: KINI 79.3 Title: ADVANCED PICKLEBALL

Full Title: Advanced Pickleball

Last Reviewed: 2/26/2024

Units	Course Hours per Week	Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled 0	17.5	Lecture Scheduled 0
Minimum	1.50	Lab Scheduled 3.00	5	Lab Scheduled 52.50
		Contact DHR 0		Contact DHR 0
		Contact Total 3.00		Contact Total 52.50
		Non-contact DHR 0		Non-contact DHR 0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: KINDV 79.3

**Catalog Description:**

Students will learn advanced-level pickleball skills, participate in game play, and review the rules of the game. Students improvement of individual skills, doubles techniques, and game strategies will be emphasized.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of KINI 79.2 ( or KINDV 79.2)

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Students will learn advanced-level pickleball skills, participate in game play, and review the rules of the game. Students improvement of individual skills, doubles techniques, and game strategies will be emphasized. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of KINI 79.2 ( or KINDV 79.2)

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Transferable	Effective:	Fall 2018	Inactive:
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<b>UC Transfer:</b>		Effective:		Inactive:
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**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Play competitive pickleball and execute fundamental skills at an advanced-level.
2. Demonstrate tactics, positioning, and court spacing at an advanced-level
3. Apply the rules of play.
4. Identify the mental aspects of pickleball.
5. Compete in singles and doubles matches.

### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Execute advanced level, offensive and defensive fundamentals of pickleball.
2. Analyze techniques of serving, returns and overhead shots at an advanced level.
3. Incorporate strategies for attacking various defensive alignments during singles and doubles matches.
4. Demonstrate knowledge of the rules of pickleball.

### **Topics and Scope:**

- I. Advanced Techniques and Principles
  - A. Serving
  - B. Returns
  - C. Overhead shots
- II. Advanced Techniques and Principles of Singles
  - A. Stance
  - B. Positioning
  - C. Strategies
  - D. Offensive strategies
  - E. Defensive strategies
- III. Advanced Techniques and Principles of Doubles
  - A. Stance

- B. Positioning
  - C. Strategies
  - D. Offensive strategies
  - E. Defensive strategies
- IV. Advanced Techniques and Principles of Singles and Doubles Matches
- A. Offensive positioning
  - B. Defensive alignments
- V. Application of the Mental Aspects of Pickleball
- VI. Rules of Play

**Assignment:**

1. Practice and analyze advanced pickleball skills and fundamentals
2. In-class competitive pickleball situations
3. Performance skills tests
4. Final exam

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance skills tests, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Final Exam

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category  
40 - 60%

**Representative Textbooks and Materials:**

Pickleball for Beginners: All in One Comprehensive Guide to Nailing the Basics, Decoding the

Rules, and Playing Like a Pro- Let's Turn You From Beginner to Winner! Jaden Biff.  
Independently published. 2023.  
Instructor prepared materials