

**ATHL 10 Course Outline as of Fall 2023****CATALOG INFORMATION**

Dept and Nbr: ATHL 10 Title: MEN'S VARSITY WATER POLO

Full Title: Men's Varsity Water Polo

Last Reviewed: 2/27/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	6.00		Contact DHR	105.00
		Contact Total	6.00		Contact Total	105.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 52.50

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: ATHL 50

**Catalog Description:**

Students will practice for and participate in intercollegiate water polo, emphasizing water polo skills, fundamentals, and strategies.

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:**

By Tryout

**Schedule of Classes Information:**

Description: Students will practice for and participate in intercollegiate water polo, emphasizing water polo skills, fundamentals, and strategies. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: By Tryout

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total



- B. Game situations
- III. Concepts and Strategies of Opponent
  - A. Offensive scheme
  - B. Defensive scheme
  - C. Special plays
  - D. Team personnel
- IV. Team Development and Goals
- V. Repeating Students Must Demonstrate Increased Depth and Breadth of Related Skills

**Assignment:**

1. Film analysis
2. Note taking and developing a playbook
3. Physical training and conditioning
4. Development and demonstration of related skills including practice and game performance
5. Periodic quizzes

Fieldwork may include:

1. Scouting reports execution
2. Playbook application
3. Intercollegiate competition

Repeating students must demonstrate an increased level of performance.

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Scouting reports execution; playbooks and notetaking	Writing 5 - 10%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Practice and game performance	Skill Demonstrations 25 - 60%
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**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes	Exams 10 - 25%
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**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance; participation; physical training and conditioning; film analysis

Other Category  
25 - 60%

**Representative Textbooks and Materials:**

Water Polo Explained. Stein, Andy. 2019.

101 Offensive Water Polo Drills. Cutino Sr., Peter and Cutino Jr., Peter. Coaches Choice Books. 2000 (classic).

Instructor prepared materials