SWHS 90 Course Outline as of Fall 2023

CATALOG INFORMATION

Dept and Nbr: SWHS 90 Title: INTRO TO HUMAN SERVICES
Full Title: Introduction to Social Work and Human Services
Last Reviewed: 10/12/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	HUSV 90

Catalog Description:
This course will introduce the human service field and explore the historical, cultural and societal aspects of the human services profession. The course explores societal problems and their causes in the context of the human services, standards and theoretical approaches to human service work and meeting peoples' needs. Students will study multicultural dimensions of helping and current issues in service delivery. Psychological, physiological and social forces influencing the individual both as helper and client are examined.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100 or appropriate placement based on AB705 verbiage

Limits on Enrollment:

Schedule of Classes Information:
Description: This course will introduce the human service field and explore the historical, cultural and societal aspects of the human services profession. The course explores societal problems and their causes in the context of the human services, standards and theoretical

approaches to human service work and meeting peoples' needs. Students will study multicultural dimensions of helping and current issues in service delivery. Psychological, physiological and social forces influencing the individual both as helper and client are examined. (Grade Only)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100 or appropriate placement based on AB705 verbiage
Limits on Enrollment:
Transfer Credit: CSU;
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**			Effective:	Inactive:
CSU GE:	**Transfer Area**			Effective:	Inactive:
	E	Lifelong Learning and Self Development		Fall 2006	
IGETC:	**Transfer Area**			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1999	Inactive:	
UC Transfer:		Effective:		Inactive:	

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Examine client needs and determine barriers for accessing support and help, including societal influences that impact individuals throughout the life span.
2. Distinguish and assess the roles, responsibilities, and requirements of human service professionals in the helping professions over time and currently.
3. Develop an understanding of local services, client needs, and a referral network

Objectives:
At the conclusion of this course, the student should be able to:
1. Outline the historical development of human services and distinguish varying theoretical approaches to human services work.
2. Develop knowledge, values and skills that enable workers to support others in problem solving and in making better use of resources within their communities.
3. Define and research current social issues as they impact people coping with today's societal problems.
4. Differentiate and assess the individual and societal influences across the lifespan that impact the lives of people in need.
5. Compare and contrast the different ways of viewing individual societal problems.
6. Identify causes of societal problems and explain how people become clients.
7. Assess and evaluate the psychological, physiological and social forces contributing to

societal
problems.
8. Categorize and examine various human service roles and types of career opportunities.
9. Evaluate the ethical and professional issues encountered in the field of human services.
10. Research and describe the goals and/or functions of human service agencies providing services for people in need from a local and global perspective.

Topics and Scope:

I. Defining Human Services
- A. An introduction to human services
  - 1. problems in living
  - 2. self-sufficiency
  - 3. interdisciplinary nature of human service profession
  - 4. client environment
  - 5. evidence-based practice
- B. The human service professional
  - 1. characteristics of the helper
  - 2. categories of helpers
  - 3. human service roles

II. Guiding Human Service Practice
- A. History of human service
- B. Ethical practice
- C. Multicultural dimension of helping

III. The Practice of Human Services
- A. Models of service delivery
- B. The helping process
  - 1. stages of helping process
  - 2. introduction to helping skills
  - 3. intervention strategies
- C. The client
  - 1. the whole person
  - 2. understanding client problems from different perspectives
  - 3. ways of getting help
  - 4. barriers to getting help

IV. Working in the Human Service Field
- A. Working within a system
  - 1. agency environment
  - 2. community context
  - 3. challenges in the profession
  - 4. developing services in response to needs
- B. Human services today
  - 1. settings for service delivery
    - i. outreach and wraparound services
    - ii. corrections
    - iii. schools
    - iv. hospice Care
    - v. military
  - 2. Impacts of technology

3. Trends in human services
   i. aging
   ii. changing workplace
   iii. political influences

Assignment:

1. Read assigned textbook and supplemental reading material of approximately 25-35 pages per week
2. Oral and visual presentation about human service populations and available services
3. Develop a human service resource index
4. Write 3-5 case assessments ranging from 2-5 pages from a human service provider's perspective applying applicable theory and methods
5. Midterm exam(s) (1 - 2)
6. Final exam
7. Class group work discussing weekly content and case analysis
8. Class exercises practicing course-related skills

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Case assessment, visual component of presentation, resource index	Writing 20 - 30%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Application of text concepts to case assessment, presentation	Problem solving 10 - 20%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Case assessment, class exercises, presentation, resource index, exams	Skill Demonstrations 20 - 30%

Exams: All forms of formal testing, other than skill performance exams.

Exam(s), case assessments, presentation	Exams 20 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

Class group work and exercises	Other Category 10 - 20%

Representative Textbooks and Materials:
An Introduction to Human Services. 9th ed. Woodside, Marianne and McClam, Tricia. Cengage Learning. 2018
Human Services in Contemporary America. 10th ed. Burger, William. Cengage Learning. 2018
Theory, Practice and Trends in Human Services: an Introduction. 6th ed. Neukrug, Edward. Cengage Learning. 2017
Instructor prepared materials
Novel from list prepared by instructor.