

**CHLD 185.3 Course Outline as of Fall 2023****CATALOG INFORMATION**

Dept and Nbr: CHLD 185.3 Title: GUIDANCE/DISC PRE/EP

Full Title: Guidance &amp; Discipline Techniques-Preschool &amp; Early Primary

Last Reviewed: 2/27/2017

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0	2	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: CHLD 85.3

**Catalog Description:**

This course explores positive, age-appropriate child guidance and discipline approaches based on contemporary research and child development theory for teachers working with children ages 3-6. Students review guidance techniques and explore strategies that effectively support the child in managing his/her behavior. Topics include principles of effective communication, child development and behavior, appropriate limits and rules, and problem solving and consequences

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100; and Course completion of CHLD 10

**Limits on Enrollment:****Schedule of Classes Information:**

Description: This course explores positive, age-appropriate child guidance and discipline approaches based on contemporary research and child development theory for teachers working with children ages 3-6. Students review guidance techniques and explore strategies that effectively support the child in managing his/her behavior. Topics include principles of effective

communication, child development and behavior, appropriate limits and rules, and problem solving and consequences (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100; and Course completion of CHLD 10

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Effective:	Inactive:
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<b>UC Transfer:</b>	Effective:	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Identify and describe the diverse influences that impact the behavior of 3 - 6 year old children.
2. Compare and contrast various theories of guidance and discipline.
3. Demonstrate an understanding of methods and strategies that support the development of pro-social behavior.

### **Objectives:**

Upon completion of this course, students will be able to:

1. Describe behavioral characteristics of the 3 - 6 year old child in diverse settings.
2. Examine the factors contributing to a child's behavioral pattern.
3. Analyze the effectiveness of various guidance approaches.
4. Describe age-appropriate guidance techniques and disciplinary methods.

### **Topics and Scope:**

- I. Understanding 3 - 6 year old Children's Behavior
  - A. Domains of development
    1. Physical
    2. Cognitive/Language
    3. Social-emotional
  - B. Environmental factors
  - C. Individual styles and temperament
  - D. Emotional and social needs
  - E. Cultural influences

## II. Guidance Behaviors

- A. Discipline vs. punishment
- B. Developmentally appropriate guidance
- C. The language of discipline
  - 1. Verbal
  - 2. Body language
  - 3. Attitude
- D. Rewards vs. encouragement

## III. Development of Guidance Practices and Techniques

- A. The teacher's role
- B. The classroom environment
- C. Peer influences
- D. Specific techniques
  - 1. Limit setting
  - 2. Redirecting
  - 3. Distraction
  - 4. Active problem-solving
  - 5. Negotiating
  - 6. Active listening
  - 7. Positive reinforcement
  - 8. Natural and logical consequences

## IV. Adult Collaboration in Guidance and Discipline

- A. Communicating with parents
- B. Collaborating with other teachers
- C. Working with specialists and community agencies
- D. Using individual behavior plans

### **Assignment:**

Assignments may include but are not limited to:

1. Reading of text and instructor prepared materials (approximately 200 pages total)
2. In-class reflective writing
3. Homework: problem solving exercises on discipline scenarios
4. Article response papers (2-4 papers of 1-2 pages each)
5. Participation in small group activities and discussions
6. Group role playing
7. Field observation and written case study of children in a classroom setting (3-5 pages)
8. Essay and/or short answer exam

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Case study, article response papers, in-class reflective writing
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Writing 10 - 20%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework: problem solving exercises

Problem solving  
20 - 40%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Role-playing, field observation

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Essay and/or short answer exam

Exams  
10 - 20%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Class participation

Other Category  
10 - 30%

**Representative Textbooks and Materials:**

Guiding Young Children: A Problem Solving Approach. 4th ed. Reynolds, Eleanor. McGraw-Hill. 2005 (classic)

A Guidance Approach for the Encouraging Classroom. 6th ed. Gartrell, Dan. Cengage Learning. 2013

Instructor prepared materials