

**CHW 150 Course Outline as of Fall 2021****CATALOG INFORMATION**

Dept and Nbr: CHW 150 Title: INTRO TO COMM HLTH WORK

Full Title: Introduction to Community Health Work

Last Reviewed: 2/26/2018

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: CHW 50

**Catalog Description:**

This course is designed to give an overview of the SRJC Community Health Worker (CHW) program, the roles of CHWs, and the philosophy of community health work. It will focus on core competencies for CHWs, evolution of the CHW field in the United States, CHWs and public health, and promoting health equity. A field trip to a health clinic, and four hours of community volunteer work with a community agency will also be part of the course.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 1A or equivalent and Course Completion or Concurrent Enrollment in HLC 160

**Limits on Enrollment:****Schedule of Classes Information:**

Description: This course is designed to give an overview of the SRJC Community Health Worker (CHW) program, the roles of CHWs, and the philosophy of community health work. It will focus on core competencies for CHWs, evolution of the CHW field in the United States,

CHWs and public health, and promoting health equity. A field trip to a health clinic, and four hours of community volunteer work with a community agency will also be part of the course. (Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent and Course Completion or Concurrent Enrollment in HLC 160

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

### **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

### **COURSE CONTENT**

**Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Analyze and compare the roles, responsibilities and characteristics of Community Health Workers in the U.S. and resources to support the CHW profession.
2. Identify the social determinants of health in the U.S., California and Sonoma County and discuss the role of CHWs in addressing the root causes.
3. Discuss public health's emphasis on population based prevention, the ecological model of health and the value of epidemiology to analyze health data.

**Objectives:**

Upon completion of this course, the students will be able to:

1. Analyze and compare roles, characteristics and responsibilities of Community Health Workers (CHWs) internationally and in the United States.
2. Identify where CHW's work, the populations they work with, and the health issues they address.
3. Discuss the core skills necessary to become an effective CHW.
4. Identify personal qualities and values that are common among successful CHWs.
5. Describe Santa Rosa Junior College program options.
6. Discuss the evolution of the CHW field in the United States.
7. Define health and public health and explain how the field of public health is different from the field of medicine.
8. Identify and discuss the role of CHWs in preventing health inequalities and promoting health justice.

## Topics and Scope:

- I. Community Health Workers (CHWs): Who Are They and What Do They Do?
  - A. History of community health work in the United States and internationally
  - B. Occupational outlook for Sonoma County
- II. Description of Santa Rosa Junior College CHW program
  - A. Certificate program requirements
  - B. Associate degree with major in CHW
  - C. Core components of program:
    1. outreach techniques and strategies
    2. home visiting, referrals, care coordination
    3. public health, prevention, cultural responsibility, structural health inequities
    4. structure, function of the body systems
    5. externship with health agency
  - D. Professional advancement and educational opportunities
- III. The Effective Community Health Worker
  - A. Core competencies and roles of CHWs
  - B. Personal qualities and values of CHWs
  - C. Overall number, gender, and ethnicity of CHWs in work force
  - D. Education and wages
  - E. Populations served
  - F. Health issues and work activities
  - G. Models of Care for CHWs
- IV. Emerging Role in Management of Chronic Conditions
  - A. Chronic disease: The dominant type of illness in the United States
  - B. CHWs within the health care delivery team and community based programs
- V. Evolution of the CHW Profession in the United States
  - A. Neighbor assisting neighbor
  - B. CHW names and definitions
  - C. The international roots of CHWs
  - D. History of CHWs in the United States
  - E. Trends in the CHW field
  - F. Capacity building and education
  - G. Policy initiatives and sustainability
  - H. Networks and conferences
- VI. An Introduction to Public Health
  - A. Defining health
  - B. Key concepts in defining the field of public health
  - C. Health inequities and social determinants of health
  - D. Emphasis on prevention
  - E. Evidence-based
  - F. Social justice
  - G. Community partnerships
  - H. Environmental health
- VII. Promoting Health Equity
  - A. Defining health inequity
  - B. Evidence of health inequities
  - C. Causes of health inequities
  - D. Impact on society
  - E. Promoting health equity
  - F. Role of CHWs in promoting social justice and health equity
  - G. Homelessness in Sonoma County

## H. CHW self-assessment, cultural responsibility and self-care

### Assignment:

1. Readings from textbook, 10-30 pages each week
2. Instructor-selected readings, 3-5 pages per week
3. Chapter Review exercises at the end of each chapter
4. Complete an interactive Web presentation on race inequities, write a 1-2 page summary and reaction paper
5. Complete a 2-4 page paper in response to homeless person experience
6. Quizzes (3-5); final exam
7. Conduct a four-hour shadowing and volunteer experience with Sonoma County community health workers and write a 3-4 page paper describing the agency, community served, and CHW's experiences
8. Write a 1-2 page community field trip or alternative assignment reaction paper
9. Role-play and demonstration in class

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written assignments/papers

Writing  
40 - 50%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Chapter review questions

Problem solving  
15 - 25%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Role plays, class demonstrations

Skill Demonstrations  
5 - 10%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes and final exam

Exams  
15 - 25%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance, Participation

Other Category  
5 - 10%

### Representative Textbooks and Materials:

Foundations for Community Health Workers. 2nd ed. Berthold, Timothy. Wiley. 2016