

**COUN 162.1 Course Outline as of Fall 2022****CATALOG INFORMATION**

Dept and Nbr: COUN 162.1 Title: CAREER ASSESSMENT RESRCH

Full Title: Career Assessment and Research

Last Reviewed: 3/28/2022

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0	2	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

In this course, students will begin to create a career plan by analyzing career assessment results and conducting research. Emphasis is on interest and personality testing, values clarification, skills assessment, and career information research skills

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:****Schedule of Classes Information:**

Description: In this course, students will begin to create a career plan by analyzing career assessment results and conducting research. Emphasis is on interest and personality testing, values clarification, skills assessment, and career information research skills (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Effective:	Inactive:
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<b>UC Transfer:</b>	Effective:	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Assess personal characteristics including skills, values, interests, abilities, and personality traits as they apply to the career decision making process.
2. Ability to evaluate information on potential careers by analyzing current career literature and web resources.

### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Describe how personal values affect their lifestyle and career choice.
2. Analyze career interest inventories as a resource for making career decisions.
3. Analyze the relationship between personality preferences and work environments
4. Identify specific skills from past experience, school, or work that could apply to a career path.
5. Evaluate literature and web resources to develop an occupation or career path for market trends, personal values, and skills compatibility.

### **Topics and Scope:**

#### **A. Self Assessment**

1. Factors influencing career development over the lifespan
2. Influence of personal beliefs, social and cultural conditioning as well as economic and workplace trends on career choice
3. Values as they relate to career choice
4. Influences on individual values (family, culture, religion)
5. Personal values and philosophies assessment
6. Interest inventories, evaluation and interpretation
7. Personality assessment
8. Skills assessment

#### **B. Occupational Information**

1. Introduction to career resources
2. Evaluation of career research information

**Assignment:**

1. Writing Assignments:
  - A. A written summary of values clarification exercises assessing the influence of gender, family, culture, and religion on personal values,
  - B. An introspective paper on projected lifestyle, 2-3 pages.
  - C. A written analysis of interest inventory results, 2-4 pages.
  - D. A paper integrating the student's assessment results and the relationship to potential careers and/or a Career Center research report, 4-6 pages.
2. Assigned readings
3. Quiz(zes)/exam(s) (0-2)

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Writing assignments	Writing 80 - 90%
<p><b>Problem Solving:</b> Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.</p>	Problem solving 0 - 0%
None	
<p><b>Skill Demonstrations:</b> All skill-based and physical demonstrations used for assessment purposes including skill performance exams.</p>	Skill Demonstrations 0 - 0%
None	
<p><b>Exams:</b> All forms of formal testing, other than skill performance exams.</p>	Exams 0 - 10%
Quiz(zes)/exam(s) (0-2)	
<p><b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.</p>	Other Category 10 - 20%
Participation	

**Representative Textbooks and Materials:**

Making Career Decisions That Count by Darrell Anthony Luzzo, 3rd edition 2010  
(Classic)  
Instructor prepared materials