

CATALOG INFORMATION

Dept and Nbr: KTEAM 5.1      Title: SOFTBALL  
Full Title: Softball  
Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 17.50

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP  
Also Listed As:  
Formerly: PHYED 90

**Catalog Description:**  
The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive softball. Special emphasis is placed on drills and competitive play situation.

**Prerequisites/Corequisites:**

**Recommended Preparation:**

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive softball. Special emphasis is placed on drills and competitive play situation. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended:  
Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Effective:	Inactive:
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<b>UC Transfer:</b>	Effective:	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

**Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Perform basic softball techniques and demonstrate ideal body positioning.
2. Demonstrate and apply the written and unwritten rules of play.

**Objectives:**

Upon completion of the course, students will be able to:

1. Demonstrate proficiency in basic individual softball skills.
2. Participate in organized drills necessary for the development of skills beyond the beginning level.
3. Demonstrate an understanding of the rules of softball.
4. Participate in competitive games.

**Topics and Scope:**

### **I. Fundamental Skills**

- A. Throwing
- B. Catching
- C. Fielding of ground and fly balls
- D. Pitching
- E. Hitting
- F. Baserunning

### **II. Team Offensive Play (Strategy)**

- A. Sacrifice bunting
- B. Drag bunting
- C. Sacrifice fly

### **III. Team Defensive Play (Strategy)**

- A. Situational infield defense
- B. Infield play with zero, one or two outs
- C. Bunt defense

- D. Situational outfield defense
  - E. Outfield defense determined by number of outs
  - F. Defense of sacrifice bunt
- IV. Rules and Strategies for Slow and Fast Pitch
- A. Base coaching strategy
  - B. Scorekeeping
  - C. Basic softball rules

### Assignment:

Students are expected to spend an additional one hour per week outside of class on one or more of the following activities:

1. Practice and analyze softball fundamentals
2. In-class competitive softball situations
3. Performance exams (skill tests) throughout the semester
4. Quizzes on softball playing rules (1-3)

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Game Analysis	Writing 10 - 30%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performance, performance exams (skills tests)	Skill Demonstrations 20 - 40%
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**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes: Multiple choice, True/false	Exams 10 - 40%
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**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance, In Class Competitive Softball Situations	Other Category 20 - 60%
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### Representative Textbooks and Materials:

BRL 2017 Softball Rules and Regulations. Babe Ruth League, Inc. Human Kinetics. 2017  
Instructor prepared materials

