

**ATHL 29L Course Outline as of Summer 2022****CATALOG INFORMATION**

Dept and Nbr: ATHL 29L Title: SOCCER LAB

Full Title: Soccer Lab

Last Reviewed: 3/8/2021

Units	Course Hours per Week	Nbr of Weeks	Course Hours Total
Maximum 1.50	Lecture Scheduled	0 17.5	Lecture Scheduled 0
Minimum 1.50	Lab Scheduled	0 8	Lab Scheduled 0
	Contact DHR	3.00	Contact DHR 52.50
	Contact Total	3.00	Contact Total 52.50
	Non-contact DHR	0	Non-contact DHR 0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.2

**Catalog Description:**

Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews as well as the practical application of various physical training concepts.

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews as well as the practical application of various physical training concepts. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.  
Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>			Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1984	Inactive:	
<b>UC Transfer:</b>	Transferable	Effective:	Fall 1984	Inactive:	

### **CID:**

### **Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Identify and assess offensive and defensive strategies of an opponent.
2. Formulate appropriate offensive and defensive strategies based on the assessment of the opponent's schemes and personnel.

### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Identify and explain basic offensive and defensive strategies.
2. Analyze offensive and defensive strategies and personnel through the use of film, scouting reports, and established soccer criteria.
3. Formulate a variety of offensive and defensive strategies based on the opponent's schemes and strategies.

### **Topics and Scope:**

- I. Advanced Skills in Relationship to Positional Play on the Field
  - A. Forwards
  - B. Halfbacks
  - C. Fullbacks
- II. Use of Offensive and Defensive Deadball Situations from Scouting Reports and Films
  - A. Offensive formations
  - B. Defensive formations
  - C. Specialty formations
- III. Establish Various Systems of Play and Team Tactics Based on Team and Opposing team capabilities
  - A. Pressure
  - B. Passing
  - C. Shooting
- IV. Introduction of Various Offensive and Defensive Techniques in Match Situations
  - A. Offensive formations

- B. Defensive formations
- C. Specialty formations
- D. Opponent personnel

**Assignment:**

Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

1. In-class work include:
  - a. Film analysis
  - b. Note taking
  - c. Physical training and conditioning
  - d. Development and demonstration of related skills including practice and game performance
  - e. Establishing team goals
2. Fieldwork such as:
  - a. Scouting reports execution
  - b. Playbook application
  - c. Intercollegiate competition
3. Skill performances and performance exams
4. Quizzes

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Note taking	Writing 10 - 20%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances, performance exams, fieldwork	Skill Demonstrations 20 - 40%
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**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, multiple choice, true/false	Exams 10 - 30%
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**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation, fieldwork

Other Category  
30 - 50%

**Representative Textbooks and Materials:**

Premier Soccer; Skills, tactics and strategies for winning play. Parker, Michael. Human Kinetics. 2008 (classic)

Instructor prepared materials