

ATHL 37 Course Outline as of Fall 2021**CATALOG INFORMATION**

Dept and Nbr: ATHL 37 Title: MEN'S VARSITY TENNIS

Full Title: Men's Varsity Tennis

Last Reviewed: 4/26/2021

| Units | | Course Hours per Week | | Nbr of Weeks | Course Hours Total | |
|---------|------|-----------------------|------|--------------|--------------------|--------|
| Maximum | 3.00 | Lecture Scheduled | 0 | 17.5 | Lecture Scheduled | 0 |
| Minimum | 3.00 | Lab Scheduled | 0 | 13 | Lab Scheduled | 0 |
| | | Contact DHR | 6.00 | | Contact DHR | 105.00 |
| | | Contact Total | 6.00 | | Contact Total | 105.00 |
| | | Non-contact DHR | 0 | | Non-contact DHR | 0 |

Total Out of Class Hours: 52.50

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 65

Catalog Description:

This course includes practice and participation for intercollegiate competition, emphasizing tennis skills, fundamentals, and strategies.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:**

By Tryout

Schedule of Classes Information:

Description: This course includes practice and participation for intercollegiate competition, emphasizing tennis skills, fundamentals, and strategies. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: By Tryout

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

II. Practical and general knowledge of the game and its rules

- A. Practice drills
- B. Game situations

III. Concepts and strategies of opponent

- A. Offense
- B. Defense
- C. Team personnel

IV. Team building & goals

- A. Individual goals and responsibilities
- B. Team goals and responsibilities

Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

Assignment:

In-class work includes:

1. Film analysis
2. Note taking
3. Physical training and conditioning
4. Development and demonstration of related skills including practice and game performance
5. Establishing individual goals
6. Establishing team goals
7. Periodic quizzes

Fieldwork such as:

1. Practice for intercollegiate competition
2. Intercollegiate competition

Repeating students demonstrate an increased level of performance.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Note taking

Writing
5 - 10%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Practice and match performance; field work

Skill Demonstrations
25 - 60%

Exams: All forms of formal testing, other than skill performance exams.

Periodic Quizzes

Exams
10 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance; fieldwork

Other Category
25 - 60%

Representative Textbooks and Materials:

The Inner Game of Tennis: The Classic Guide to the Mental Side of Peak Performance. Gallwey, W. Timothy and Kleiman, Zach and Carroll, Pete. Random House Trade Paperbacks. 2007 (classic)

Master Your Tennis Game: 50 Mental Strategies and Tactics Paperback. Dehart, Ken. Rockridge Press. 2019