

**COMM 6 Course Outline as of Fall 2020****CATALOG INFORMATION**

Dept and Nbr: COMM 6 Title: INTERPERSONAL COMM

Full Title: Interpersonal Communication

Last Reviewed: 11/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: COMM 66

**Catalog Description:**

Explores through theory and practice the ways people communicate one-on-one and in informal situations. Studies awareness of perception, development of self-concept, self-disclosure, listening, relationships, language and conflict through verbal and nonverbal communication. Builds communication skills through experiential activities.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 1A or equivalent or appropriate placement based on AB705 mandates

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Explores through theory and practice the ways people communicate one-on-one and in informal situations. Studies awareness of perception, development of self-concept, self-disclosure, listening, relationships, language and conflict through verbal and nonverbal communication. Builds communication skills through experiential activities. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent or appropriate placement based on AB705 mandates

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	B	Communication and Analytical Thinking	Fall 1981	

<b>CSU GE:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
	E	Lifelong Learning and Self Development	Fall 1993	

<b>IGETC:</b>	<b>Transfer Area</b>		<b>Effective:</b>	<b>Inactive:</b>
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<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>
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<b>UC Transfer:</b>	Transferable	<b>Effective:</b>	Fall 2009	<b>Inactive:</b>
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### **CID:**

CID Descriptor: COMM 130	Interpersonal Communication
SRJC Equivalent Course(s):	COMM6

### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Listen effectively to others in interpersonal communication settings.
2. Describe the elements of verbal and nonverbal communication as they relate to interpersonal communication.
3. Identify and implement guidelines for successful resolution of interpersonal conflicts.

### **Objectives:**

Students will be able to:

1. Demonstrate understanding of a variety of interpersonal communication concepts and principles.
2. Acquire an awareness and appreciation of the complexities of the communication process.
3. Improve listening ability by understanding the key elements of this most frequently used aspect of interpersonal communication.
4. Identify, interpret and demonstrate appropriate uses of verbal and non-verbal communication.
5. Describe and discuss how choice of words and social identity influences can significantly impact interpersonal interactions.
6. Explore and analyze social and social identity roles as they apply to relational communication.
7. Identify the difference between passive, assertive and aggressive behavior.
8. Explain ways that communication creates, develops and changes personal identities.

9. Examine one's own self-esteem through journal writing and other self-exploratory tasks.
10. Identify and practice constructive conflict management skills.
11. Analyze the role of technology in interpersonal communication.
12. Analyze interpersonal communication in various contexts, including personal and professional.

## **Topics and Scope:**

- I. The Communication Process
  - A. Definition and basic terms
  - B. Communication model
  - C. Barriers to understanding communication
- II. Listening
  - A. Importance of listening
  - B. Barriers to listening
  - C. Effective listening behavior skills
- III. Self Image and Self Esteem
  - A. Introspective assignments
  - B. Hierarchy of values
  - C. Effects of low self esteem
  - D. Skills to build self esteem
- IV. Perception
  - A. Variables that affect perception
  - B. Differences in perception
- V. Verbal Communication/Semantics
  - A. Abstraction of words and symbols
  - B. Semantic reactions
  - C. Polarization
  - D. Social identify patterns and differences
- VI. Non-Verbal Communication
  - A. Kinesics
  - B. Proxemics
  - C. Dress
  - D. Vocalics
  - E. Oculesics
  - F. Haptics
  - G. Chronemics
- VII. Relational Communication
  - A. Social roles
  - B Social Identity
  - C. Intimacy
  - D. Self disclosure
  - E. Relationship stages
  - F. Loneliness
- VIII. Conflict Resolution/Negotiation Skills
  - A. Types of conflict
  - B. Productive conflict management
  - C. Destructive conflict management
  - D. Win/win - win/lose negotiation
  - E. Defensive communication
- IX. Technology and Communication
  - A. Effective use of communication technology

## B. Effect of technology on communication

### Assignment:

#### I. Written

- A. Weekly free writing assignment -- 2 pages
- B. Topic related journal assignments -- 10-20 pages total per semester
- C. Three to five short 2-5 page analytical papers or two 4-10 page term papers

#### II. Reading Assignment - 30 pages/week

#### III. Observational assignments

#### IV. In-class

- A. Discussions
- B. Experiential activities
- C. Group processes

#### V. Oral presentations

- A. Individual -- 1-2 presentation(s)
- B. Group -- 1-2 presentation(s)

#### VI. Exam(s) -- 1-3 (such as multiple choice and short answer)

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework; term papers or short analytical papers; journal entries; response papers; free writes

Writing  
50 - 70%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances; observational assignments; group project; individual presentation(s); group presentation(s)

Skill Demonstrations  
10 - 25%

**Exams:** All forms of formal testing, other than skill performance exams.

Exam(s)

Exams  
5 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

**Representative Textbooks and Materials:**

Communicate! A Workbook for Interpersonal Communication. 7th ed. Long Beach City College Foundation. Kendall-Hunt. 2005 (classic)

The Interpersonal Communication Book. 15th ed. DeVito, Joseph. Pearson. 2019

Looking Out, Looking In . 15th ed. Adler, Ronald and Proctor II, Russell. Cengage L. 2017

Interpersonal Communication: Relating to Others. 7th ed. Beebe, Steven and Beebe, Susan and Redmond, Mark. Pearson. 2014 (classic)