

**CHW 151L Course Outline as of Fall 2020****CATALOG INFORMATION**

Dept and Nbr: CHW 151L Title: OUTREACH EXPERIENCE  
 Full Title: Outreach Experience  
 Last Reviewed: 2/26/2018

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	2.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	2.50	Lab Scheduled	0	8	Lab Scheduled	0
		Contact DHR	7.50		Contact DHR	131.25
		Contact Total	7.50		Contact Total	131.25
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 131.25

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: CHW 51L

**Catalog Description:**

Community Health Work (CHW) outreach experience in supervised outreach activities in a Sonoma County health-related agency, organization, health center or program and the community it serves, practicing skills learned in Outreach Techniques and Strategies, CHW 151.

**Prerequisites/Corequisites:**

Concurrent Enrollment in CHW 151 and Course Completion of CHW 150

**Recommended Preparation:**

Eligibility for ENGL 1A or equivalent

**Limits on Enrollment:**

Students must comply with all of the following before they are allowed onsite at the clinical sites: Currency on all immunizations including annual flu shots, currency on annual tuberculosis clearance, and a completed health exam.

**Schedule of Classes Information:**

Description: Community Health Work (CHW) outreach experience in supervised outreach activities in a Sonoma County health-related agency, organization, health center or program and the community it serves, practicing skills learned in Outreach Techniques and Strategies, CHW 151. (Grade Only)

Prerequisites/Corequisites: Concurrent Enrollment in CHW 151 and Course Completion of CHW 150

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment: Students must comply with all of the following before they are allowed onsite at the clinical sites: Currency on all immunizations including annual flu shots, currency on annual tuberculosis clearance, and a completed health exam.

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

### **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Effective:	Inactive:
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<b>UC Transfer:</b>	Effective:	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

### **COURSE CONTENT**

**Outcomes and Objectives:**

Upon completion of the course, students will be able to:

1. Demonstrate appropriate standards of CHW practice.
2. Conduct effective interviews with community members.
3. Make referrals to appropriate health-related resources.
4. Practice cultural self-awareness and humility in all aspects of community health outreach experience.
5. Describe traditional health beliefs and practices, and their relationship to effective community outreach work.
6. Analyze and discuss CHW encounters, focusing on standards of practice and analysis of skills and problem solving related to outreach experience.

**Topics and Scope:**

- I. CHW Standards and Scope of Practice
  - A. Standard Precautions
  - B. Health Insurance Portability and Accountability Act
  - C. Ethical and effective CHW roles
  - D. Core competencies and qualities
  - E. Application to community health outreach
- II. Cultural Responsibility in the Outreach Setting
  - A. Importance of cultural responsibility
  - B. Defining and understanding culture
    1. traditional health beliefs and practices

- 2. cultural relativity
- III. Effective Communication
  - A. Cooperation and collaboration with supervisors
  - B. Client-centered communication and information gathering
  - C. Motivational interviewing
- IV. Community Referrals and Resources
  - A. Community strengths, challenges and issues
  - B. Available and appropriate resources
- V. Lab--Organization and Professionalism
  - A. Complete 120 hours externship
  - B. Complete all documentation requirements

**Assignment:**

1. Practice, via role play scenarios and case studies, effective outreach techniques.
2. Perform roles designated by the CHW scope of practice.
3. Maintain a journal of externship experiences, reflect on communication with supervisors, clients and peers.
4. Meet with instructor and outreach supervisor (1-3 times) during semester to review accomplishments and identify areas for improvement.

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Journal and weekly externship documentation	Writing 5 - 10%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Case studies, role plays	Problem solving 35 - 40%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Outreach experience hours, attendance and organization of resources; perform the duties allowable to the CHW scope of practice.	Skill Demonstrations 20 - 30%
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**Exams:** All forms of formal testing, other than skill performance exams.

None	Exams 0 - 0%
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**Other:** Includes any assessment tools that do not logically fit into the above categories.

Instructor and outreach supervisor evaluation

Other Category  
20 - 40%

**Representative Textbooks and Materials:**

Instructor-prepared materials

Foundations for Community Health Workers. 2nd ed. Berthold, Timothy. Jossey-Bass Public Health. 2016