PSYCH 56 Course Outline as of Fall 2020

CATALOG INFORMATION

Dept and Nbr: PSYCH 56 Title: AGING, DYING & DEATH

Full Title: Aging, Dying and Death

Last Reviewed: 12/9/2019

Units		Course Hours per Week	•	Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	4	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: PSYCH 6

Catalog Description:

Examination of aging, dying, death, and bereavement process in contemporary society.

Prerequisites/Corequisites:

Recommended Preparation:

Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Schedule of Classes Information:

Description: Examination of aging, dying, death, and bereavement process in contemporary

society. (Grade or P/NP) Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment: Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

E Lifelong Learning and Self Fall 1981

Development

IGETC: Transfer Area Effective: Inactive:

CSU Transfer: Transferable Effective: Fall 1981 Inactive:

UC Transfer: Effective: Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

- 1. Describe major theories, principles, and trends that address the process of aging, dying, death, and bereavement from cross-cultural, historical, and contemporary perspectives.
- 2. Examine the role of ethnicity, gender, socioeconomic status, and historical circumstances when dealing with loss, aging, dying, and death.

Objectives:

At the conclusion of this course, the student should be able to:

- 1. Describe current trends in life expectancies, demographics, and attitudes toward adulthood, "old age," death and dying.
- 2. Compare and contrast prominent theories on adult development and aging.
- 3. Summarize age-related physical diseases and psychological problems.
- 4. Examine how the process of aging affects intelligence, memory, creativity, problem-solving and decision-making skills.
- 5. Describe different types of intimate partnerships in adulthood.
- 6. Examine the role of gender, socioeconomic status, personality, and health on choice of work and retirement.
- 7. Provide a list of stressors encountered by the aging person and generate ways to ameliorate the stress.
- 8. Discriminate among concepts of suicide, assisted-suicide, and euthanasia; and summarize death/burial rituals and the grieving process following death.
- 9. Identify a variety of modes/types of death and review the bereavement, grief and mourning process of the survivor.
- 10. Describe the funeral system, with emphasis in death notification, funeral service selection and cost, and body disposition.

Topics and Scope:

- I. Defining the Journey
 - A. Some Assumptions

- B. Definitions
- C. Methods
- II. Sociocultural Adult Development and Learning Theory of Death
- III. Physical Changes
- IV. Health, Health Habits, and Health Care
- V. Changes in Cognitive Abilities
- VI. Social Roles
- VII. Development of Relationships
- VIII. Work and Retirement
- IX. Personality Stability and Change
- X. Stress and Resistance
- XI. Death, Dying and Bereavement
- XII. Facing Death: Living with Life-Threatening Illness
- XIII. Medical Ethics: Euthanasia and Dying in a Technological Age
- XIV. Survivors: Understanding the Experience of Loss
- XV. Late Rites
 - A. Funerals
 - B. Body Disposition
- XVI. The Law and Death
- XVII. Death in the Lives of Children and Adolescents
- XVIII. Suicide
- XIX. Risks of Death in the Modern World
- XX. Beyond Death/After Life

Assignment:

- 1. Read approximately 35 pages per week
- 2. Writing assignment that may include research, experiential, response, or project for a minimum of 1, 250 words
- 3. Quizzes, exams, and a final
- 4. Oral presentation and/or group project may be assigned

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Research, experiential, response, or project paper

Writing 30 - 60%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0% **Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, Exams, and a Final

Exams 40 - 60%

Other: Includes any assessment tools that do not logically fit into the above categories.

Oral presentation and/or group project

Other Category 0 - 10%

Representative Textbooks and Materials:

Death and Dying, Life and Living. 8th ed. Corr, Charles and Corr, Donna and Doka, Kenneth. Cengage. 2019

The Last Dance: Encountering Death and Dying, 10th ed. DeSpelder, Lynne Ann and Strickland, Albert Lee. McGraw-Hill. 2015 (classic)

Understanding Dying, Death, and Bereavement. 8th ed. Leming, Michael and Dickinson, George. Cengage. 2016

Death, Society, and Human Experience. 12th ed. Kastenbaum, Robert. Pearson. 2016