KFIT 50 Course Outline as of Fall 2024

CATALOG INFORMATION

Dept and Nbr: KFIT 50 Title: TEACHING AIDE
Full Title: Teaching Aide
Last Reviewed: 3/9/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	6.00	5	Lab Scheduled	105.00
		Contact DHR	0		Contact DHR	0
		Contact Total	6.00		Contact Total	105.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00 Total Student Learning Hours: 105.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	PHYED 50

Catalog Description:
Teaching techniques for teacher's assistants in Kinesiology and Athletics. Student will assist faculty in a classroom environment for a semester. Students enrolling in this class must have prior approval from the supervising faculty member.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 OR EMLS 100 (formerly ESL 100) or equivalent

Limits on Enrollment:
Students enrolling in this class must have prior approval from the supervising faculty member.

Schedule of Classes Information:
Description: Teaching techniques for teacher's assistants in Kinesiology and Athletics. Student will assist faculty in a classroom environment for a semester. Students enrolling in this class must have prior approval from the supervising faculty member. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 OR EMLS 100 (formerly ESL 100) or equivalent
Limits on Enrollment: Students enrolling in this class must have prior approval from the

supervising faculty member.
Transfer Credit: CSU;
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**			Effective:	Inactive:
CSU GE:	**Transfer Area**			Effective:	Inactive:
IGETC:	**Transfer Area**			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1995	Inactive:	
UC Transfer:		Effective:		Inactive:	

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Develop lesson plans and instruct an entire class period using appropriate communication, instructional method and skills.
2. Demonstrate ability to give feedback and implement instructional modifications as necessary.

Objectives:
At the conclusion of this course, the student should be able to:
1. Plan and construct various lesson plans for instructional purposes.
2. Demonstrate appropriate teaching methods and skills.
3. Demonstrate effective communication skills throughout planned lesson.
4. Incorporate standard safety skills in all lessons.
5. Implement necessary feedback, modifications for skill progressions and limitations.
6. Self-assess experience as a teaching aide.

Topics and Scope:

Content would vary with the instructor and the activity class.
General topics include:
I. Lesson Planning
II. Leading an Activity Class or Practice Session (Team Sports)
   A. Warm-ups
   B. Techniques
   C. Activity appropriate skill practice
   D. Progressions and modifications
III. Communicate Classroom Procedures
IV. Proper Form and Safety Considerations for the Activity
V. Teaching Methods Appropriate for the Discipline/Activity
VI. Demonstrating Skills and Proper Technique

VII. Show Ability to Give Appropriate Corrections or Feedback to Students

Assignment:

1. Lesson plans
2. Written report of semester objectives, experiences and observations
3. Class performance; communication and teaching skills

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written report and lesson plans	Writing 20 - 40%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances	Skill Demonstrations 20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

None	Exams 0 - 0%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation	Other Category 20 - 50%

Representative Textbooks and Materials:
Methods of Group Exercise Instruction. 4th ed. Yoke, Mary and Armbruster, Carol. Human Kinetics. 2019
Instructor prepared materials.