KCOMB 7.1 Course Outline as of Fall 2023

CATALOG INFORMATION

Dept and Nbr: KCOMB 7.1   Title: BEGINNING EPEE FENCING
Full Title: Beginning Epee Fencing
Last Reviewed: 2/13/2017

Units			Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50		Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50		Lab Scheduled	3.00	3	Lab Scheduled	52.50
			Contact DHR	0		Contact DHR	0
			Contact Total	3.00		Contact Total	52.50
			Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25   Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly: PHYED 84.1

Catalog Description:
Fundamentals of Epee fencing with an emphasis in basic footwork, attacks, parries, bladework, and bout experience.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Fundamentals of Epee fencing with an emphasis in basic footwork, attacks, parries, bladework, and bout experience. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit:
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**	Effective:	Inactive:
CSU GE:	**Transfer Area**	Effective:	Inactive:
IGETC:	**Transfer Area**	Effective:	Inactive:

CSU Transfer: Effective: Inactive:

UC Transfer: Effective: Inactive:

CID:

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Apply strategic epee footwork.
2. Execute competetive attacks, defenses, and counterattacks.
3. Demonstrate an understanding of epee rules and concepts for competition.
4. Apply offensive and defensive strategies in competition.

Objectives:
Upon completion of the course, students will be able to:
1. Perform various flexibility exercises.
2. Demonstrate the basic epee fencing positions.
3. Demonstrate basic epee fencing footwork.
4. Demonstrate beginning bladework positions.
5. Analyze basic epee fencing attacks.
6. Construct beginning epee fencing defenses.
7. Assist as director of a bout.

Topics and Scope:

I. Footwork
   A. First position
   B. On guard
   C. Advance
   D. Retreat
   E. Lunge
   F. Jump
II. The Epee
   A. Piste, targets
   B. Dimensions
   C. Holding the weapon
III. Basic attacks
   A. Point

B. Cuts
IV. Basic defense
V. Introduction to strategies
VI. Rules and Safety

Assignment:

Students are expected to spend an additional one and one-half hours per week outside of class on one or more of the following activities:
1. Physical training and conditioning
2. Practice and competition in beginning epee fencing
3. Establishing individual goals
4. Quizzes (2-4)

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.	Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams	Skill Demonstrations 20 - 30%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes: Multiple choice / true false	Exams 20 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and Participation, training and conditioning, Individual goals	Other Category 40 - 60%

Representative Textbooks and Materials:
Fencing: Steps to Success. Cheris, Elaine. Human Kinetics 2001 (classic)
Instructor prepared materials