KINI 79.2 Course Outline as of Summer 2025

CATALOG INFORMATION

Dept and Nbr: KINI 79.2 Title: INTERMEDIATE PICKLEBALL
Full Title: Intermediate Pickleball
Last Reviewed: 2/26/2024

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	5	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25 Total Student Learning Hours: 78.75

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	KINDV 79.2

Catalog Description:
Students will learn intermediate-level pickleball skills, participate in game play, and review the rules of the game. Students improvement of individual skills, doubles techniques, and game strategies will be emphasized.

Prerequisites/Corequisites:

Recommended Preparation:
Course completion of KINI 79.1

Limits on Enrollment:

Schedule of Classes Information:
Description: Students will learn intermediate-level pickleball skills, participate in game play, and review the rules of the game. Students improvement of individual skills, doubles techniques, and game strategies will be emphasized. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Course completion of KINI 79.1
Limits on Enrollment:

Transfer Credit: CSU;
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**			Effective:	Inactive:
	L8	Student Success and Wellness		Fall 2025	
CSU GE:	**Transfer Area**			Effective:	Inactive:
IGETC:	**Transfer Area**			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 2018	Inactive:	
UC Transfer:		Effective:		Inactive:	

CID:

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Play competitive pickleball and execute fundamental skills at an intermediate-level.
2. Demonstrate tactics, positioning, and court spacing at an intermediate-level.
3. Apply the rules of play.
4. Identify the mental aspects of pickleball.

Objectives:
At the conclusion of this course, the student should be able to:
1. Execute intermediate-level, offensive and defensive fundamentals of pickleball.
2. Analyze techniques of serving, returns and overhead shots at an intermedaite-level.
3. Incorporate strategies for attacking various defensive alignments.
4. Demonstrate knowledge of the rules of pickleball.

Topics and Scope:

I. Intermediate Techniques and Principles
   A. Serving
   B. Returns
   C. Overhead shots
II. IntermediateTechniques and Principles of Singles
   A. Stance
   B. Positioning
   C. Strategies
   D. Offensive strategies
   E. Defensive strategies
III. IntermediateTechniques and Principles of Doubles
   A. Stance
   B. Positioning

C. Strategies
D. Offensive strategies
E. Defensive strategies

IV. Intermediate Techniques and Principles of Singles and Doubles Matches
A. Offensive positioning
B. Defensive alignments

V. Mental Aspects of Pickleball

VI. Rules of Play

Assignment:

1. Practice and analyze intermediate pickleball skills and fundamentals
2. In-class competitive pickleball situations
3. Performance skills tests
4. Final Exam

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.	Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance skills test, Performance exams	Skill Demonstrations 20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Final Exam	Exams 20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation	Other Category 40 - 60%

Representative Textbooks and Materials:
Pickleball for Beginners: All in One Comprehensive Guide to Nailing the Basics, Decoding the Rules, and Playing Like a Pro- Let's Turn You From Beginner to Winner! Jaden Biff.

Independently published. 2023.