

ATHL 30 Course Outline as of Fall 2023**CATALOG INFORMATION**

Dept and Nbr: ATHL 30 Title: THEORY ANALYSIS SOCCER

Full Title: Theory and Analysis of Soccer

Last Reviewed: 2/6/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	6	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.1

Catalog Description:

Students will learn about the organization and development of various tactical and technical systems in soccer.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:**

By Tryout

Schedule of Classes Information:

Description: Students will learn about the organization and development of various tactical and technical systems in soccer. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: By Tryout

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Identify and assess the offensive and defensive strategies of an opponent.
2. Formulate appropriate tactical strategies based on the assessment of the opponent's offensive and defensive strategies.
3. Evaluate and assess soccer personnel.

Objectives:

At the conclusion of this course, the student should be able to:

1. Identify and explain basic offensive and defensive strategies.
2. Analyze strategies and personnel through the use of film, scouting reports, and established offensive criteria.
3. Formulate a variety of strategies based on specific strategies and personnel of opponents.
4. Demonstrate increased depth and breadth of related skills with new learning goals if they are repeating students.

Topics and Scope:

I. Basic Offensive Strategies

- A. Ball control
- B. Pressure offense

II. Film and Scouting Report Analysis

- A. Personnel and team performance assessment
- B. Opponent personnel and performance assessment

III. Basic Defensive Strategies

- A. Zone defense
- B. Man defense

IV. Player Assessment

- A. Scouting
- B. Film
- C. Statistics

V. Repeating Students Must demonstrate Increased Depth and Breadth of Related Skills With

New Learning Goals

Assignment:

This course will include some or all of the following assignments:

1. Creating and analyzing scouting reports (3-5)
2. Developing a playbook
3. Diagramming specific offensive and defensive strategies (3-5)
4. Film analysis (1 per week)
5. Logs and critiques of offensive and defensive schemes (5-8)
6. Quizzes (3-5)
7. Repeating students demonstrate an increased level of performance.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Playbook, scouting reports, logs, strategy diagrams and critiques

Writing
30 - 40%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Film analysis, diagramming offensive and defensive strategies

Problem solving
10 - 30%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes

Exams
20 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category
20 - 30%

Representative Textbooks and Materials:

Complete Conditioning for Soccer. Alexander, Ryan. Human Kinetics. 2021.

Soccer Systems & Strategies. Bangsbo, J and Peitersen, B. 2000 (classic).

Instructor prepared materials