

EQSCI 121 Course Outline as of Fall 2023**CATALOG INFORMATION**

Dept and Nbr: EQSCI 121 Title: APPL PROCD ADAPT RIDING

Full Title: Applied Procedures: Adapted Riding/Therapeutic Horsemanship

Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.50	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 87.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: AG 111

Catalog Description:

Theory and direct, practical application of the skills necessary to assist in providing a safe, challenging and effective adapted riding and/or therapeutic horsemanship experience to participants with disabilities who come for lessons. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure and activities. Assessment, selection, handling, training, and management practices of program horses.

Prerequisites/Corequisites:

Course Completion of EQSCI 120

Recommended Preparation:

Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:**Schedule of Classes Information:**

Description: Theory and direct, practical application of the skills necessary to assist in providing a safe, challenging and effective adapted riding and/or therapeutic horsemanship experience to participants with disabilities who come for lessons. Familiarization with the use of adaptive equipment, saddle/tack fitting and lesson structure and activities. Assessment, selection,

handling, training, and management practices of program horses (Grade or P/NP)

Prerequisites/Corequisites: Course Completion of EQSCI 120

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Analyze problems, solutions, and skills needed in the adapted riding or therapeutic horsemanship setting.
2. Demonstrate familiarity with the use of adaptive equipment, saddle/tack fitting and lesson structure.
3. Demonstrate assessment, selection, handling and management practices of program horses.
4. Demonstrate proficiency in assisting in adapted riding or therapeutic equestrian sessions.

Objectives:

Upon completion of this course, students will be able to:

1. Identify problems and solutions related to the adapted riding, therapeutic riding setting.
2. Identify and practice skills needed in the subject area.
3. Demonstrate and articulate the roles and tasks of persons assisting in an adapted riding/therapeutic riding setting.
4. Demonstrate procedures for assisting a participant with ground and/or mounted activities.
5. Evaluate a horse for use in an adapted riding- therapeutic riding program.
6. List components of a conditioning and training program for a therapeutic riding horse.
7. Demonstrate safe horse handling skills.
8. Describe proper saddle and equipment fit to horse and rider.
9. Identify components of a horse health maintenance, conditioning and use record keeping system.
10. Discuss ethical considerations in the use of horses used in an adapted riding- therapeutic riding program.

Topics and Scope:

1. Characteristics of participants served.
2. Safety principles and emergency procedures in lesson implementation.
3. Signs of stress, fatigue, and other conditions in the horse and/or participant.
4. Strategies for assisting and implementing adapted riding-therapeutic horsemanship lesson plans.
5. Identifying adaptive and other types of equipment.
6. Basic horsemanship skills to include: catching, leading, tying, grooming, tacking, and warm-up.
7. Interpersonal skills which present information to the student with disabilities, peers, and other staff in a clear and respectful manner.
8. Selection and management of the program horse.
9. Ground handling skills, control, and safety concerns.
10. Tack selection and fitting appropriate to individual horse and participant.
11. Documentation procedures for the health, training, use of horses.
12. Ethical considerations involved in the use of horses.

Topics covered in lecture will be practiced in lab.

Assignment:

Lecture Related Assignments:

1. Reading 10-20 pages per week related to adapted riding and therapeutic horsemanship
2. Discuss research regarding adapted riding and therapeutic horsemanship
3. Worksheets
4. Objective examinations: multiple choice, true/false, matching items, completion

Lab Related Assignments:

1. Observe and assist participant with riding skills and other horsemanship activities as appropriate to their level of ability

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Worksheets

Problem solving
35 - 50%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Assisting participants, managing horses

Skill Demonstrations
40 - 55%

Exams: All forms of formal testing, other than skill performance exams.

Objective tests: Multiple choice, True/false, Matching items, Completion

Exams
10 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

None

Other Category
0 - 0%

Representative Textbooks and Materials:

The Horse, The Handicapped, and The Riding Team in a Therapeutic Riding Program. Engel, Barbara. Barbara Engel Therapy Services. 2008 (classic)
Instructor prepared materials