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OA 501 Course Outline as of Fall 2019

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CATALOG INFORMATION

Dept and Nbr: OA 501　　　　　　Title: ART FOR OLDER ADULTS
Full Title: Creative Arts for Older Adults
Last Reviewed: 1/27/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0	Lecture Scheduled	0	18	Lecture Scheduled	0
Minimum	0	Lab Scheduled	3.00	6	Lab Scheduled	54.00
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	54.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00　　　　　Total Student Learning Hours: 54.00

Title 5 Category:　Non-Credit
Grading:　　　　　Non-Credit Course
Repeatability:　　27 - Exempt From Repeat Provisions
Also Listed As:
Formerly:　　　　SE 501

Catalog Description:
This course is designed to enrich the quality of life of older adults through art. A variety of media such as painting, drawing, crafts and collage encourage creativity and self-expression. Course activities promote or maintain physical, mental, social and emotional well-being and accommodate varying skill levels. This course is offered at numerous locations in Sonoma County.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: This course is designed to enrich the quality of life of older adults through art. A variety of media such as painting, drawing, crafts and collage encourage creativity and self-expression. Course activities promote or maintain physical, mental, social and emotional well-being and accommodate varying skill levels. This course is offered at numerous locations in

Sonoma County. (Non-Credit Course)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit:
Repeatability: Exempt From Repeat Provisions

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**	Effective:	Inactive:
CSU GE:	**Transfer Area**	Effective:	Inactive:
IGETC:	**Transfer Area**	Effective:	Inactive:
CSU Transfer:	Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

Certificate/Major Applicable:
Not Certificate/Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Demonstrate basic knowledge of elements of art and design.
2. Cultivate creativity, innovation, openness and flexibility.
3. Develop eye-hand coordination.
4. Engage the mind and senses for perception of beauty.
5. Recognize a supportive connection with people.
6. Exhibit positive changes in mood, emotions and well-being.

Objectives:
Upon completion of this course, students will be able to accomplish some or all of the following objectives:
1. Use line, value, form/shape, texture and color.
2. Identify the primary colors and mix secondary and tertiary colors.
3. Demonstrate various construction techniques used in crafts and collage.
4. Develop observational skills and intuitive insight through art.
5. Demonstrate enhanced dexterity.
6. Use of tools safely and correctly.
7. Communicate awareness and appreciation of the history and cultural aspects of art.
8. Recognize and acknowledge accomplishments of self and others.
9. Improve self-esteem and confidence through creative achievements.

Topics and Scope:

The topics accommodate multiple levels of abilities and participation. Each course section uses one primary medium to meet course objectives, applicable to that medium.

I. Overview of Art
   A. Creative process
      1. Preparation (e.g. define the problem, need or desire, gather information, experiment with paints, integration of life experiences)
      2. Incubation (e.g. subconscious level)
      3. Illumination/inspiration
      4. Implementation
   B. Elements of design
      1. Line
      2. Value ranges (light to dark)
      3. Form/shape (positive and negative)
      4. Space
      5. Texture
      6. Color
      7. Point of interest
      8. Composition
   C. Principles of design
      1. Balance
      2. Movement
      3. Unity/harmony
      4. Variety
      5. Contrast
      6. Pattern/rhythm
      7. Proportion
      8. Scale
      9. Emphasis
     10. Contrast
   D. Art appreciation
      1. Aesthetic qualities
      2. Artists
      3. Periods
      4. Culture
   E. Materials
      1. Artist tools (e.g. scissors, pen and ink, pencil, marking pens, brushes, pallet, textural materials, clay tools)
      2. Qualities of materials
         a. Watercolor papers, drawing papers
         b. Paints, pastels
         c. Clay
      3. Handling and safety (e.g. toxic pigments, fixatives, oil based paints)
II. Specific Areas of Study (Each course section uses one primary medium to meet course objectives, applicable to that medium.)
   A. Painting /watercolor
      1. Color theory
         a. Color wheel: primary, secondary, tertiary, complimentary and analogous colors
         b. Warm/cool
         c. Pigment, hue, value, intensity
         d. Contrasts, reflections
      2. Paint characteristics (e.g. transparency/opacity, staining/non-staining granulation, saturation)
      3. Techniques (e.g. wetting, stretching, taping, scraping, dry brush,

salt, wax)
 4. Pacing
 5. Edges (e.g. soft, hard overlapping)
 6. Washes and glazing
 7. Light source and shadows
 B. Drawing/Coloring
 1. Perspective
 2. Gesture drawing
 3. Contour
 4. Mass
 5. Plane
 6. Drawing from memory
 7. Depth
 8. Shading
 9. Cross hatching
 C. Crafts
 1. Card making
 2. Collage
 3. Fiber Arts (e.g. weaving, fabric painting, latch hook)
 4. Mask making
 5. Papier-mâché
 6. Printmaking
 7. Beads/jewelry
 8. Ornaments
 9. Mobiles
 10. Paper (e.g. gift wrapping, folding)
 11. Stamping
 12. Seasonal decor
 13. Woodworking
 14. Stained glass
 15. Leather work
 16. Mosaic
 D. Clay
 1. Creation of form (e.g. pinch, coil, slab, mold, sculpture)
 2. Texture and design
 a. Slips
 b. Carving
 c. Glaze
 d. Overglaze/underglaze
 3. Appliqué
 4. Potters wheel
 5. Kiln
III. Enhancement of Quality of Life through Art
 A. Physical involvement
 1. Coordination (e.g. eye-hand, trace)
 2. Fine motor skills (e.g. use of artists' tools and hands as tools)
 3. Gross motor skills (e.g. cut, tear, paste)
 B. Mental stimulation
 1. Concentration and observation
 2. Expanded awareness and interpretation
 3. Planning and problem solving
 4. Creation of titles, description and display of artwork

5. Reminiscence (e.g. holidays and life experiences)
C. Social interactions
    1. Group presentations
    2. Projects with partners
    3. Class discussions
    4. Art critiques/peer encouragement
    5. Field trips
    6. Exhibition of art
        a. Home/residential facility
        b. Community (e.g. public space, bank)
        c. County Fairs/community art exhibitions
D. Emotional well-being
    1. Positive self-evaluations (e.g. peer compliments, I accomplished …)
    2. Emotional release with activity
    3. Expression of feelings and emotions
    4. Cultivation of joy and delight
    5. Playfulness, fun
    6. Experimentation and risk-taking
    7. Self-exploration/self awareness
    8. Meditation/relaxation
    9. Management of conflict and stress

Assignment:

1. Hands-on activity
2. Class discussions
3. Skill demonstrations
4. In-class activities

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None	Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Demonstrations of skills or competencies (e.g watercolors, drawing, crafts, etc.)	Skill Demonstrations 20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

| None | | Exams
0 - 0% |

Other: Includes any assessment tools that do not logically fit into the above categories.

| Attendance and participation in class activities | | Other Category
60 - 80% |

Representative Textbooks and Materials:
Instructor prepared materials